

CRAWFORD COUNTY CRAWFORD COUNTY CHE

FIRST SECTION

Thursday, October 28, 2004

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County urged to raze and rebuild building

by Dan Sanderson Staff Writer

Engineers have told county officials that their best option for the future of the county building and downtown Grayling is to raze and rebuild the current county administrative offices.

County officials are reviewing a feasibility study conducted by Gosling Czubak Engineering Services on possibilities for the county building and for the future of Grayling downtown business area.

Engineers have determined that it would cost about \$3.5 million to build a two-story county building that would have 24,000 square feet of new floor area. The current jail would be retained, and a lower level parking garage would be used to accommodate parking for the jail and county building.

The county would be urged to partner with other agencies such as the Family Independence Agency in the new building.

Going up with the building would allow the county to open more property for commercial redevelopment, open up views and access to the AuSable River Continued on Page 14A

See "COUNTY URGED..."

Madsens honored for labor of love

by Dan Sanderson Staff Writer

At a time when most retirees grab their golf clubs or fishing poles, Skip and Gail Madsen

better the Grayling community.

And after three years of having their hands and knees in the dirt planting flowers and going through governmental red tape, the Madsens are not done yet with their labor of love.

have rolled up their sleeves to

Gail and Skip decided to volunteer to beautify the community when they retired from running Skip's Sport Shop after 37 years of operating the business day to day.

The couple has planted flowers around town and last week worked on a project that will enhance the Crawford County Historical Society's Museum grounds.

Gail worked with Grayling Promotional Association to buy decorative banners for the downtown light poles. She also formed the Grayling Enhancement Committee which secured the grants for the I-75 Business Loop streetscape project and the streetscape project being completed on M-72 West in Grayling Township. Skip has been there to provide moral support and manpower.

"It was by choice at first and now it's kind of expected," Skip said, "We just want to make sure the community looks as nice as we can"

For their efforts, the Madsens
Continued on Page 14A
See "MADSENS..."



Photo by Dan Sanderson
County Historical

Skip and Gail Madsen, pictured outside the Crawford County Historical Society Museum where they have been doing work to improve the grounds, were honored with the White Pine Award for their community service.

Vikings to host play-off game on Friday

by Caleb Casey Senior Staff Writer

For the first time in its history, Grayling High School will be hosting a play-off football game. The Vikings (8-1) will open their 2004 post-season schedule with a home game against Mason County Central (6-3) on Friday, October 29, at 7:30 p.m.

"This is a great time for the players and the community," Coach Ben Brock said, "We have a home play-off game for the first time in school history. We are also the number one seed for the first time and that means that if we play well enough to win we will have game two at home as well."

"We play Mason County Central in round one of the play-offs this Friday. They are a very good team and have fast athletes at their skill positions. Coach Sanchez and I were fortunate enough to have played and coached home play-off games in the past while at Shepherd. We know how much home field advantage means and we expect the Viking Nation to be pumped up and ready to go on Friday," Coach Brock said.

Grayling is in Division 5
Continued on Page 2A

See "VIKINGS TO ..."

Trick-or-treating tips offered, times for city set

The cool autumn breezes are a gentle reminder that Halloween is just around the corner.

Trick-or-treating is encouraged to be done in Grayling between 6 to 8 p.m. on Sunday, said Karl Schreiner, chief of police for the Grayling City Police Department.

To better ensure safety for your little pumpkins, Consumers Energy has offered some helpful reminders for parent on this ghoulish evening.

A well-lit clear path to your door is important if you're passing out treats. A typical 100-watt light bulb will cost less than four cents to operate for a four-hour period.

In addition:

- Review important safety rules with children before Halloween and again prior to trick-or-treating.
- Make sure your children trick-or-treat with an adult.
- Inspect all treats before your children eat them and discard anything that's unwrapped.
- Check candy wrappers for signs of tampering, wash and

The cool autumn breezes are cut all fruit and call the police gentle reminder that about anything suspicious.

- Make sure costumes fit well and that your children can see and be seen after dark.
- Instruct children to trick-ortreat in your neighborhood and at homes they know.
- Carry a flashlight or use portable lights available at local hardware stores.
- Encourage children to stay on sidewalks and to walk only on well-lighted streets.
- Know which friends your children will be with and which route they plan to take.
- Drivers are urged to use caution in residential areas and to turn on their headlights. Trick-or-treaters can often become distracted and sometimes fail to look both ways before crossing the street.

"These safety tips should serve as reminders to moms and dads everywhere," said Timothy J. Pietryga, senior public information director for Consumers Energy. "Halloween is a great time for treats, but unwanted tricks can be avoided by putting safety first."

SPOOKFEST



Photo by Dan Sanderson

Andrew Bernardo, 6, and Randi Lemaster, 7, suck up paper ghosts through straws as they play the ghost collector game as part of activities held during Spookest at Hanson Hills Saturday. For more on the event, see Page 15A.

Vice White a climate and a construction

Headlines

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Crawford County Avalanche

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County waiting for state OK on plan to sign trails

by Dan Sanderson Staff Writer

County officials are waiting for for the go ahead on a signage plan from state transportation officials before moving forward with plans to ban snowmobiles and other vehicles from using the county's paved pathway system.

Michigan Department of Transportation officials are expected to complete their review of signs which would be placed along the paved pathway system by November 22.

A committee seeking to balance the interests of protecting the \$1.3 million in asphalt put down, for pathway users and snowmobilers who have traveled in the pathway area in the past have been tweaking a pro-

posed ordinance which would prohibit motor-vehicles from using the pathway.

The initial \$500 fine for riding on trail has been knocked down to a \$75 fine for a firstoffense and \$150 for riding on the trail for a second offense.

County and trails officials are still wrestling with an issue if sleds could use a 15-foot easement along the fence at the Grayling Army Airfield for a trail. Several trees are within the easement right of way, which would allow snomobiles to travel in that area but would make it impossible for a groomer to maintain the trail.

"We're not in the snowmobiling business, but we need to get this resolved," said Scott Hanson, vice chairman of the Crawford County Board of Commissioners. "It has to be groomed or they're going to go all over the place and they're going to be on the bike path."

Crawford County Sheriff Kirk Wakefield stressed that he wants to see the trail use ordinance in a final form and not up for amendment and signage plan completed before his deputies are asked to enforce a new law.

"There are too many things like that don't get finalized that go on in our community and I don't like it," Wakefield said.

County Commissioner Shelly Pinkelman questioned a cooperative agreement calling for the establishment of a maintenance control board to maintain and patrol the trail.

Wayne Koppa, the chairman of the Crawford County Pathway Committee, said the agreement was drafted for approval by various state and local agencies but was never

fully pursued. Koppa said he hoped that county, state and city agencies will help maintain the trail and signage where the trail goes through respective municipali-

ties. "We've been working through these issues for three years and we expect that to continue," Koppa said.

County commissioners also discussed having representatives from MDOT and the Crawford County Road Commission serve on the committee addressing trail issues.

Officials to prioritize city infrastructure projects

by Dan Sanderson

Staff Writer

Grayling city officials will hold a special meeting next month to go over a wish list for public infrastructure projects.

The Grayling City Council on Monday scheduled the workshop meeting for 7:30 p.m. on Monday, November 22.

City Manager Allen Lowe and Chad Beckett, the city department of public works director, have developed a list of possible capital improvement projects which would address the city infrastructure needs for the next 15 years.

Lowe has recommended the city pay to replace water and

sewer mains on Fulton Street and Lawndale Street next year. A sidewalk would also be built between city hall and the new fire station. The city is also seeking to buy a computer program which would allow DPW workers to more efficiently run

Lowe is also urging the city council to issue \$1.6 million in to gather estimates on a local bonds to pay for water, sewer and street improvements for the south and north areas of town. The funds generated from the bonds would pay to replace

the city's water system.

manholes, fire hydrants and for sludge removal from the sewer mains.

"We could use funds coming in from the city income tax to help pay off the bonds, and we would still have money left over to do other projects," Lowe said.

Lowe has also been directed match for an Economic Development Administration grant which would allow the city to expand its industrial park

Vikings to host play-off game on Friday

Continued from Page 1A

(Region 1, District 1) for this year's MHSAA foot- play-off events.) ball play-offs. District 1 also includes Gladstone (6-3) and Benzie Central (7-2).

Tickets for Friday night's game at Viking Stadium are \$5 each and can be purchased at the GHS office this week starting Wednesday morning (October 27).

(Season passes do not cover entry into MHSAA

Play-off T-shirts will also be for sale at the GHS office all this week and at the game on Friday.

Last Friday, Grayling ended its 2004 regular season with a 35-13 victory over East Jordan at GHS. For more on the East Jordan game, see Page 1B.

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Election Day 2004: The November 2 ballot

On Election Day (Tuesday, November 2), registered voters in Crawford County will have the opportunity to cast votes in a variety of local, state, and national races.

The following is an overview of what will be on the November 2 ballot in Crawford County (all races and proposals are vote for not more than one except where noted):

Political party key: Republican Party (R);Democratic Party (D); Green Party (G); U.S. Taxpayers Party (US); Libertarian Party (L); Natural Law Party (NL); No Party Affiliation (NPA).

- Prosecuting Attorney -John B. Huss (R).
- Sheriff Kirk A. Wakefield
- County Clerk Register of **Deeds** – Sandra Moore (R).
- County Treasurer Joseph V. Wakeley (R).
- Road Commissioner Ken Riehle (R).
- County Commissioner 1st **District** – Kathy Rogers (R).
- County Commissioner 2nd District - Scott M. Hanson (R).
- County Commissioner 3rd **District** – Shelley L. Pinkelman
- County Commissioner 4th **District** – Mike Lange (R).
- County Commissioner 5th **District** – David J. Stephenson : (R).
- County Commissioner 6th **District** – Rick Anderson (D).
- County Commissioner 7th District - Terry Beardslee (R); Roy Spangler (D).
- Beaver Creek Township -Township Supervisor - Lee Riley (R). Township Clerk -Sharon K. Hartman (R). Township Treasurer - Vivian D. Balmes (R). Township Trustees (Vote for not more than two) -Linda S. Little (R); Gary Summers (R). Note: Kathleen Mobarak (R) is registered as a write-in candidate for the Beaver Creek Township supervisor position. As of Friday, October 22, Mobarak was the only write-in candidate in the county registered with the Crawford County clerk. Write-in candidates have until Friday, October 29, to reg-
- Frederic Township -Township Supervisor – Jeffrey S. Kea (R); William T. Johnson (D). Township Clerk - Nancy L. Bindschatel (D). Township Treasurer – Sandra Barber (D). Township Trustees (Vote for not more than two) - Donna Masker (R); Sam Moore (R); Ernest Barber (D); Geraldine Gail Smith (D).
- Grayling Township -Township Supervisor – Terry R. Wright (R). Township Clerk -

Monica Ashton (R). Township Treasurer - Ruth M. O' Mara (R). Township Trustees (Vote for not more than two) - Shawn M. Krayes (R); Dennis J. Long (R); Carolyn DiPonio (D). Township Constable - Jack D. Best (R).

- Lovells Township -Township Supervisor - Frederick Schaibly (D). Township Clerk -Cheryl L. Hopp (R). Township Treasurer - Ann C. Duby (R). Township Trustees (Vote for not more than two) Warren H. Fuchs (R); Annette Stimpson (R); Delphine R. Nowaczyk (D).
- Maple Forest Township -Township Supervisor - Mark D. Kniss (R). Township Clerk -Sandra L. Baynham (D). Township Treasurer - Denise M. Babbitt (D). Township Trustees (Vote for not more than two) -Ernest Wagner (R); Bernard R. Feldhauser (D); Kris Madill (D).
- South Branch Township -Township Supervisor - Tom Kozlowski (D). Township Clerk - Arlene Miller (R); Laura Smith (D). Township Treasurer -Suzanne E. Luck (R). Township Trustees (Vote for not more than two) - Michael J. Janisse (R); Paul Musselman (R); Bernice M. McGillis (D); Joseph Myers (NPA). Township Constable -Maurice L. Michael (R).
- President/Vice President of the United States - George W. Bush/Dick Cheney (R); John F. Kerry/John Edwards (D); David Cobb/Patricia LaMarche (G); Michael Anthony Peroutke/Chuck Baldwin (US); Michael Badnarik/Richard (L); Campagna Walter Brown/Mary Alice Herbert (NL); Ralph Nader/Peter Miguel Carnejo (NPA).
- Representative in Congress 1st District (2 Year Term) - Don Hooper (R); Bart Stupak (D); David J. Newland (G); John W. Loosemore (L).
- Representative in State Legislature 106th District (2 Year Term) - Richard Fortier (R); Matt Gillard (D).
- Member of the State Board of Education (Vote for not more than two) - Nancy Danhof (R); Robert M. Smart (R); Marianne Yared McGuire (D); Herbert S. Moyer (D); Peter Ponzetti (G); Gail M. Graesar (US); Stephanie Poortenga (US); Scotty Boman (L); Ernie Whiteside (L); Colette McLogan (NL).
- Member of the University of Michigan Board of Regents (Vote for not more than two) -Patrick Anderson (R); Carl Meyers (R); Olivia P. Maynard (D); S. Martin Taylor (D); Nathaniel Damren (G); Karen Adams (US); Joe Sanger (US); Michael R. Corliss (L); James Lewis Hudler (L); Mary F. Debusschere (N).

• Member of the Michigan State University Board of Trustees (Vote for not more than two) - Melanie Foster (R); Randall Pittman (R); Joel I. Ferguson (D); Phil Thompson (D); Benjamin Alan Burgis (G); Crystal Van Sickle (US); Bill

Hall (L); Michael H. Miller (L);

Katherine Dern (NL). Member of the Wayne State **University Board of Governors** (Vote for not more than two) -Susan Licata Haroutunian (R); Paul C. Hillegonds (R); Tina Abbott (D); Annetta Miller (D); Margaret Guttshall (G); Phillip A. Adams (US); Jerry Jankiewicz (L); Thomas W. Jones (L);

- Kathleen Oakford (NL). • Justice of the Supreme Court (Vote for not more than two) - Marilyn Kelly (Justice of the Supreme Court); Stephen J. Markman (Justice of the Supreme Court); Leonard Schwartz; Deborah Thomas; Brian Keith Zahra.
- Judge of the Court of Appeals 4th District (Vote for not more than two) - Michael J. Kelly; Donald S. Owens (Judge of the Court of Appeals); William C. Whitbeck (Judge of the Court of Appeals).
- Judge of the Court of Appeals 4th District (Partial Term) - Stephen L. Borrello (Judge of the Court of Appeals). • Judge of the Circuit Court
- (46th Circuit) Alton T. Davis (Judge of the Circuit Court).
- State Ballot Proposal 04-1 -A proposal to amend the state constitution to require voter approval of any form of gambling authorized by law and certain new state lottery games.

The proposed constitutional amendment would:

- Require voter approval of any form of gambling authorized by law after January 1, 2004.
- Require voter approval of any new state lottery games utilizing "table games" or "player operated mechanical or electronic devices" introduced after January 1, 2004.
- approval is required, both statewide voter approval and voter approval in the city or township where gambling will take place must be obtained.
- Specify that the voter approval requirement does not apply to Indian tribal gaming or gambling in up to three casinos located in the City of Detroit.

Should this proposal be adopted? YES or NO

 State Ballot Proposal 04-2 — A proposal to amend the state constitution to specify what can be recognized as a "marriage or similar union" for any purpose.

The proposal would amend the state constitution to provide that

"the union of one man and one woman in marriage shall be the only agreement recognized as a marriage or similar union for any purposes."

Should this proposal be adopted? YES or NO

• Crawford County Police Protection Millage Proposal -"Shall the limitation upon the total amount of general ad valorem taxes imposed upon real and tangible personal property for all purposes in any one year under the Michigan Constitution be increased in the County of Crawford, Michigan by 0.90 mill (which is equal to \$1.90 per \$1,000 of taxable value of all such property) for a period of 5 (five) years, 2005 through 2009, inclusive, for the purpose of paying costs of police protection services to be provided through the County Sheriff's Department, including costs of 24-hour road patrol and Sheriff's Department staffing and equipment? The amount of revenue the County will collect if that millage is approved and levied by the County in the first year is estimated to be \$458,105. The proposal is for a new additional millage the revenue from which would be disbursed to the County of Crawford." YES or

· Beaver Creek Township **Proposal** – "Shall the previous voted fixed millage rate authorized at 1.00 mill which has been reduced to .9701 mill due to the required Headlee Reduction be increased by .0299 mill for levy on taxable value (\$.03 per \$ 1,000 of taxable value on real and tangible property) within Beaver Creek Township in the years 2004 through 2007, inclusive for township operating purposes; which levy will raise in the first year of the sum of

\$2,315." YES or NO Crawford County voting locations for the November 2 election will include: Beaver Creek Township office, Frederic Township office (Frederic - Provide that when voter Hobby Club building), Grayling office, Lovells Township -Township office, Maple Forest Township office, South Branch Township office, and the City of Grayling office. Polls will be open from 7 a.m. to 8 p.m.

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Library board member asked to resign

by Susan Warrington Staff Writer

The Crawford County Board of Commissioners has asked Carol Raybuck to resign from the Devereaux Memorial Crawford County Library Board as soon as possible.

This action, taken at the October 20 meeting of the County Board was the result of actions taken by Raybuck regarding the Beaver Creek library.

At their September meeting, the Library Board directed Director Bambi Mansfield-Sanderson to prepare a draft working agreement to be presented to the Beaver Creek Township board at their October meeting. The agreement was similar to the agreements for the Lovells and Frederic libraries.

Mansfield-Sanderson prepared the agreement and contacted Sharon Hartman, Beaver Creek Township Clerk, to ask it she (Mansfield-Sanderson) should come to the meeting to present the agreement. Hartman who had been the Library Board chair for several years, said it wasn't necessary.

The agreement was not presented at the Beaver Creek Township Board meeting on October 11. Before the township board meeting, Raybuck asked Hartman to remove the agreement from the agenda because she (Raybuck) felt there were things that needed to be worked out before it was presented.

At the October 14 Library Board meeting, when the Beaver Creek agreement came up on the agenda, Raybuck said it had not been presented. Board members asked why it hadn't been presented and Raybuck said she asked Hartman to take if off the agenda. Members of the library board asked Raybuck if she was a member of the Township board. She said no, she was acting as an individual.

Raybuck then made several suggestions for changes to the draft agreement. The board said they wanted the agreement, as written, to be presented to the Beaver Creek Township board.

Commissioner Lynnette Corlew who attended the October 14 library board meeting wrote a letter to the County Board of Commissioners regarding possible misconduct by Raybuck and asked the County Board to listen to a portion of the tape of the Library Board meeting. She also asked Library Board president-elect Loretta Hassan to write a summary regarding the Beaver Creek draft agreement and the actions Raybuck described at the library board meeting.

After reading Hassan's summary and listening to the tape, the Commissioners discussed Raybuck's actions. They expressed concern that she asked that the agreement not be presented in opposition to the wishes of the library board.

The Commissioners also discussed the fact that they have "had problems previously with this particular member of the library board." They then voted 6-0 to ask Raybuck to submit a letter of resignation from the library board.

Corlew said that all of the people they appoint to boards are good people but sometimes they just don't work well together.

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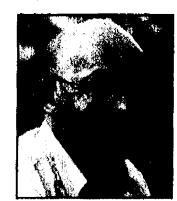
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Correction The Northern Chapter of the MMBA will meet on November 9,

2004 at 6:30 p.m. at Hanson Hills Recreation Area, Grayling.

UPINIONS



ALMANACK

by Richard Milliman

Proposals draw attention; court race quiet

TWO PROPOSALS on the November 2 Michigan election ballot are attracting a lot of attention - and money - while two important job openings on the Michigan supreme court are being contested almost in silence.

It's not that the state supreme court is unimportant, because it's very important. So why the quietude?

For one thing, the political balance of the supreme court is not at stake. With two incumbents on the ballot – one nominated by each major party – no matter the election outcome the court will maintain a Republican-nominated advantage, currently 5-2.

For another, it's tough to beat an incumbent justice. The only designation on the ballot is that Stephen J. Markman and Marilyn Kelly each is identified as "Justice of the Supreme Court." Nowhere can the voter learn that Mr. Markman was nominated Republicans and Ms. Kelly by Democrats.

Three other names also will appear – Leonard Schwartz. Deborah Thomas and Brian Keith Zahra.

Once in the voting booth, only a dedicated citizen will realize that Ms. Thomas is a Democratic candidate and Mr. Zahra was nominated by

Republicans. It takes even deeper research to learn that Mr. Schwartz is on the ballot via the Libertarian Party.

Will Justices Markman and Kelly be re-elected? Very likely, and the court will maintain its existing 5-2 political/philosophical balance.

FOR THE RECORD, here's brief selected biographical material on the five candidates:

Marilyn Kelly, 66, of Bloomfield Hills, has been on the supreme court since 1996, was elected to the Michigan Court of Appeals before that, following several years of private practice. A former teacher, her law degree is from Wayne State University.

Stephen J. Markman, 55, of Mason was appointed by former Gov. John Engler to the supreme court in 1999 and elected in 2000, following an earlier Engler appointment to the Michigan court of appeals in 1995 and election in 1996 and 1998. After private practice, he was U.S. attorney in Michigan and assistant attorney general of the United States. His law degree is from University of Cincinnati,

Deborah Thomas, 51, of Detroit, has been a Wayne County circuit judge for 10 years, following 16 years of private

practice. With degrees from Western Michigan, University of Detroit, and law degree from Valparaiso University, she also is a former teacher and union attor-

Brian Keith Zahra, 44, of Northville township, is a graduate of Wayne State and University of Detroit law school. After private practice, he served five years on the Wayne County Circuit court and since 1999 on the Michigan court of appeals.

Leonard Schwartz, 59, of Oak Park, has a law degree from Wayne State, plus degrees from Johns Hopkins university and University of Chicago. He is a retired professor of law and economics.

NOT AS BENIGN have been campaigns for and against two proposals to amend the Michigan constitution.

Proposal 04-1, according to its wording on the ballot, would:

"Require voter approval of any form of gambling authorized by law after January 1, 2004.

"Require voter approval of any new state lottery games utilizing 'table games' or 'player operated mechanical or electronic devices' introduced after January 1, 2004.

"Provide that when voter approval is

required, both statewide voter approval and voter approval in the city or township where gambling will take place must be obtained.

"Specify that the voter approval requirement does not apply to Indian tribal gaming or gambling in up to three casinos located in the City of Detroit."

A late developing campaign starring Gov. Jennifer Granholm along with several Republican leaders claims the state lottery itself, as well as hundreds of millions of dollars in state school support, is endangered by Proposal 1. These bi-partisan efforts seem to be turning the public tide against it.

Earlier when pro-casino campaigning had the field alone, seeking to halt a spread of slot machines and other competitive gambling, polls generally showed public support. That has pretty well vanished due largely to the Granholm efforts.

PROPOSAL 04-2 to ban same-sex marriage also is hotly contested. Here's the ballot wording:

"A proposal to amend the state constitution to specify what can be recognized as a 'marriage or similar union' for any

"The proposal would amend the state

constitution to provide that 'the union of one man and one woman in marriage shall be the only agreement recognized as a marriage or similar union for any purpose."

Same-sex marriage already is banned by Michigan state law; this proposal would imbed it in the constitution, seeking to evade any possible spread from other states or jurisdictions which permit

Religious and family oriented groups have led the drive to adopt the same-sex ban and preserve traditional marriage. Catholic church related donations have topped \$500,000.

Opponents claim a violation of equal rights. Some foes focus on the last few words of the proposal - "or similar union for any purpose" - which seems to outlaw not only marriage but any sort of partnership arrangement being accepted by anyone for any reason. If adopted, it seems sure to be headed to the courts for interpretation.

Whatever happens to Proposal 2, the questions it raises are likely to be hot button issues for years to come.

Richard Milliman is a veteran newspaperman, and a contributing columnist to several Michigan newspapers.

#

Managing stress is one key to staying healthy and feeling better

As the seasons change and days grow shorter, some people experience sadness, stress, and even anxiety.

Stress wrecks havoc with your health, and can even damage your immune system, making you more prone to colds, flu and serious illnesses. There are many practical ways to control stress and elevate your spirits.

maintaining your health and feeling better:

• Give your body what it needs. A perfect start to the day is oatmeal topped with berries and skim milk.

• Drink plenty of water and avoid caffeine, which can increase anxiety.

• Daily exercise is a great way

Here are some tips to use for to reduce stress and recharge. • Get plenty of sleep. Eight hours is the minimum.

> • See your physician for annual exams and screenings. Mammograms and pap tests are key in early detection of cancer. Also seek screenings for high cholesterol, diabetes, osteoporosis, prostate and colorectal can-

> • Get a massage. Massage therapy can help reduce your heart rate, lower your blood pressure, improve circulation and relax your muscles.

> • Go outside. A little sunshine and activity can achieve amazing results in reducing stress.

> • Take a nap. Many highly successful people, including Thomas Edison and John F. Kennedy, extolled the benefits of a good 20 to 30 minute nap.

• Don't smoke.

 If you drink alcohol, do so in moderation, no more than two drinks per day.

• Have your cholesterol checked. If your total cholesterol is more than 240, your risk of heart and stroke is greater.

• Laugh often. You'll feel better and so will those who love

VIEWPOINT

By Joe Wakeley, Treasurer Crawford County and Paul Compo, Administrator Crawford County

Property tax shift

Due to all the discussion regarding the State's decision to shift property taxes from the winter to the summer, we are compelled to offer our explanation. The State of Michigan has provided revenue sharing dollars based on the sales tax revenue, to Cities, Villages, Townships and Counties for a very long time. The State has constructed a formula, whereby the Cities, Villages, and Townships all receive a payment that is guaranteed by the constitution and another payment provided by the legislature. Counties only receive the portion given by the legislature. Over the last twelve years, Crawford County has received an average of almost \$252,000 from the State. This money has been used to offset the costs of county government, especially in the area of public safety. Since October of 2002, the State has cut these payments by 27%.

In the early spring, the Governor proposed to eliminate revenue sharing dollars granted by the legislature and use that savings to pay the taxes owed on State owned land. At

the time, the Department of Natural Resources announced that it did not have the funding available to pay the property taxes on their holdings. In doing this, she also proposed to shift the property taxes currently collected in the winter months to a summer In doing this, schedule. Counties would be able to create a fund that would compensate for the loss of revenue sharing dollars. This was not viewed favorably or endorsed by many individuals, including your County Elected Officials.

However, after reading the proposal and independent analysis of the bills, it became clear that it was not a tax increase. Although, that is not to say that this proposal is the best of ideas. The Crawford County Board maintained the position that the State should fulfill its obligation, not only with regards to revenue sharing but also with regards to the property tax owed on land owned by the State. In essence, the County Board's position was that the State should not balance its budget on the backs of local government.

In the end, it became clear that the State was eliminating \$183.5 million from its expense budget in the way of revenue sharing dollars to local units of government. Additionally, it also became clear that at no time was the Governor or legislative leadership contemplating any other way to replace that cut to Michigan's communities. A cut of this magnitude would have caused layoffs of critical personnel and services and would have impacted the safety of Crawford County. If the tax shift had not passed, there is no question that in order for the County to continue to maintain the services we were providing, at the current levels, we would have been forced to ask the voters for additional tax dollars or the resulting reduction in governmental services would have been significant.

Left with the choice of accepting the "Tax Shift" or absorbing the cut of revenue sharing payments by eliminating jobs and services to the community, we are appreciative that the legislature passed this proposal.

Letters to the Editor

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Check so out on the internet at avalanche.gove

The opinions expressed in the letters and columns on this page are solely those of the writer and do not necessarily reflect the views of The Avalanche.

Your views are welcome on the Opinion Page. Letters may be typed or handwritten, but please double-space or use every other line and limit to 500 words.

Every letter must be signed and an address and telephone number

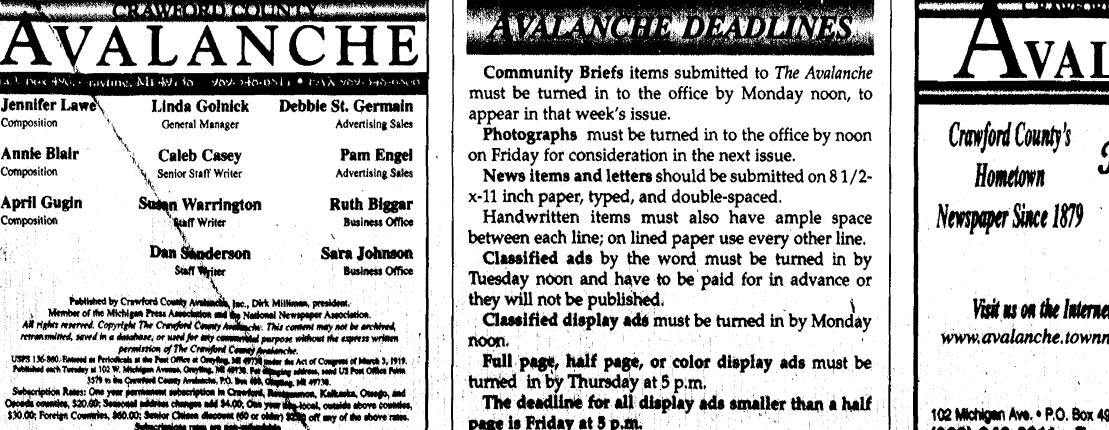
must be included to be considered for publication. Letters will not be published without the author's name. Telephone numbers are not pub-

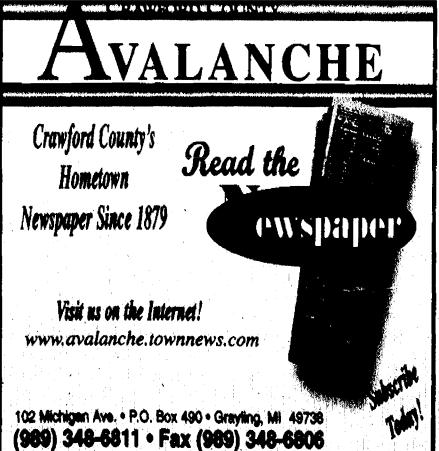
All letters are subject to editing and will be printed as space allows.

Deadline for submission of letters to the editor is Friday at noon for consideration for publication in the following week's paper.

turned in by Thursday at 5 p.m.

The deadline for all display ads smaller than a half page is Friday at 5 p.m.





Church hosts The Passion of The Christ

The Burning Bush Tabernacle, 501 E. Michigan Avenue, will be showing the movie The Passion of The Christ on Saturday, October 30, at 7 p.m. The movie will be shown on big screen and is rated R for violence. The public is invited. For more information call 348-1278.

Grayling Free Methodist hosts Trunk or Treat

The Grayling Free Methodist Church, M-72 West, Grayling, will host their 4th Annual Trunk or Treat on Sunday, October 31, from 6 p.m. to 8 p.m. There will be games, candy, prizes, a hay ride and refreshments for the whole family. Come enjoy a safe alternative to

Women's Basketball team to hold fundraiser

Meet Kirtland's Lady Firebirds and new Coach Teresa Stuck at a fundraising dinner, November 3, 5:30 p.m. to 7:30 p.m., at the Gray Rock Cafe in Grayling. Dinner will be chicken wings, french fries, coleslaw and dessert. Donations of \$6 will go to the Firebirds Booster Club. For more information or to order tickets call 989-275-5000. ext. 385.

Informational meeting for potential new drivers

There will be an information night for parents of eligible driver's education students on November 3, at 8 p.m. at the Grayling High School, room B207. This meeting will cover the requirements of Michigan's GDL (Graduated Driver's Licensing Law). Hand-outs will be available and a video will be shown as to methods to help your son/daughter succeed to be a successful driver.

Church hosts all-you-can-eat luncheon

Michelson Memorial United Methodist Church, on Michigan Avenue in Grayling, will host an all-you-can-eat luncheon of soup, sandwich, salad and dessert on Thursday, November 4, from 11 a.m. to 1 p.m. Cost is \$5 per person and take-out orders will be available. Everyone is welcome.

Historical society to meet

Due to the National General Elections; the Board of Directors of the Crawford County Historical Society have changed their meeting scheduled for November 2, to Tuesday, November 9, at 7 p.m. at the Grayling City Hall. Board meetings are usually held the first Tuesday of each month at 7 p.m. and open to members and prospective members.

Blood Drives to be held in November

There will be three Blood Drives coming up in November. November 3 at the Grayling High School, 8:30 a.m. to 1:45 p.m. November 8 at Hard Bodyz, Grayling, 1 p.m. to 6:45 p.m. You must be 17 and weigh 110 pounds to donate. It is critical that you eat foods rich in iron such as fish, red meat, beans, raisins or prunes for 48 hours before you donate.

नीमिन्द्रीय है कुरुरी अन्त्र । या वर व्यवस्था Garden Club features greeting card demo

The Garden Club of Grayling will feature Diane Tomlinson at its next meeting on Thursday, November ??, 7 p.m., at Michelson Memorial United Methodist Church, 400 East Michigan Avenue in Grayling. Tomlinson will demonstrate how to make greeting cards for Thanksgiving and Christmas using stamping products. The public is welcome. For more information call Sandy Allman at 348-4405.

Little Vikes' Basketball Camp to be held

Grayling High School Basketball Coach, Rich Moffit, will be holding the Little Vikes' Basketball Camp for boys grades 2nd through 4th at the AuSable Primary and Grayling Elementary School gyms on Mondays - November 8, 22, 29, December 6, 13 and January 3. from 3:30 p.m. to 5 p.m., and on Saturday January 8 from 9 a.m. to 10:30 a.m. Cost to participate is \$15 per player. Each player will receive a t-shirt, basketball instruction, games, prizes and play at half-time of a Grayling High School game and at half-time of a Kirtland Community College game. Sign up forms to be returned to the AuSable Primary or Grayling Elementary schools. Coach Moffit can be e-mailed at: moffit@casdk12.net

State Employee Retiree's Assoc. to hold meeting

The regular meeting of North Central Area Chapter #19, State Employee Retiree's Association, will be held Tuesday, November 2, at the Houghton Lake Community Building, beginning at 2 p.m. Bob Kopasz, Chair of the SERA Coordinating Council, will be the guest speaker. All retired state employees and their spouses are encouraged to attend.

St. John's hosts "Growing Old Gracefully"

St. John Lutheran Church, 710 Spruce St., Grayling will host Pastor David W. Blake presenting "Growing Old Gracefully," on Thursday, October 28, 2 p.m. Pastor Blake will help us look on the brighter, lighter side of the aging process with songs, humor and wisdom.

Amercian Legion Auxiliary to hold meeting

The November meeting of the American Legion Auxiliary Post #106 will be held at 3:30 p.m., Wednesday, November 3, at the American Legion Hall in Grayling.

Three Blood Drives to be held in November

There will be three Blood Drives coming up in November. November 3 at the Grayling High School, 8:30 a.m. to 1:45

You must be 17 and weigh 110 pounds to donate. It is critical that you eat foods rich in iron such as fish, red meat, beans, raisins or prunes for 48 hours before you donate.

On September 1, there were 70 Richie.

First time donors were: Peter Belanski, Juana Essmaker, Scott Gabriel, Tracey Lewis, Michael p.m. November 8 at Hard Ryan, Robin Ryan, Margret Bodyz, Grayling, 1 p.m. to 6:45 Schoenfeld, Connie Sedgwick, Randolph Sedgwick and Laurence Stairs. Gallon pins were given to: One gallon -William Koniecza, Cheryl Russell and Keith Sowulewski; Two gallons - Jamie Myers; and Three gallons to Raymond

Halloween events to be held at Farm Park

Each year, volunteers and staff of Wellington Farm Park near Grayling host an event especially for the younger set around Halloween season.

In the past, this has taken the form of a jack-o-lantern hayride. This year's event will be of a different nature. This year the 60acre living history complex will present a Haunted Corn Maze. The event will take place on Friday and Saturday evenings, october 29 and 30 from 6 p.m. until 8 p.m.

Children of all ages are invited to come and participate in the experience. As in the past years, a portion of the evenings activities will be a typical Halloween party of the 1930's.

Admission for this special event will be the regular park admission of \$4 for adults and \$3 for students and senior citizens. Reservations will not be required this year and the evenings activities are expected to last for about one hour. It is suggested that participants dress appropriately for the anticipated weather.

The Farm Market at Wellington will be open during the Halloween event with plenty of squash, pumpkins and apples as well as jams, jellies, relishes and snacks. Fresh baked pies, cookies and bread are also avail-

Wellington is located southwest of Grayling on Military Road, just south of the 4 Mile Road intersection. 4 Mile Road is accessed at Exit 251 of 1-75. The historic farm will be open on Friday and Saturday, October 30 and 31 from 10 a.m. until 5 p.m. The park will close for the season on Sunday, the only remaining activity being the Farm By Lantern Light on December, 16 through 19. Reservations are now being accepted at 348-5187 for the December event.

DEQ encourages home radon testing

Jennifer M. Granholm proclaimed the week of October 17 - 23, 2004, to be Radon Action Week in Michigan, and Department of Environmental Quality Director Steven E. Chester is joining her in encouraging state residents to test their homes for radon.

"You can't see or smell radon, and there isn't any way to predict which homes will have a problem," Granholm explained. "That is why we all have to become personally educated to be on guard about this environ-

mental health threat." Radon is believed to botthe second leading thuse of lung cancer in the United States and the leading cause among nonsmokers, resulting in as many as 600 lung cancer deaths annually in Michigan. Noting that one in eight Michigan homes would be expected to have an elevated radon level, Director Chester encouraged residents to test their homes during this heating sca-

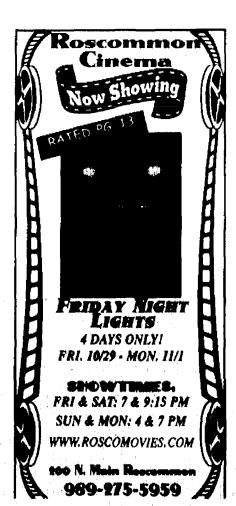
Radon is found in almost any kind of soil or rock in at least trace amounts. It travels through the ground, and when it is released to the atmosphere, it is quickly diluted. When it enters a building through openings in the foundation floor or walls it tends to be more concentrated than outdoors, and exposure over time increases one's risk of contracting lung cancer.

Test kits are available at local health departments and generally

RAFFLE

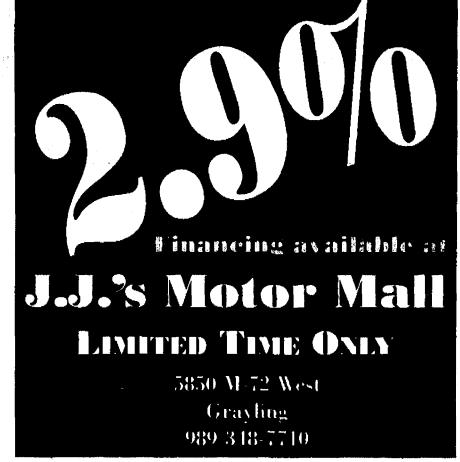
and Vivian Balmes.

Grayling Youth Booster Club The 50/50 raffle winners for October 24 – of \$25 each: Marlin Friske, Scotty MacLeod



cost between \$5 and \$15, including the postage to mail the device to an out-of-state lab, as well as the fees for having the device analyzed and a report sent back to the user. Kits can also be found at some hardware stores and other retail outlets, however not all kits include postage and analysis, so citizens are urged to read the packaging before making their purchase.

For a free information packet about radon, call DEQ Radon Program at 1-800-RADON GAS (1-800-723-6642).



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paid for by the Candidates 10940 S. Grayling Rd. Roscommon

The Wible Speaks

A Hurting World

On October 1st at around 6:00 .m. my wife drove me to the mergency room at Mercy Hospital here in Grayling to examine and treat the injuries sustained from a motorcycle accident which had occurred about 4 hours earlier. Since I walked into the ER without assistance, made no claims to extreme pain, and sought no special favors, I had the experience of sitting in a wheelchair in the crowded ER waiting room for about 6 hours. I remember the little boy who had apparently fallen and hurt his mouth. There was the young lady who had a splitting headache. There was a whole room full of hurting people. I am thankful the Lord left me there long enough to realize my problems and pains were not unique but common to all humanity. It is so easy to become selfish or selfcentered when we become absorbed with our own pain and problems. There are always others hurting more than we are.

After about 6 hours in the ER waiting room, they found a space in one of the ER aisles for me to get some help while resting on a gurney inside the ER

door.. I was impressed by the patience and professionalism of everyone who helped. In spite of being rushed all night and hearing the crying of the young and the frustration and cursing of some older, yet they seemed totally dedicated to their work. As they finished each test, their concern and compassion toward me seemed to multiply. Their tests confirmed a broken shoulder and 6 broken ribs. Finally a bed became available upstairs in the hospital and the next phase of my treatment was underway.

Everyone in the hospital showed me professional yet friendly treatment. I learned respect and appreciation for their dedication and sacrifice. You often hear horror stories about hospital food, but I fear many of these stories are self fulfilling choices made by people who do not make proper selections from their daily menu.

One of the surprises was the number of visitors, cards, and phone calls from people of my church and friends from the community and around the world. I said later it was like attending your own funeral as each family and friend came by to share their love and comfort. Each of my deacons assumed responsibility for the church ministry and programs, so everything continued smoothly in my absence as it should. For the church is the body of Christ, of which each believer is only a member who serves others in the body to the glory of God..

Living by the golden rule and loving our neighbors as ourselves makes it essential that we consider others who are hurting in this world. Jesus taught us by His example of going through Samaria to minister to the woman at the well. Everywhere Jesus went He was concerned about the weak, the sick, the discouraged and the depressed. He offered temporal help for their immediate needs that He might give them eternal life, joy, and peace with Him forever

Pastor "B"

The *Bible Speaks* is a paid advertisement and does not necessarily reflect the views and the opinions of the *Crawford County Avalanche*.

OBITUARIES

Mary Pauline Seibel Jun. 22, 1913 - Oct. 25, 2004

Mary Pauline Seibel, 91, of Lovells Township, passed away on October 25, 2004, at her home.

Mary was born on June 22, 1913, in Plattenhardt, Germany, to Paul and Pauline (Brodbeck) Loeffler. She came to the United States with her parents in 1929 at age 16. She married John Seibel on December 8, 1934 and later moved to Southfield where they raised their family. During those years there were many trips to the family cottage in Lovells.

Mary became widowed in May of 1966 and in 1967 she moved to a new home in Lovells. Shortly after moving to Lovells she took a job at Bear Archery and retired after eight years.

She was a member of the Congregation of Lovells Community Chapel where she took great pride in ringing the chapel bell for Sunday morning services.

She is survived by one daughter, Barbara (Stan Nord) Connolly of Boulder, Colorado; one son, John (Sandy) Seibel of Flagler Beach, Florida; two grandchildren, Stephen M. Seibel of Orange City Florida, and Pamela Ann Seibel of Grayling; two great-grandchildren, Raven N. Seibel of Grayling and Stephen J.C. Scibel of Orange City, Florida; one brother, Otto Loeffler of Lovells; one sister, Klara Loeffler of Reutlingen, Germany.

A memorial service was held on Wednesday, October 27, 2004, 2 p.m., at the Lovells Community Chapel with Pastor Larry Hankins officiating.

In lieu of flowers, donations may be made to the fund for a new bell tower at the Lovells Community Chapel, 8133 Bald Hill Rd., Grayling, MI 49738.

Arrangements by Sorenson Funeral Home, McEvers' Chapel, Grayling.

Arthur J. Lozon

9/12/36 - 10/26/01

It's been three years since you

left us so suddenly. You were

always the Dad, the Grandpa,

the husband, the friend that

everyone could count on. You

knew what to do in every situa-

tion. Then you were gone. We

love you, we miss you, and we

think of you everyday. You are

still very much alive in the

hearts of even the youngest

grand-kids. They still ask for

"Grandpa's milk" or Grandpa's

sandwich meat." The holidays

haven't been the same since

you've been gone, but we get

through because we know you

are fishing on a lake and smok-

ing a cigar with your Dad and all

your brothers in Heaven.

In our hearts forever.

In memory of

Edward C. Fiolek Jan. 27, 1919 - Oct. 22, 2004

Bdward C. Fiolek, 85, of Kalkaska, passed away on October 22, 2004 at Kalkaska Memorial Health Center - LTC.

He was born on January 27, 1919 in Detroit, the son of Martin and Nellie Fiolek.

Edward retired from Michigan Consolidated Gas Company in 1985 after 41 years. He was a resident of Kalkaska since 1986 moving from Dearborn. After retiring, Edward worked at Walmart in Traverse City until he was 82.

Edward is survived by his companion, Ida M. Pierce; his children, James Fiolek of Lakeland, Florida, Susan Watkins of Peoria, Arizona, Robert (Pat) Fiolek of Allen Park, Nancy Kimmel of Austin, Texas, Dennis (Aileen) Fiolek of Wolverine and Mark Fiolek; 13 grandchildren; his siblings, Waddie Thorn of Rockwood, Martin Fiolek, Jr. and Lottie Kwiecien both of Detroit.

Visitation was on Wednesday, October 27th from 1:00 until 4:00 p.m. and 6:00 until 8:00 p.m. at Wolfe Funeral Home, Kalkaska. The funeral service will be on Thursday at 11:00 a.m. also at the funeral home. Reverend Robert Stark from Kalkaska United Methodist Church will be officiating.

Memorials may be given in behalf of Edward to the American Diabetes Association. Arrangements were made by Wolfe Funeral Home.

Michael McEvers

Apr. 27, 1949 - Oct. 20, 2004
Michael Marius "Mike"
McEvers, 55, of Grayling,
passed away on October 20,
2004, at Mercy Hospital,
Grayling.

Mike was born on April 27, 1949, in Grayling, to Harry Edward and Annie Josephine (Worthey) McEvers. He married the former Mary Lark Wooley on July 21, 1998 in Roscommon.

Mr. McEvers lived in Grayling most of his life. He was a land surveyor. He was a member of the American Legion Post #106, Grayling and served his country in the United States Army during the Vietnam War. He was quite the rascal, but a truer friend could not be found he was the finest kind.

He is survived by his wife; one daughter, Jamie McEvers; one son, John Oprea; one sister, Pat (Bob) Kozminsky; two brothers, Derek (Denise) McEvers, and George (Rita) McEvers.

His parents precede him in

A memorial service will be held on October 29, 2004, 1 p.m., at the American Legion Post #106, Grayling. Military rites were accorded him by the American Legion Post #106.

Arrangements by Sorenson Funeral Home, McEvers Chapel, Grayling.

Esther Ruth Steinbrink March 4, 1918 - July 8, 2004

Esther Ruth Pederson Steinbrink, 86, passed away on July 8, 2004 at the North Shore Care Center in Grand Marais, where she had been a resident since leaving her home in Superior, Wisconsin, due to deteriorating health. She had recently been fighting a second battle with cancer.

Ruth (as she was known to all since childhood) was born in Milwaukee, Wisconsin on March 4, 1918, to Esther and Robert Douglas. Her family moved to Duluth, where she attended elementary and high school. Her grandparents had been among the early settlers of Cook County and her family eventually returned to this area.

When Ruth was 18 she married Allen Pederson and they made their home on Maple Hill. They divorced after several years and Ruth moved to Grayling with her three daughters, where she lived for many years. She married Howard Steinbrink in 1954 and they had two children, a son and a daughter.

In addition to being a homemaker, Ruth also worked outside the home at various occupations until severe arthritis caused her to become homebound. She then enjoyed crafts, knitting and crocheting, continually making beautiful gifts for friends and family. She also loved to bake and the highlight of every Christmas was to receive her famous, fruit cakes, which she lovingly distributed to family members and friends whether they lived near or far away. She was also an avid sports fan, with baseball and football being her favorites. For many years she especially enjoyed joining friends for games of Bingo.

Ruth was preceded in death by her parents, three sisters, Cecelia, Margaret and "Dolly," one brother, Robert.

She is survived by four daughters: Margaret Kimball of Grand Marais, Linda Martin of Connor, Montana, Jean Winston of Marysville, Cindy Terry of Reedsburg, Wisconsin; and a son, Robert Steinbrink, also of Reedsburg; a sister-in-law, Aagot Bassett of Duluth; seventeen grandchildren; 31 greatgrandchildren; four great-greatgrandchildren; several nieces, nephews, cousins and countless special friends.

A graveside memorial was held on July 11 at Maple Hill Cemetery with her nephew, John Jacobson performing the service.

Joshua K. Halstead

Jun. 19, 1981 - Oct. 20, 2004

Cpl. Joshua K. Halstead,
USMC passed away on October
20, 2004. Arrangements and
full obituary will be announced
at a later date.

Arrangements by Sorenson Funeral Home, McEvers Chapel, Grayling.

GRAYLING POLICE REPORT

Grayling City Police Chief Karl Schreiner reports his department handled the following during the week of October 17-24:

Two traffic warnings, four traffic accidents, one misdemeanor arrest, two private property damage accidents, one assault, one suspicious situation, one larceny, two disturbing the peace complaints, one juvenile complaint, six assist other departments, one false alarm, two civil complaints, two malicious destruction of property and one criminal sexual conduct and seven unclassified.

Church Directory

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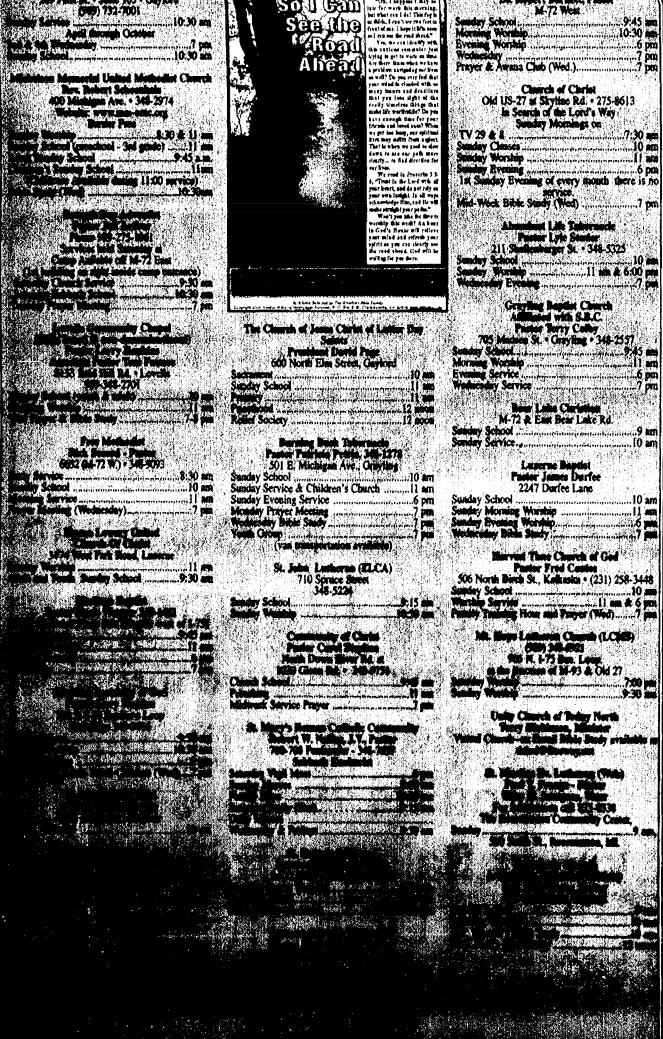
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SHERIFF'S REPORT

Your Family

Love,

Crawford County Sheriff Kirk Wakefield reports his office handled the following 62 complaints the week of October 18 - October 24:

Four traffic accidents, three accidents-non traffic, one traffic safety-public appearance, two motor vehicle vin school bus, two civil matter/family disputes, five suspicious situations, 10 general non-criminal, one delinquent minors, four false alarms, two criminal sexual conduct/sexual assaults, one assault/intimidation/stalking, one

burglary/home invasion, five larcenies, one nonsufficient funds

Two damage to property, one obstruction of justice/contempt of court, eight public peace/disorderly, two OUIL, one miscellaneous criminal offense, five driving violations/DWLS (driving while license suspended), etc.

Sheriff Wakefield asks: "Do you know where your children are?"

For more information, log on to: www.crawfordsheriff.org.

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Northern goshawk slows traffic on Business Loop

by Dan Sanderson Staff Writer

A goshawk which slowed traffic on the I-75 Business Loop for several minutes last week provided passersby with a close up view of northern Michigan wildlife.

Will Miller, a driver for Riker Towing, witnessed the northern goshawk fall off the grill of a semi tractor trailer hauling pulp wood on the 1-75 Business Loop around 2:25 p.m. Wednesday. Miller pulled his rig around to protect the injured bird from traffic and called central dispatch.

Al Somero, a Grayling City Police officer, controlled traffic at the scene while Department of Natural Resources wildlife assistants were en route to the scene. Several cars rushing down the road had to stop quickly to avoid hitting the injured hawk.

Jim Doyle, a wildlife assistant for the Department of Natural Resources, just happened to be traveling by the area and noticed the commotion caused by the

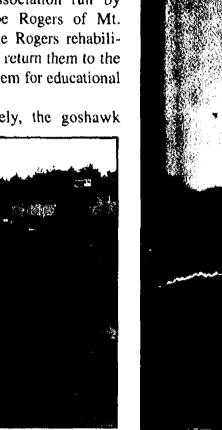
Doyle used a large flannel shirt to cover and subdue the bird, then placed it in a cage.

Doyle was able to get the goshawk to eat food later that day while they were holding it to be examined by a biologist.

"If they're really hurt they won't eat," said Bill Radke, a wildlife assistant at the Roscommon DNR office.

The DNR intended to turn the bird over to the Wildlife Recovery Association run by Barb and Joe Rogers of Mt. Pleasant. The Rogers rehabilitate birds and return them to the wild or use them for educational programs.

Unfortunately, the goshawk



Travel and Adventure Series heads to India

Photo by Dan Sanderson Grayling Police officer Al Somero and Will Miller, a driver for Riker Towing Services, look on as Jim Doyle placed the northern goshawk in a cage.

died over night from internal injuries.

Radke said hawks and other birds are either hit by semi trucks or are stunned by the air stream created by the rigs as they travel down the road when they are injured.

Goshawks inhabit mature forests and can skillfully weave in and out of trees, and some-

times over the treetops. They kill prey with their vice like talons. A goshawk is capable of killing birds as large as pheasant and grouse and mammals the size of rabbits and squirrels.

A pair of goshawks build three to nine nests in their home range, but only use and defend one nest so they provide critical habitat for other birds and species.



Photo Courtesy of U.S. Geological Survey A northern goshawk, similar to one pictured above, caused a stir on the I-75 Business Loop last week.

ing 989-348-7146, at the door or

in advance at the Grayling

Chamber of Commerce or

The Travel and Adventure

series is made possible by a part-

nership with Fick & Sons, Inc.

Flowers By Josic in Grayling.

Think Before You Drink

By Ernie Harwell



If you're like most people, you probably enjoy an occasional glass of wine with dinner, a drink with friends or a beer after work.

And that's OK. As I always say, "All things in moderation."

In fact, studies show that a drink may help prevent certain types of heart disease. But that doesn't mean we should all start drinking. And

with all the holiday celebrations it's easy to over-indulge.

Keep in mind that drinking alcohol, even in moderation, can be risky.

For example, just a beer or two can impair your ability to drive. Alcohol can also cause problems by interacting with prescription drugs or with over-the-counter medications, such as cold tablets. Always ask your doctor or pharmacist about drinking alcohol while you're taking any medica-

And if you're pregnant, you shouldn't drink at all. It's that simple.

If you find that your drinking is becoming excessive, don't deny it or think you can handle it yourself. Get help from your doctor.

So if you have a drink, do it wisely.

And remember to take care of your health before it's lonngggg gone.

Ernie Harwell, "the voice of the Detroit Tigers" for more than four decades, retired after 55 years behind a major league microphone. Today, at age 86, Ernie's days are filled with serving as a health and fitness advocate for Blue Cross Blue Shield of Michigan and Blue Care Network, public appearances, writing, traveling and taking long walks with "Miss Lulu," his wife of more than 60 years. His latest book, a collection of his baseball columns entitled "Life After Baseball," is available at local bookstores or by calling 1-800-245-5082.

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The Grayling Promotional Associations (GPA) Community

Cultural ** Events Program's Travel and Adventure Series will present "India - Jungles and Wild Places." Come travel with cinema artist Harlan Johnson at the Rialto Theatre on Thursday, November 4, 7:30 p.m. After wowing audiences with

"India - Beyond Imagining" Johnson is back with the second film in his series. Recently, Johnson spent a year in India, traveling through seven wildlife sanctuaries teeming with a wide variety of wild animals. He also visited many unusual places and events, capturing them on digital cinema to share with North American audiences.

In 1965, Johnson discovered India while serving as a Peace Corps Volunteer. Amazed at the wonder of it all, he utilized his gift of photography to capture images. He also created a journal that was circulated among friends. Since then, he has spent six years in India during three extended trips.

There are a lot of animals in this show. Some are strange, like the slender loris, a largely unknown extremely cute tiny creature. The guar is awe-inspiring, and the Nilgiri that seems to defy gravity.

Viewing the jungle wildlife sets are. It takes a completely from a unique vantage point, on an elephant, at other times, on, foot, by jeep, and boat, visiting seven wildlife parks, each one completely unique, allowing the adventurer to encounter animals safely yet often close enough to get a good look. Two sanctuaries, near Agra and Mysore, are filled with tens of thousands of birds as well as reptiles and

There are plenty of wild at 6:45 p.m. adventures with people too, like "Bollywood" or "Bombay

different perspective to enjoy Indian movies.

Ancient and modern temples including the Lotus Temple in Delhi, a rock concert, animals in cities, fascinating characters, shopping fun, the wanderings of a beggar cow and much more

Join in the adventure at the Rialto Theatre on Michigan Avenue in Grayling. Doors open

Tickets are \$7.50 for adults, \$6.50 for students and senior cit-Hollywood," where the movie izens, and are available by call-



The Lotus Temple in Delhi attracts millions of visiotrs. Symbolizing the peace and pirty of God, this Bahai house of worship welcomes people of all faiths. It will be featured in GPA's Travel and Adventure series film, "India - Jungles and Wild Places."

October is...

A healthy mouth is a happy mouth

October celebrates National Dental Hygiene Month because keeping up with proper Dental Hygiene is very important to your health. Whether you are young or old, you should follow these 8 basic steps to creating that beautiful smile you always dreamed of.

1. Brush front and back of each tooth after every meal.

2. Be sure to brush the chewing surface of each tooth.

3. You only need a finy bit of toothpaste.

4. Be gentle.

5. Floss every day.

Make an appointment with one of these local dentists today

6. Use a fresh section of flors for each tooth. 7. Move floss around the n a "C" shape.

8. Slide the floss up and down between teeth slowly.

GHS to build sheds for eight lucky residents

The Grayling High School construction trades class is once again bffering residents a chance to have a shed built to their own specifications.

A drawing will be held to determine the winners of eight sheds the class will be building this school year. These sheds, unlike pre-built sheds, will allow each winner a chance to have input on the size of the shed, the number and size of any windows, what type of siding it will have, etc.

Anyone who is interested in getting one of these sheds should drop in to the GHS main office sometime between October 29 and November 19. Write your name, address and phone number on a slip of paper and put it in the box in the office.

trades lab at the high school.

November 22 in the construction

Winners must pay for the shed before construction begins. Each

The drawing will be held shed will cost a minimum of

However, the cost may be more depending upon final design of the shed.

FOREST, MINERAL, & FIRE MANAGEMENT DEPARTMENT OF NATURAL RESOURCES STATE OF MICHIGAN

Notice is hereby given that timber will be periodically offered for sale from State Forest lands. Sales are conducted for the purposes of harvesting mature and overmature trees, responding to past or predicted insect and disease outbreaks, salvaging fire-damaged trees, enhancing wildlife habitat and improving growth and health of forest trees. All harvests are designed to enhance growth of the residual trees or to nromote full and prompt regeneration.

Prospectus information regarding the purchase fo timer (stumpage) is posted on the web at www.michigan.gov/dnr. Prospective bidders interested in receiving notice of sales may be placed on the mailing list for selected Management Units or statewide. Bidders not on a list, and wishing to be added, may contact the Department of Natural Resources. Forest. Mineral & Fire Management. P.O. Box 30452. Laneing. M. 48908-7952, phone 517-335-3340. e-mail: emitht@michigan.gov. or their local Forest Unit office.

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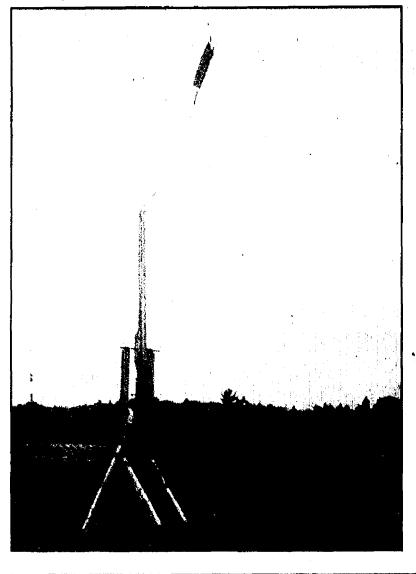
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PUMPKIN CHUCKING





Photos by Dan Sanderson

The rainy weather last weekend did not deter Howard Taylor, the owner of Wellington Farms, and Jim Smith, the farm manager, from using the catapult at the farm for some pumpkin chucking. The men were able to lob the pumpkins up to 200 yards with the device modeled after a piece of armory used by the French Army.

Board working on evaluation tool for KCC president

by Susan Warrington Staff Writer

The Kirtland Community College (KCC) board is working to develop a tool for the evaluation of President Charles Rorie.

Trustees Jan Farmer and Roberta Werle investigated ways community college presidents are evaluated across the country. Farmer was unable to attend the board meeting, but Werle brought a folder filled with various evaluation forms they had looked through.

the evaluation form used by (SFCC) for the evaluation of their president. Each board member had a copy of the form which rated the president in 35 different

Several board members liked it because the questions were written positively and the responder could either agree or disagree with the statements. If the form is adopted it would require several changes to fit KCC.

Werle said while most community colleges had only the board evaluate the president there were some that had asked for input from administration, faculty, students and community as well as the board,

Werle said there was no consis-Both Farmer and Werle liked tent way for the evaluations to be done - one day or two weeks;

only on campus or remotely? Trustee Richard Silverman asked that the evaluation process be put on the fast track and be an

action item for the December

Sally Galer, board chair, said she would like to take more time. She asked for an update on how the board and president at SFCC feel about the evaluation form now that the evaluation has been completed.

Werle said Farmer should be available for the November board meeting and he would be able to answer questions regarding feedback from SFCC.

Galer asked the board to take time to develop goals and make the evaluation of the president a part of their plan, not do it in iso-Santa Fe Community College paper or electronic; if electronic lation. Galer said, "every time you get new members on a board, you have a new board. It changes the dynamic of the board which can be good, or can be difficult."

This is "now an active board,

looking at new issues" but it "benefits the community and college as a whole when the board works together to support the president. The board needs to develop policies without getting into micromanaging."

Trustee Richard Silverman said that was fine, but he thinks there needs to be a timeline on this issue since the President's contract rolls over unless the board acts before May 15. He suggested making the evaluation tool an action item for the February board meeting.

The board agreed this would give them enough time to get the evaluation tool ready and make the other decisions related to the evaluation. It also provides enough time for the evaluation to occur before the May deadline.

Victims of domestic violence remembered

by Susan Warrington

Staff Writer Saturday afternoon, balloons

listing the names of 57 Michigan residents who died as the result of domestic violence in 2003, were released at River House Shelter, the local domestic violence shel-

October is Domestic Violence Awareness month and release of the balloons was a way to remember the victims. The people who attended the ceremony were given a balloon which was released as the name of the victim was read off. The purple balloons were tugged this-way-and-that when released into the gray, windy, rain-filled skies.

The victims ranged in age from one-year-old to 67. Thirty-three of the victims

were the spouse/partner of the killer. Twenty-nine children were left

without a parent as a result of the In some cases more than one

member of the family was killed. Jim Mueller, Chairman of the River House Shelter board told

the crowd that it was important to wear the purple ribbons which were given out at the ceremony. "Not only do they show remembrance for the victims of domestic violence, they also show that the wearer believes that domestic violence should not be tolerated," Mueller said.

He said that domestic violence could best be stopped by teaching children that violence is not the way to handle situations. Parents, coaches and other trusted adults should take the time to listen to children and help them learn how

to handle situations, whether at school, on the athletic field, in the neighborhood or at home.

Mueller said it is especially important for male role models to talk to young boys about this problem since most of the violence is committed by males. He added that it is not only what adults say, but what they do, that teaches children how to handle situations.

There was a 58 percent increase in the number of people who died as the result of domestic violence in Michigan from 2002 to 2003.

Officials may reinstitute Gypsy moth program

by Dan Sanderson Staff Writer

Crawford County officials are

exploring a proposal to reinsti-

tute a countrywide program to address gypsy moth infestations.

Lynnette Corlew, chairwoman of the Crawford County Board of Commissioners, has directed Bruce Patrick, the county's environmental monitor, to study the possibility of spraying for gypsy moths again.

Gypsy moths are cyclical organisms which grow quickly from low to high populations. During high populations, total defoliation of trees can occur. During the months of June and July, defoliating populations cover sidewalks, homes, children's play equipment and other objects making outdoor activities in residential and recreational activities almost impossible.

The county suspended its pro-

gram to spray for gypsy moths vulnerable. six years ago.

Howard Taylor, the owner of Wellington Farms, handled the gypsy moth spraying for the county.

Taylor has since done some spraying for organizations such as the Lake Margarethe Property Owners Association.

"As far as having them under control, I think they are about as under control as they can be," Taylor said.

The only pesticide use to suppress gypsy moths is Bacillus thuringiensis. The chemical kills gypsy moth caterpillars when eaten. The chemical is broken down within seven to 10 days by ultraviolet rays after being sprayed on trees, so timing is important in order to impact the caterpillars when they are most

Since the county is considering the spraying of chemicals, Corlew said she has asked Patrick to head up the gypsy moth suppression program. The county may be eligible to receive federal funds through the Michigan Department of Agriculture for the suppression program.

"We don't want to have another major infestation - that just stripped the trees," Corlew said.

Patrick is encouraging land owners who have had problems with gypsy moths to call his

"We can probably get the system moving, but we need to know how widespread the prob-Icm is," Patrick said.

Patrick can be reached at (989)

344-3258.

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Knights of Columbus collected funds for mentally disabled citizens

The Father John J. Riess COOR this past July at the Council 1982 of the Knights of Paddlers Dinner during the Columbus collected more than Marathon week. These funds \$2,000 for the mentally disabled were raised over Palm Sunday citizens of this community. Most of the money will be used to support the programs of ROOC and COOR and the Special Olympic Canoe race in July.

The Knights of Columbus Grayling Council had the privilege of endorsing two checks for more than \$3,500 to ROOC and

weekend earlier this year.

With the funds collected this past weekend, the Grayling Knights of Columbus will distribute more than \$5,000 to the mentally impaired citizens of this community for the year 2004. This can only be accomplished by the generosity of our community.



LIBRARY NEWS

Frederic Community Library

Diane Thomlinson will be conducting a rubber stamp program on November 11, at 4:15 p.m. It will include a mix of Thanksgiving and a little origami rolled up into one.

is now underway. If you are interested call 348-4067 to sign up. The Frederic Library hours are Monday, 10 a.m. to 7 p.m.; Tuesday and Thursday, 10 a.m. to 6 p.m.; and Saturday 10 a.m. to 2 p.m.

Devereaux Memorial Crawford County Library

The following books have been donated to the Devereaux Memorial Crawford County Library: In memory of Clara Weed from Robert and Susan Weed, Whisker of Evil, Cat Who Talked Turkey, Guardian of the Horizon, Unlucky in Law, Michigan Gardener's Guide, Birds of Michigan, See Jane Die, Hide Yourself Away, Trophy Hunt, Cutting Room, Dangerous Hour, Havana Room, Body in the Attic, Cereal Killer, Wildflowers, Blooms Blossoms.

Cornell Insurance Agency donated: Warrior Women for Lorraine Stadler, Archaeology for Richard Nelson, Bard of Avon for and When Elephant Goes to a

Wood, Finishing Dorothy School; Earning the Navy SEAL Trident for Ronald Metzer, Edmund Fitzgerald for Clyde Killarney, Flag for Charles Staley, All New Crafts for Halloween for Shirley Dykstra, Dessert University for Jean Sign-up for the Lego Program Arwood. Stamped and Stenciled Home for Eva Papenfus, Small Pets for Eileen Chappel, Come Thirsty for Geannine Boyd, ESPN 25 for Jon McLeod, Handmade Style, Shaker for Beatrice Smith.

> Joann and Larry Yoder gave Big Book of Wheat-Free Cooking for Jean Arwood. Florence and Jim Hough gave Dogs of Bedlam Farms and Small Business Start-Up Kit for Henry Len. Paul Lerg gave Family Medical Guide, On Seas of Glory and Endangered Lighthouses for Henry Len. Bill and Sharon Klinger donated D-Day Omaha Beach for John Salata. Martel D. Lietz gave Guide to the Valley of the Kings for Beatrice Smith. Bruce and Marcy Burkett gave Thunder and Glory: the 25 Most Memorable Races in Nascar History for Jon McLeod. Lillian Clough gave Battle Ready for Richard Miller. Ken and Marian McDonald gave Sherman Crunchley, Stick Kids

Party in memory of Ryan McDonald.

From Paul and Donna Thomson: Main St. American Retro, for Roy J. McIntosh; American Soldier for Nelson Miles: Old Elm Speaks for Eileen Chappel.

Don and RaeAnn Schanz gave: Rushmore for Donald Landscape Ferguson; Richard Makeovers for Matheney; Lost City for Denis Dostine; American Retro for Nelson Miles; and Favorite Medieval Tales for Eileen Chappel.

In memory of Bert Scholten: from Judy Clyma, 65 Birdhouses & Bird Feeders For All Bird Loves to Build, Beginner's Guide to Bats and 30 Toy Vehicles of Wood for Bert Scholten; from the Library staff, Beginner's Guide to Woodcarving Workbook.

In memory of Patsy Finn: from Kristen Leitz, Annuals For Michigan, Perennials For Michigan, Gardening Month-By-Month in Michigan; from Jeanette Kitchen, Outdoor Plants Indoor Rooms; from Sally and Larry Roberts, Anasi the Spider, Chicka Chicka 1,2,3, and No Laughing, No Smiling, No Giggling; from Loreli Haddad, Chip and the Karate Kick; from Mickie and Dennis

and is the son of Keith Thompson and Doronda Klee.

Myers, Junie B. Jones Boo and I Mean It!; from Mr. and Mrs. Richard Shawl and Yvonne Harris, Divine Evil, and Family Fun Vacation Guide Great Lakes; from James and Jann Besonen, Scamper and the Show Horse and Mysterious Tadpole; from friends, The Healthy Table, The Clueless Baker, The Decorated Frame, Little Retreats, Celebrations, Giant Book of Garden Solutions, Bait, Blow Out, Anne Elizabeth's Diary, Miracle, Fine Feathered Friends, Barefoot Book of Ballet Stories.

Memorial books are available for a minimum donation of \$15, you are welcome to choose a subject area. Specific title requests require full purchase price. Call the Library at 348-9214 for further information.



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MILITARY NEWS



Christopher Ian Bonnington

Christopher Ian Bonnington completed the United States Army Basic Combat Training Course and graduated on September 2, 2004 at Fort Benning, Georgia. He was a member of the 3rd platoon Delta company, 2-47 Infantry at Fort Benning. Along with passing all tests, he tied with two other soldiers in his company for the High Point Rifle Score earning a 35 out of 40 on the target range.

Bonnington is presently in Fort Sill, Oklahoma completing Advanced Individual Training. His MOS will be 13-P Multiple Launch Rocket System/Fire Direction Specialist. After A.I.T., he will be stationed at Fort Hood, Texas. Bonnington has enlisted for three years active duty. He plans on attending college to earn a degree in Criminal Justice while continuing to serve in either the Army Reserve or the National Guard.

Bonnington is a 2004 Grayling High School graduate. He is the son of JoEllen Bonnington Ventline of Grayling and retired Sgt. Edward Ventline (MiNG) of Waters and the grandson of Lt. Colonel James R. Bonnington (retired US Army Reserve) of Southfield.





Shane Michael Thompson

Airman Shane Michael Thompson completed basic training on October 9, 2004. His graduation took place at the Lackland Air Force Base in Lackland, Texas. Shane was training in the 324 Training Squadron, with the 813 Flight.

Thompson is currently at the Shepard Air Force Base in Wichita Falls, Texas. His enlistment continues at Tech School where he is studying Aviation

Thompson graduated from Grayling High School in 2004

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Surviving Christmas MII(M) Starring - Ben Affleck & Christina Applegate at 7:10 & 9:15 Nightly Sat-Sun 2:10 & 4:15

> Starring - Sarah Michelle Gellar & Jason Behr at 7:10 & 9:15 Nightly Sat-Sun 2:10 & 4:15

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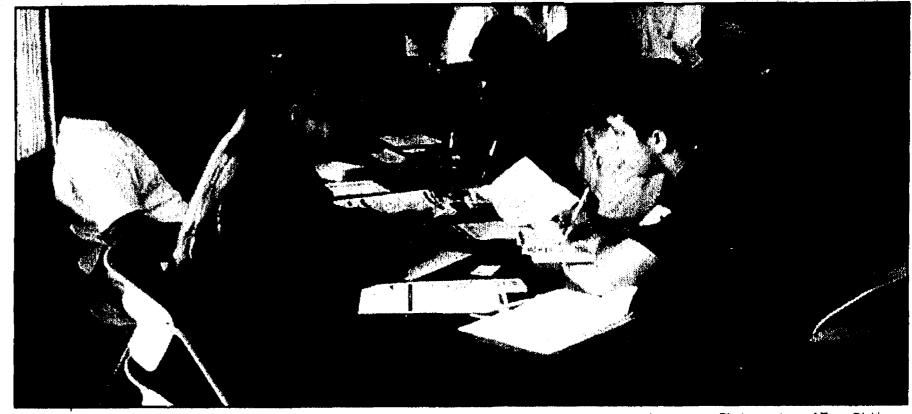


Photo courtesy of Terry Dickinson

As part of a service learning project, alternative education students Keith Moore (left center) and Marshall Lobsinger helped Crawford County Clerk Sandy Moore register eligible high school students for the November general election. Registering to vote (front to back) are Doug Webb, Joe Bourrie, Josh Galvani and Gary Feeney.

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As part of a service learning the Alternative project, Education Program students put up a booth in the Grayling High School cafeteria on September 30, to encourage eligible students to register to vote.

Alternative Education students, Keith Moore and Marshall Lobsinger, County Clerk Sandy Moore and Alternative Education teacher Terry Dickinson were on hand to help students register.

Previously, the Alternative Education students made posters and flyers encouraging eligible students to register to vote in the upcoming election. The posters were made by Tim Stott, Travis Isenhauer, Marshall Lobsinger, Tom Failing, Brandon Frisbie, Dustin Ellis and Matt Gleason.

Moore said, "It's the largest registration turn-out for the high school I have seen in ten years. I had the pleasure of donating my time and working with these kids that wanted to get involved."

When asked about the students who ran the booth on September 30, Moore said, "they conducted themselves professionally." She witnessed the students getting up to get other students to register to vote. Eighty-four percent of the eligible non-registered students filled out the necessary forms to become registered vot-

Service learning is a relatively new concept that offers a deeper education than just classroom study by bringing in the real world.

Other service learning projects have involved students in improving the basketball courts at the elementary school, and testing the water in the AuSable River near Ray's Canoe livery.

Alternative Education is making service learning a centerpiece of the curriculum. "Our students need to experience the practical side of education and a deeper connection to the larger community," said Dickinson who has worked with Alternative Education since 2001.

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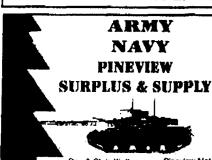
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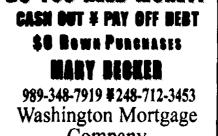
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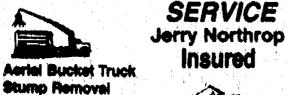
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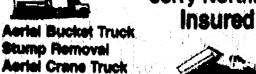
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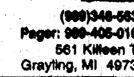
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Four clinicians receive Criminal Justice Certification

Criminal Justice Certification offenders. Knowledge and skills by the International Certification Board and Reciprocity Consortium has been achieved by four clinicians at Catholic Human Services according to CEO and President David R. Martin. Those receiving certification are Kathy Mason, Nancy Morgridge, Dennis Smith and Marcy West.

This certification process was developed for treatment professionals working with criminal justice populations. The overlap of roles and responsibilities has resulted in greater communication and interdependence among justice and treatment professionals. The setting in which the required number of work and supervised hours must be met, is defined as any setting which provides counseling, service coordination, behavior management or behavior shaping to drug involved adult or juvenile

must be met to assure that the Criminal Justice Alcohol and Drug Professionals provide effective services including assessments, case planning, case management, linking with other treatment, human services and criminal justice providers, monitoring, counseling and advocacy. In addition they must be knowledgeable in rehabilitative services, pharmacology, treatment theories and modalities, involuntary commitment procedures, criminal case processing, court alternatives and conditions of probation.

The Criminal Justice Certification is a result of the combined efforts by major national groups from the fields of additions and criminal justice. Those include the Center for Substance Abuse Treatment (CSAT), the National Drug Court Institute (NDIC), the American

Probation and Parole Association (APA), The Association of State Correctional Administrators American (ASCA), the Correctional Association (ACA), Treatment National Alternatives Safer Communities (TASC), the National Association of Alcohol and Drug Abuse Counselors (NAADAC), and the President's office of National Drug Control Policy (ONDCT) to name a few who set the standards for the credentialing.

The overlap of roles and responsibilities has resulted in greater communication and interdependence among justice and treatment professionals. The development of a certification for National Criminal Justice Alcohol and Drug Professionals is designed to strengthen, the supervision and rehabilitative potential provided by the two

These clinicians are in our Central District of CHS, Martin said. Smith is located in both Gaylord and Mancelona; Mason is in Cheboygan; Morgridge serves as administrator for the Central District, and West works in three areas - Charlevoix. Cheboygan and Gaylord.

Catholic Human Services, Inc. is a non-profit human service organization offering counseling services in 21 counties in northern lower Michigan. CHS offers services in substance abuse, family, and marriage counseling, prevention, anger management. gambling, open adoption, etc. CHS also offers an Employee Assistance Program (EAR) striving to help employers and their employees promote well-being and job effectiveness. CHS is C.A.R.F. accredited. CHS's web site can be visited at http://catholichumanservices.co





Catholic Human Services clinicians receiving Criminal Justice Certification are L to R: standing, Kathy Mason and Nancy Morgridge; seated, Dennis Smith and Marcy West.



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Local Pizza Hut becomes Italian bistro



Restaurant Manager Alma Carrancho and Regional Manager Jim Gerlock are ready to help patrons enjoy the new Italian bistro.

by Susan Warrington Staff Writer

The Grayling Pizza Hut, one of the first in northern Michigan, has been in the area for over 25 years. The familiar red and white building is now empty and Pizza Hut has become an Italian Bistro, one of the first in Michigan. In fact, it's the third one in Michigan and the 35th in the nation.

Pizza Hut either needed to

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remodel or move and when they got the chance to move into a new building near their old location, they decided moving would be the wise thing to do.

With the move to 2319 South I-75 Business Loop, just a short hop south of the old location, they have doubled the size of their kitchen, and expanded their menu to include sauteed pastas, sourdough sandwiches, and entree salads among other things. Beer and wine have also been added to the menu.

The old favorites - pizzas, appetizers, desserts, and salad

The seating capacity is about

the same as in the previous building but it is split into two cozy areas that have TV sets mounted in the corner.

They have a limited delivery area and pizzas are the only items available for delivery.

However, there is also a new carryout window through which you may get any bistro item, except beer and wine.

When you call in your order, they will tell you approximately how long before it will be ready. You then just pull up to the carryout window located on the left side as you face the building and

Although they are generally a call 348-5565.

first come-first served restaurant, if you plan to bring a large group of people to the restaurant, they will take reservations. However, the reservation must be made a few days in advance so they can be prepared to serve a large group at one time.

With the expanded menu and options for delivery and carryout, 25 new workers have joined the 15 from the old store to help ensure fast, friendly service.

The bistro is open from 11 a.m. to 10:30 p.m. Sunday through Thursday, and 11 a.m. to 11 p.m. Fridays and Saturdays. To place



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RANGE FIRING

Range firing is scheduled for the period October 27 -November 3, 2004.

The Range 40 complex, Air to Ground, located north of County Rd. 612, east of Guthrie Lake, south of Old State Rd. 618, and west of County Rd. F97 (Twin Bridge Rd.) will be conducting live and inert bombing operations by the Air National Guard during the following dates: October 27 - 29 and November 2 - 3.

The Range 40 Complex, located north of County Rd. 612, east of Sherman Rd., south of Old State Rd. 618, and west of County Rd. F97 (Twin Bridge Rd.). Military maneuvers and infantry live fire. October 29 -

Small Arms Ranges located west of Lake Margrethe, north of Howe Road, east of the gas pipeline and south of Portage Creek. October 29 - 30.

ARF Range located west of Lake Margrethe, north of Howe Rd., east of the gas pipeline and north of Portage Creek. October 29 - 30.

Range 15, located South of the main post, bounded on the west by Cadillac Rd. and on the east by Carrier Rd. October 29 - 30.

The Range 30 complex, located north of North Down River Rd., east of Jones Lake Rd., south of County Rd. 612, and west of Bald Hill Truck Trail. October 29 - 30.

In addition, the following roads will be closed on October 29 - 30:

Bucks East-West Truck Trail from Jones Lake Road to Bald Hill Truck Trail.

Ketchum Truck Trail from, Bucks East-West to N. Down River Rd. Stephan Bridge Rd. from

County Rd. 612 to N. Down

River Rd. Wakeley Bridge Rd. from County Rd. 612 to N. Down

Heavy weapons range firing is scheduled from sunrise until three hours after sunset. Due to mobilizations or critical training requirements, the Commander may authorize mission-firing requirements beyond this time.

This firing schedule is subject to change without notice to the public.

Contact the Grayling Department Natural of Resources for the areas closed for hunting within the boundaries of the installation. Grayling DNR telephone number: (989) 348-6371. For further information call 1-800-628-5820.



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This week's menu (lunch/dinner) and activities:

Friday, October 29 - Lunch open-face hot turkey sandwich, mashed potatoes w/ gravy, beets, apricots. No dinner. 1 p.m. Stagette Club and Pantry Bingo.

Monday, November 1 - Lunch - stuffed cabbage, Harvard beets, baked potato, kiwi fruit salad. Dinner - ham and pineapple

pizza, tossed salad, veggies and dip, peach crisp. 12 p.m. Stag Club, 1 p.m. Bridge Club, 5:30 p.m. Hangman.

Tuesday, November 2 - Lunch - beef BBQ sandwich, creole summer squash, mixed fruit, brownie. Dinner - roast beef, peas and carrots, garlic cheese potatoes, applesauce. 1 p.m. Euchre Club.

Wednesday, November 3 -Lunch - chicken rotini salad, carrot, celery and apple salad, cucumbers and onion salad cottage cheese and peach salad. Dinner - baked ham, cauliflower au gratin, sweet potatoes, birth-

day cake. 9:30 a.m. - 10:30 a.m. commodities at St. Mary's, 10:00 a.m. hearing clinic, line dancing, 12:00 p.m. Stag Club, 5 p.m. birthday dinner and 5:30 p.m. White Elephant.

Thursday, November 4 - Lunch - baked tuna and noodles, peas and carrots, asparagus, strawberries. Dinner - burritos w/ lettuce, tomatoes and onions, fried corn, Mexican potato salad, nectarines. 10 a.m. aerobics and craft class, 11 a.m. - 12 p.m. blood pressure checks, 5:30 p.m. Uno-Attack.

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Lawndale, behind Burger King in Grayling. Walk-ins are welcome.

RE-ELECT MATT GILLARD

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- Working to stop the flow of Canadian and out-of-state trash at Michigan's borders
- Protecting the Mason Tract near AuSable River from natural gas
- Opposed to allowing companies to sell Great Lakes water for profit or ship Great Lakes waters to other states

Don't let the "Great Lakes State" become the "Great Waste State" Vote to Re-Elect State Representative Matt Gillard on Tuesday, November 2nd.

Paid for by the Friends of Matthew Gillard Candidate Committee, PO Box 284, Ajpena, M1 49707

Wassana and Josh Sheldon, of Grayling on October 6, 2004 at p.m., weighing 4lbs., 12 oz. and Grayling, announce the birth of 8:21 a.m., weighing 7 lbs., 14 measuring 18 inches long. Stacy their daughter, Josslyn Paige, ozs. and measuring 20 1/2 inches. Susan was born at 5:59 p.m., born at Mercy Hospital in long. Grayling on October 5, 2004, at 7:59 a.m., weighing 7 lbs., 7 ozs. Roscommon and Tyler Thomas and measuring 19 1/2 inches (Huizer) Denno of Grayling long.

Misty and Scott Longendyke, of Grayling, announce the birth born at Mercy Hospital in Haley Marie was born at 5:52 suring 21 inches long.

Enough said?

Bobbie Jo Todd announce the birth of their daughters, Haley Marie and Stacy Susan, born at Mercy Hospital in of their daughter, Ella Brooke, Grayling on September 30, 2004.

weighing 4 lbs., 13.8 ozs. and measuring 19 inches long.

Bobbi and LeeRoy Gonzales of Grayling announce the birth of their son, Benjamin Samuel, born at Mercy Hospital in Grayling on October 10, 2004 at 8:48 a.m., weighing 7 lbs., 10 ozs. and mea-

BEAVER CREEK VOTERS BEWARE OF THE ILLUSION!

Like a great magician, my opponent is trying to fool you.

te would have you believe he: "will continue to work with county road commission for improvements of Township roads". At the Oct 11th board mtg, the LaFave's came in to discuss the condition of their road. He told them to go to the Road Commission mtg. Hmmm? At the August 09th mtg, Mary Watson complained about the condition of her road. He told her to go to the Road Commission mtg. Hmmm?

Prior to Linda Little being elected trustee, she applied for a Township Committee position. After I made a motion to appoint Linda, my opponent said "call me a chauvinist if you will Kathy, and I'm sure you will, I don't want to hire a woman. I would rather hire a man." And, his male buddy was hired. Hmmm? He tells you he "served as coordinator during the construction phase" of the community center. I notice he didn't tell you how much he was paid for that job. He also

didn't tell you the Township had to pay him more because he depleted the funds allocated to him, and wouldn't finish it without more money. Hmmm? Yes! He was a County Commissioner for 2 years prior to becoming your supervisor. We all know what condition the County is in and has been since about that time.

He says he will work toward: "continued improvements to the park". How much more does the park need? How about improving our roads, our services?

Is he "working to resolve trash and solid waste issues"? Do you have the trash service you would like? Is this just a good comment to make during election year? He told the Kuk's he could do whatever he wanted regarding solid waste, he didn't need voter approval. Hmmm?

He says he will "continue to work with and improve our excellent Fire Department". We finally agree on something! We have an excellent Fire Department! Now if we could only provide our Firefighters the same benefits the Fire Chief receives, e.g. retirement. Those men & women are available to us not for the calls they have had, but the calls they may have. They are available to us at any given time & condition. Why do we not provide them long term security for their full time commitment? I'm told there isn't enough money. There is enough for his annual pay raise though.

He says he "will continue to have an open door policy with the taxpayers of Beaver Creek". He needs to be in the office when the door is open, or it does us no good.

The letter from Supervisor Terry Wright, paid for by my opponent, in the Avalanche states my opponent "doesn't have to work for Beaver Creek to maintain a living". If he doesn't need the money, then he must want it. If not, why does he vote himself a pay raise each and every year? Why did he introduce a life insurance plan for which you pay every dime of the premium? Why did the Township spend a large sum of money to recover a few months of his retirement money which was accidentally given to the previous supervisor after her retirement? My opponent was willing to spend more of your tax dollars on attorneys than he would receive in his pocket, to gain financially. Why did he tell the Township he doesn't need their medical insurance as he has other coverage, then ask to be paid a portion of the medical insurance premium which the Township would pay if he had it?

The idea that he is in his office every day is ludicrous! How many times I have heard Pat McDonough, the previous secretary, advise callers they need to call Frederic Township offices to reach him as he is working there during business hours! To many to remember!

I do believe he is in office more now, it's election time. Part of the magic show, the illusion.

As your Supervisor, I will be your full time Supervisor!

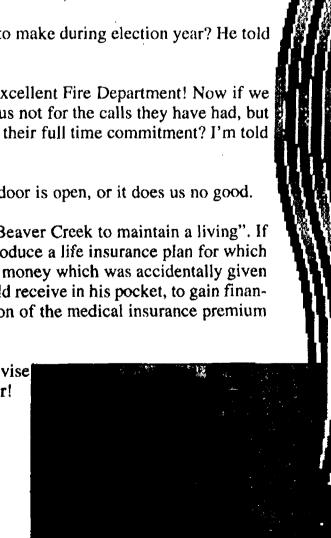
I will drive your roads, be your liaison, protect your tax dollars, represent you, listen to you, act on your issues. I WILL NOT ASK FOR A PAY INCREASE DURING MY FOUR YEARS IN OFFICE.

CAST A VOTE FOR YOU BY PLACING A STICKER FOR ME. **ELECT KATHY MOBARAK**

SUPERVISOR BEAVER CREEK TOWNSHIP

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Grayling Promotional Association Community Cultural Events presents the 32nd season of

TRAVEL & ADVENTURE SERIES



"India -Jungles & Wild Places"

with Harlan Johnson

Thursday, November 4, 2004 @ 7:30 p.m. at the Rialto Theatre

Doors open at 6:45 p.m. \$7.00 individual/\$6.00 Senior or Student Information Line: 348-7146

Tickets also available at Flowers By Josie, Chamber of Commerce, or at the door

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County urged to raze and rebuild building

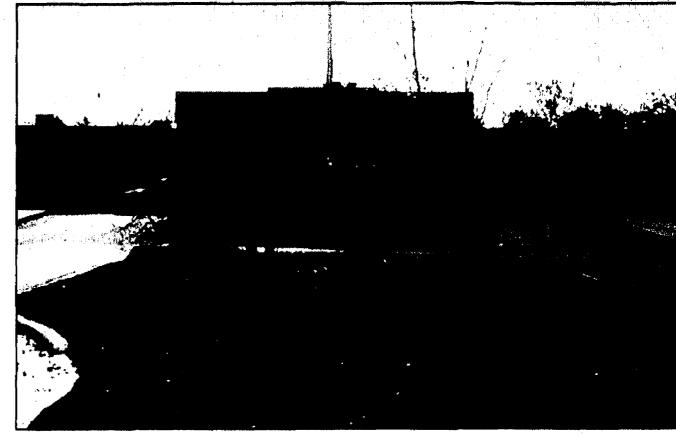
Continued from Page 1A and allow for the connection of Michigan Avenue with M-72 to to give more access to downtown.

"The more choices you have and the more compressive nature of mixed use development you have the more you become a destination," said Klaus Heinart, a planning director for Gosling Czubak.

Crawford County and the City of Grayling received a \$10,000 grant from the Michigan **Economic** Development Corporation to study options for the county building and the downtown area.

The study is being done in conjunction with plans that Bill Gannon, owner of Gannon Broadcasting, has to redevelop the former 11-acre Fred Bear Archery property.

Over the next 10 years, Gannon plans to put \$20 million into redeveloping the property, which he calls Bears Landing on the AuSable. The development will include housing, commercial and retail businesses, a brew pub, restaurant and a multi-



County officials are studying plans to raze and rebuild the county adminstrative building.

screen movie theater.

Gannon hopes to sit down with the county officials after they have had time to review the feasibility study.

"Once they feel comfortable with the way they are going,

Continued from Page 1A

Tony Stamas, R-Midland.

Modeled

munities.

earlier this month were presented

the White Pine Award from Sen.

President George H.W. Bush's

Thousand Points of Light pro-

gram, the White Pine Award pro-

motes local environmental activ-

ities and individuals who make a

commitment to better their com-

The award was established by

Stamas two years ago and is only

given out to one recipient in the

state annually. The award has

been given to recognize a couple

for both years the award has been

presented, Stamas said.

after former

we'll be able to sit down and get into the meat of the issue," Gannon said.

Officials were urged to educate the public on plans for downtown and the county building so that they support the initiatives

and feel they are part of the pro-

"It's not an impossibility," said Paul Compo, the county controller. "It can work if everybody works together and is on the

Madsens honored for labor of love

Before you head into winter with your car, be sure your tires are ready for the cold, snow and ice.

Check your air pressure monthly. Do not over or under inflate your tires. Have your tires rotated every 6,000 miles Check for any abnormal wearing patterns on your tires.

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nity and that seemening that we them to fruition," Zigila' said a blessing for the community should all aspire to," Stamas

The Madsens were recognized on the Senate floor and were also given a Senate tribute.

"It's kind of a honor to be recognized outside of your community for what you try to do," said Gail, who credits others she has worked with for the success of their projects.

Tim Zigila, president of the Grayling Regional Chamber of work Madsens do will inspire ward to work on projects that not others to step up and volunteer only improves the appearance of for the community. The Madsens honored with the Chamber's Citizens of the Year Award in 2002.

"Sometimes its takes volun-"It's a lifelong passion the teers to take the leadership posi-

these community projects, you

John B. Huss

Sandra Moore

Ken Riehle

Kirk A. Wakefield

Joseph V. Wakely

can bet they will get done and will get done in a manner that everyone should appreciate."

Wayne Koppa, chairman of the

Crawford County Pathway Committee, has worked with Gail on grant projects for the community. "I think the award is tremendously deserved," Koppa said. "

It's fortunate that we have people Commerce, said he hopes the like Gail and Skip to step for-Grayling but also improves the business climate."

Carolyn DiPonio has been involved with through Promotional Association.

see they retired it was like "With the Madsens in charge of because they really started working hard,"DiPonio said.

Crawford County Republican Party Strongly Supports the Following Candidates

President and Vice President of the United States:

US Representative in Congress; 1st District:

Representative in the State Legislature;

Members of the State Board of Education:

106th District:

George W. Bush

Dick Cheney

Don Hooper

Richard Fortier

Nancy Danhof

Robert M. Smart

Carl Meyers

Prosecuting Attorney:

Sheriff:

County Clerk/Register of Deeds:

County Treasurer:

County Offices:

Road Commissioner:

County Commissioners:

1st District:

2nd District:

3rd District:

4th District:

5th District: 7th District: Kathy Rogers Scott M. Hanson

Shelley L. Pinkelman Mike Lange

David J. Stephenson

Terry Beardslee

Members of the Michigan State University

Justice of the Supreme Court:

Judge of the Court of Appeals:

Board of Trustees:

Members of the Wayne State University Board of Governors:

Members of the University of Michigan Board of Regents: Patrick Anderson

Melanie Foster **Randall Pittman**

Susan Licata Haroutunian

Paul C. Hillegonds

Supervisor: Lee Riley Clerk:

> Vivian D. Balmes Treasurer:

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Grayling Township:

Clerk:

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Trustee: Shawn M. Kraycs

Frederic Township: Supervisor: Jeffrey S. Kea Trustee: Donna Masker

Trustee: Sam Moore

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Spookfest held at Hanson Hills

Spookfest, an annual Halloween-themed event, was



Hanson Hills volunteer Mackenzie Harvey patiently waits for the next victims to walk through the Haunted Lodge at Spookfest.

held on Saturday, October 23, at Hanson Hills Recreation Area. Free kids games were part of the entertainment, along with a costume contest honoring the most creative costume and the scariest

"And don't forget about the Haunted Lodge. Many entered, but few survived the frightful experience!" event organizers said.

Students middle school ages and up were invited to a late night teen dance, which included music and karaoke provided by Dharma Records.

For more information on the event, visit www.hansonhills.

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Retain William T. Johnson For a Full Time Supervisor. FREDERIC TOWNSHIP.

"Paid for by the candidate" 6601 Cheboygan Rd, Frederic MI, 49733

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- Working to stop the flow of Canadian and out-of-state trash at Michigan's borders
- Protecting the Mason Tract near AuSable River from natural gas drilling
- Opposed to allowing companies to sell Great Lakes water for profit or ship Great Lakes waters to other states

Don't let the "Great Lakes State" become the "Great Waste State" Vote to Re-Elect State Representative Matt Gillard on Tuesday, November 2nd.

Paid for by the Friends of Matthew Gillard Candidate Committee, PO Box 284, Alpena, MI 49707

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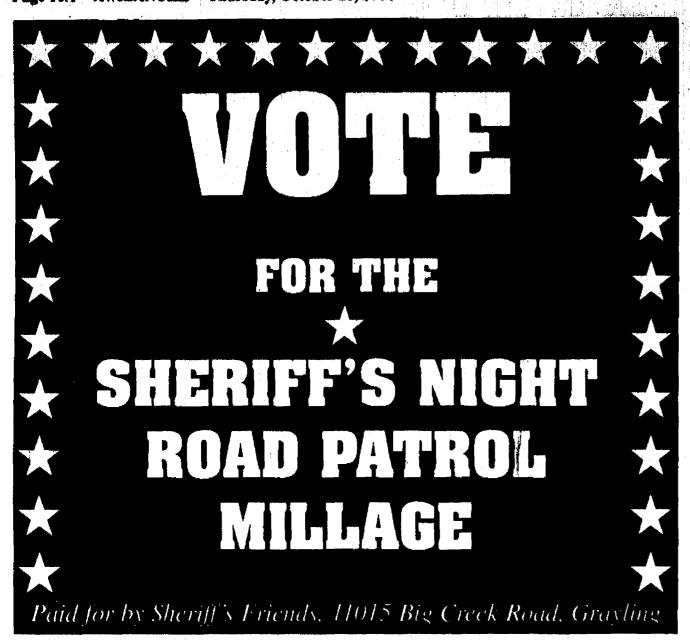
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Volunteers honored for years of service

"Inspiring by example." This was the theme at a recent recognition luncheon in honor of 98 volunteers who have been getting much done.

Retired and Senior Volunteer Program (RSVP) participants and guests were treated to a luncheon at the Grayling Holiday Inn recently. RSVP is a volunteer service program of the Northeast Michigan Community Service Agency, Inc. (NEMCSA) and is open to residents of Crawford and Roscommon counties who are 55 or older.

During the event, a tribute from Sen. Tony Stamas, (R-Midland) was presented by his representative Beverly Bodem of Alpena. The tribute was to thank the volunteers for their dedication and service.

Betty Pamerleau was honored for her service of 25 years with RSVP. Also honored with a 20year pin was Josephine Laskowski. Receiving 15-year pins were Marie Akers, Rowena Billsby and Ann Doty. Seven



Betty Pamerleau, NEMCSA RSVP Volunteer was recently honored for her 25 years in the program. With her, (from left to right) are John Swise NEMC-SA CEO, Dale Huggler, NEMCSA Board President, and John Briggs, NEMCSA COO.

volunteers received 10-year pins. They are Ruth Beckwith, JoAnne Chambo, Dorothy Gage, Barbara Myers, Carolyn Rakoczy, Doris Sells and Louis Smith.

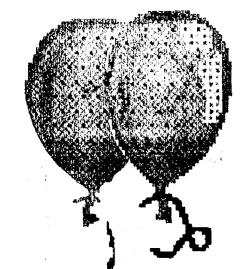
All volunteers received gifts and certificates, recognizing how many years of service each has given in the program. Door prizes were awarded throughout the RSVP, call Carol Stouffer at the luncheon.

RSVP is part of the National Senior Service Corps and has no income restrictions for participation. Those participating have some flexibility in their choice of volunteer service, which can range from delivering home meals to tutoring a child.

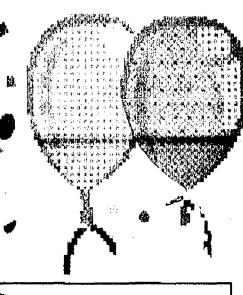
For more information about 989-275-1717.



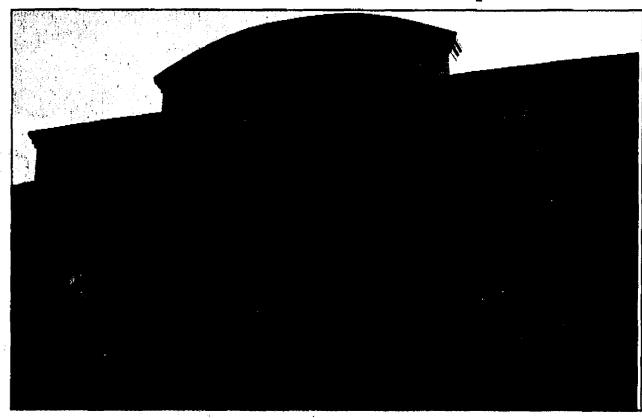




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- Mama's Spaghetti



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Bistro Pizzas

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- Spley Sausage & Pepper
- Italian Pepperoni
- BBQ Chicken
- Smoked Bacon & Spinach

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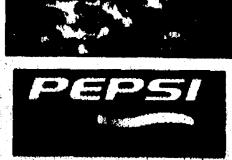
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► Grayling (8-1) to host Mason County Central (6-3) on Friday, October 29, at 7:30 p.m. | ► Play-off tickets and T-shirts now on sale at Grayling High School office

Grayling ends regular season with 35-13 win

Vikings move to 8-1 with victory over East Jordan Red Devils

GHS to host **Mason County** Central in first round of play-offs

by Caleb Casey Senior Staff Writer

In its regular season finale last week, Grayling High School's varsity football team improved its overall record to 8-1 with a 35-13 victory over the East Jordan Red Devils at GHS on Friday night.

East Jordan took advantage of an early turnover to take a 7-0 lead. On the first possession of the game (fifth play of the series), the Red Devils intercepted a Grayling pass and returned the ball about 25 yards to Grayling's 24-yard line. East Jordan scored a touchdown on the fourth play of the drive with a 12-yard run. With the extra point kick, East Jordan led 7-0.

Grayling answered with a five-play, 60-yard touchdown drive. The series included a 33yard run by Joey Bancroft, a 14yard run by Kevin LaTreille, and a 9-yard TD pass from quarterback Bobby Starks to Eli VanNuck. On the extra point attempt, the Vikings fumbled the snap and the kick was blocked. East Jordan led 7-6.

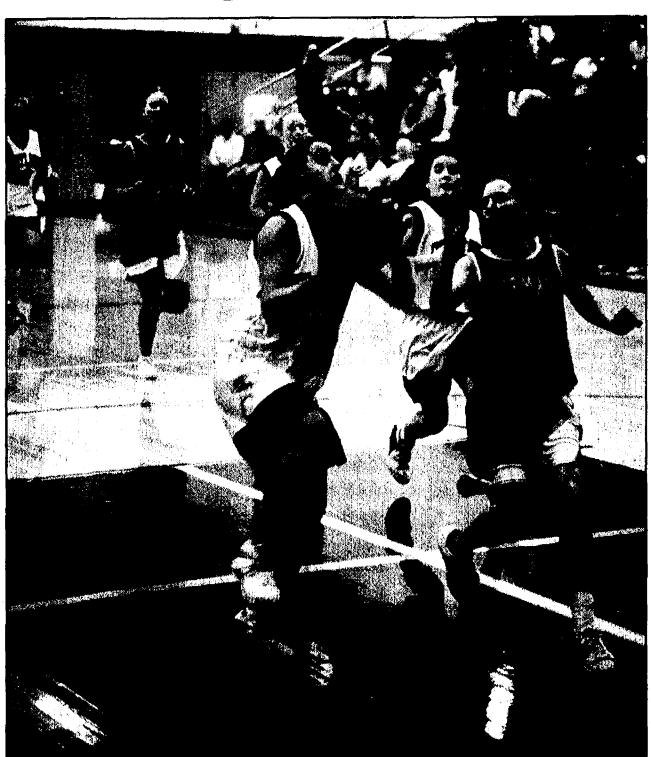
Continued on Page 2B See "GRAYLING ENDS..."



Photo by Caleb Casey

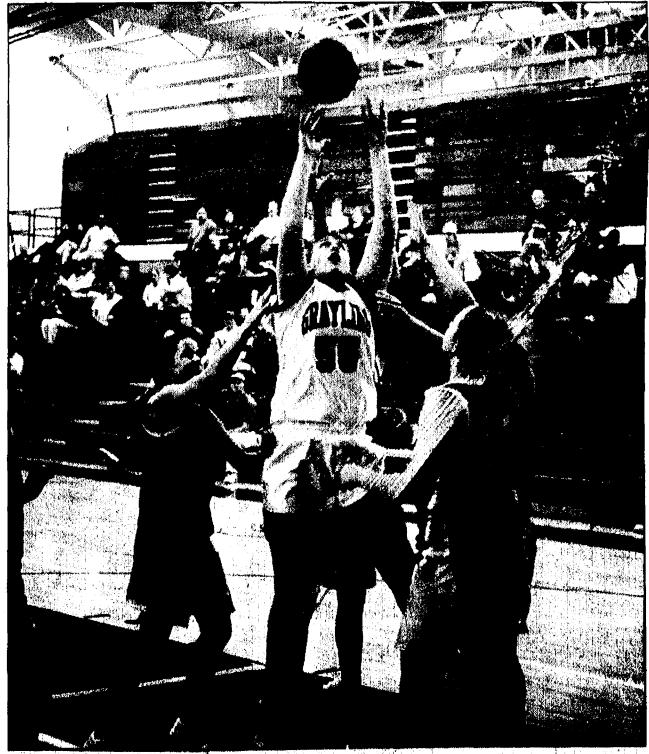
The Vikings celebrate their eighth victory of 2004 after defeating East Jordan 35-13 last Friday at Grayling High School.

Varsity team defeats Ogemaw 51-47



Photos by Cateb Casey

Michelle McGuire goes up for a lay-up for Grayling in last Thursday's varsity girls basketball game vs. West Branch Ogemaw Heights.



Mandy Czapek takes an inside shot for the Vikings in Thursday's game against the Falcons of Ogemaw Heights. Grayling won the contest 51-47. For more, see Page 4B.

CRAWFORD COUNTY TRANSPORTATION AUTHORITY **WEEKDAY SCHEDULED SERVICES TO:**

FREDERIC & MAPLE FOREST Leaves Grayling .

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M-72 WEST

> Demand Response Service Calls Worked in Between Other Runs

BEAVER CREEK & ROSCOMMON Leaves Grayling1:00 p.m. *The 1:00 p.m. south run does not go all the way into Roscommon.

To Request Weekday Demand Response Services Call Dispatch @ 348-5409.

RURAL HEALTH INITIATIVE TRIPS

Transportation dependent individuals requiring transportation for the purpose of accessing specialty medical services not locally available may qualify for RHI medical transportation services.

Information regarding RHI medical transportation services can be obtained by contacting: Dave Frederick @ 348-8215

<u>SPECIAL EVENT TRIPS**:</u>

Scheduled For October 2004

Date: Tuesday, November 9, 2004 Destination: Victories Casino Petoskey Departs Grayling 8:30 a.m. Arrives back in Grayling 4:00 p.m. (Approximately)

Trip #2
Date: Thursday, Novmeber 23, 2004 Destination: Traverse City Event: "Out to Lunch Gang Trip" Paddle Boat Color Tour Trip Organized by the Crawford County Commission on Aging Contact Elouise Mize @ 348-7123 to Reserve a Seat Departs Grayling 10:00 a.m. Arrives back in Grayling 4:00 p.m. (Approximately)

**Special Event Trips Require: (1) a minimum of twenty-two passengers; and (2) that passengers less than 18 years of age be accompanied by a responsible adult.

To Reserve Seats or Request Information Concerning Special Event Trips; Call Richard or Gary @ 348-4101

COMMUNITY EVENT SERVICES; Service schedules may be modified to meet increased demand during special community events, such as the Mill Town festival

To Request information Concerning Expanded Services

Photos by Caleb Casey

Joey Bancroft runs with the ball for Grayling vs. East Jordan on Friday night.

Grayling ends regular season with 35-13 win

Continued from Page 1B

The Vikings tried an on-side kick and the Red Devils recovered. Grayling's defense held, bringing up 4th and 18. The defensive series for GHS included a QB sack by Matt Larson. East Jordan punted.

GHS started at its own 43-yard line. Runs by Bancroft and LaTreille and a pass from Starks to Zach Dean picked up a first down. Two runs by LaTreille gained 19. Three plays later, on 4th and 7, Grayling tried for a field goal but the kick fell short. East Jordan took over at its 20yard line.

The Red Devils picked up two first downs. An incomplete pass

sacked the QB for a loss of six on second down. Zac Baker knocked down an East Jordan pass on 3rd and 16 to bring up 4th and 16. East Jordan punted.

After the kick, Grayling started at its own 18-yard line. On the second play of the drive, Starks connected with Baker on a deep route for a gain of 38 yards. Runs by Bancroft and a pass from Starks to VanNuck brought up 1st and 10 at the East Jordan 33. LaTreille ran for 15 yards on first down and rushed for eight yards on the next play. Bancroft ran for eight yards on 2nd and 2 to bring up 1st and goal at the 2-yard line. On the next play, Bancroft ran into the end zone for the touch-

Gibson Tobin for the two-point conversion, GHS led 14-7.

Grayling attempted an on-side kick after scoring and East Jordan recovered. On the fourth play of the possession, 4th and 4, the Red Devils went for it. LaTreille and Tim Umlor brought the ball carrier down short of the first down marker. The Vikings took over on downs at their 49-yard line.

Two runs by Bancroft gained Jordan punted three plays later. 11. On 1st and 10, Starks completed a deep pass to VanNuck for a pick-up of 37 yards. On 1st and goal from the 3-yard line, Bancroft ran the ball into the end zone. James Haven kicked the extra point, and Grayling led 21-7 with 3:37 left in the first half.

The Vikings opted for another on-side kick and Umlor recovered the ball for Grayling. A 15yard penalty stalled the drive and GHS ended up punting.

Two penalties on East Jordan hurt their next drive and the Red Devils punted. With 23 seconds left in the half, Grayling took a knee and led 21-7 going into the third quarter.

East Jordan got the ball first to open the second half. The Red Devils punted after three plays. The Vikings fumbled on their first play from scrimmage and Jordan

Grayling's defense held and forced a punt. The defensive stand included a QB sack by LaTreille.

Grayling punted after three plays. The Vikings forced East Jordan to punt after three plays with a defensive stop that included a quarterback sack by Umlor.

The Vikings moved the ball into East Jordan territory but surrendered the ball on downs. East

GHS started at its own 24. On 3rd and 11, Grayling converted with a 25-yard pass play from Starks to VanNuck. Two plays later. Bancroft broke free for a 30-yard gain. On the next play, Bancroft scored on a 16-yard touchdown run. With Haven's extra point kick, GHS led 28-7.

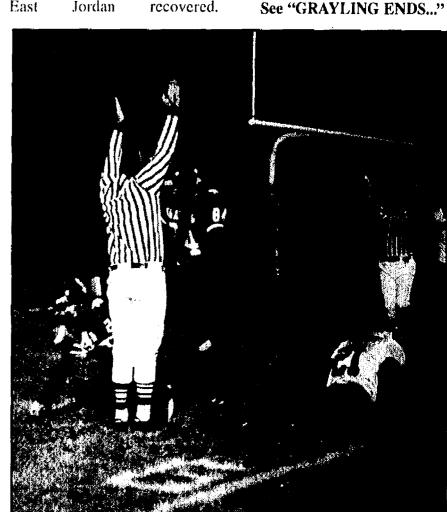
The Red Devils began their next series at the East Jordan 36. On 2nd and 15 from the 31, the Red Devils fumbled and Rich: Ryan recovered the ball for Grayling.

On 1st and 10 from East Jordan's 21, Bancroft ran for 17 yards, bringing up 1st and goal at the 4-yard line. Bancroft ran the ball into the end zone on the next play. Haven kicked the extra point, and Grayling had a 35-7 advantage.

Continued on Page 3B







Referees signal "touchdown" following a TD catch by Eli VanNuck on Friday.

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At halftime of Friday's football game at GHS, the Viking boys golf team was honored for its accomplishments this year. The squad won a league championship, a regional championship, and placed second in the state finals. Pictured: (L to R) Coach Herb Olson, James Walker, Jack Hagerman, Derek Johnston, Ryan Davis, Brady Ward, Josh Hinkle, Ron Johnston, Assistant Coach Ken Smith.

Grayling ends regular season with 35-13 win

Continued from Page 2B

On 1st and 10 from their own 15, the Red Devils broke free for a 32-yard gain on the ground. Three plays later, on 4th and 4, Starks intercepted an East Jordan pass and returned the ball to the 17-yard line. Three plays later, 4th and 12 but the kick was blocked.

East Jordan took over at its 21yard line with 6:14 left in the game. The Red Devils drove 79 yards on 10 plays and capped the possession with a 1-yard TD run on 2nd and goal. The two-point

conversion attempt failed.

Bancroft returned Jordan's kick-off 55 yards. Grayling knelt twice to kill the final minute of clock time. The Vikings won by a final score of

On offense, Bancroft finished Grayling tried for a field goal on with 158 rushing yards on 17 carries with four touchdowns. LaTreille ran the ball 12 times for 88 yards. Starks was 11 for 18 passing for 155 yards and one touchdown. VanNuck was Grayling's leading receiver with three receptions for 83 yards and one touchdown.

Defensive leaders for GHS were: Umlor, 10 tackles; LaTreille, 7 tackles, 2 sacks; Larson, 6 tackles, 1 sack; Starks, 6 tackles, 1 interception.

"Tim Umlor played his heart out and had 10 tackles in the game. Kevin LaTreille and Matt Larson combined for three sacks. We took away their option plays and made them throw the ball on us. Our defensive backs blew up every receiver that came into their zone," Coach Ben Brock said. "Bobby Starks, Gib Tobin, Zac Baker, and Jeff Bancroft all had bone-crushing hits on East

Jordan receivers."

"Joey Bancroft rushed for 158 yards and passed the 1,000-yard mark in the league. He also had four rushing touchdowns to bring his regular season total to 14. His guys up front - Travis Brush, Matt Swope, Trevor Clough, Matt Larson, and Billy Stewart -continued their dominance blocking for our runners. Bobby Starks threw his 17th touchdown pass of the season to Eli VanNuck, Eli now has 10 touchdown catches to go along with Gibson Tobin's seven," Coach Brock said.

The Vikings (8-1) will host Mason County Central (6-3) on Friday, October 29, at 7:30 p.m. in round one of the MHSAA football play-offs. All tickets are \$5 (season passes do not include entry into MHSAA play-off events). Pre-sale tickets will be available for purchase at the GHS office starting Wednesday morning (October 27). Play-off T-shirts will also be sold at the GHS office this week and will be available for purchase on game

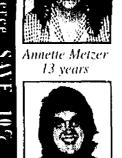


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The Vikings run a play on offense vs. East Jordan on Friday night.

JV football team ends year with 30-20 victory

Grayling rushes for over 300 yards in Thursday's win at East Jordan

The GHS iunior varsity football team finished its 2004 season with a 30-20 victory at East Jordan last Thursday. The win improved Grayling's overall record to 6-2-1.

The Vikings rushed for over 300 yards vs. East Jordan, Ryan Cooper ran for 202 yards on 33 carries with one touchdown and will hear for years to come. finished the 2004 season with over 1,000 yards. Tim VanNuck ran for 116 yards on 21 carries with three touchdowns.

"Ryan is a special kid, hard worker, and loves the game," Coach Chris Kucharek said. "Having a 1,000-yard rusher on the team says a lot for our offensive line. They did a great job blocking all year."

"Tim was our workhorse this year," Coach Ron Wyman said. "Tim VanNuck is a name you Along with the offensive line, Tim helped Cooper gain over

1,000 yards as his lead blocker." "(On defense) Adam Gabriel had two big interceptions at key times during the game," Coach Wyman said. "He led our team to the win as our quarterback."



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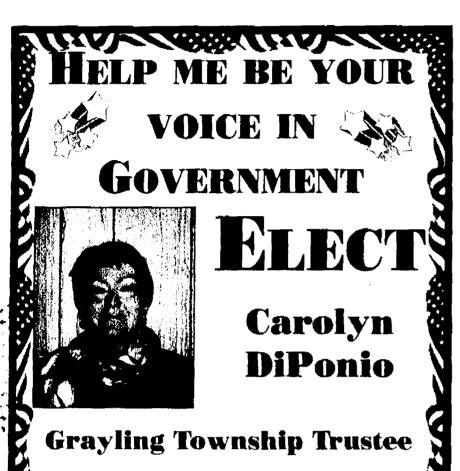
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POOL LEAGUE

Men's Standings Two Track Inn #1 25 Two Track Inn #212 Growlers Pub18 Riverside7 Sawmill #125 Sawmill #25 Lords of the Table - 8 Ball Run, Weasel (Frederic Inn) Ray (Sawmill #1). Won all six, Kevin Run, Beth (Growlers Pub). and Mike (Two Track Inn).

Women's Standings Growlers Pub38 5 Ball Run, Jill (Growlers Pub), Denise (Sawmill III), Patsey and Melonie (Holiday Inn), Annette and Rose (Frederic Inn). 7 Ball





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OCAL PARTS, SERVICE

AND INSTALLATION

Varsity team defeats Ogemaw 51-47

Girls basketball squad wins home game vs. Falcons, loses by 3 at BC

The GHS varsity girls basketball team fought through foul trouble and a slow start to win last Thursday's home game vs. by a final score of 51-47.

The Vikings trailed the Falcons 11-5 after one quarter of play, but Grayling scored 20 points in the second period and led 25-20 at halftime. The Vikings had a 34-27 advantage going into the fourth quarter.

Grayling scored first in the fourth period on a three-pointer by Michelle McGuire. Two free throws and a jump shot pulled Ogemaw within six, 37-31. A shot inside by McGuire put the Vikings up by eight.

Leading by seven, Grayling scored five unanswered points on three free throws by Mandy Czapek and a lay-up by Trisha Petersen to lead by 12, 44-32.

A 5-1 run by Ogemaw cut Grayling's lead to eight, 45-37. A lay-up by Kelly Dunckley put Grayling's advantage at 10 with 2:56 left in regulation. (Five Grayling players had four fouls apiece at that point.)

Two free throws by Ogemaw pulled the Falcons within eight. A pair of free throws by Czapek put Grayling's lead back to 10 at the 1:32 mark.

A jump shot and two free throws by Ogemaw cut Grayling's lead to six (49-43). The Falcons fouled and Grayling

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missed both free throws. Ogemaw tried for a three-pointer, missed, and Czapek came down with the rebound. West Branch fouled and McGuire hit one of two at the line.

Ogemaw hit both free attempts at the 16-second mark to cut Grayling's lead to five, 50-45. The Falcons fouled, and West Branch Ogemaw Heights McGuire hit one of two free throw attempts. Ogemaw shot from three-point range, missed, and Czapek rebounded. The Falcons forced a tie-up and the possession arrow favored West Branch. With 1.4 seconds remaining, Grayling backed off, and Ogemaw scored one more basket as the clock expired. Grayling held on for the 51-47 victory.

"We got off to a slow start, but we responded by outscoring Ogemaw 20-9 in the second quarter. I am proud that we kept our heads up and played through foul trouble and poor shooting. The was a well-deserved win for us," Coach L.J. Mead said.

For Grayling, Czapek had 11 points, 18 rebounds, 7 blocks, and 3 steals; McGuire had 18 points, 5 rebounds, and 3 assists; Dunckley had 7 points, 6 rebounds, and 3 steals; Petersen had 6 points, 2 assists, and 2 steals; and Katie Baynham had 9 points and 4 rebounds.

On Tuesday, the Vikings lost a close game at Boyne City 52-49. Grayling led 15-9 after one quarter and had a 29-21 edge at halftime. The Ramblers came back in the second half to win it.

"This was a tough loss for us since we played tough and led until the last couple of minutes of the game. Boyne had a rowdy student section that rattled our offense during the second half. Our girls battled for the entire game and I appreciate their effort," Coach Mead said.

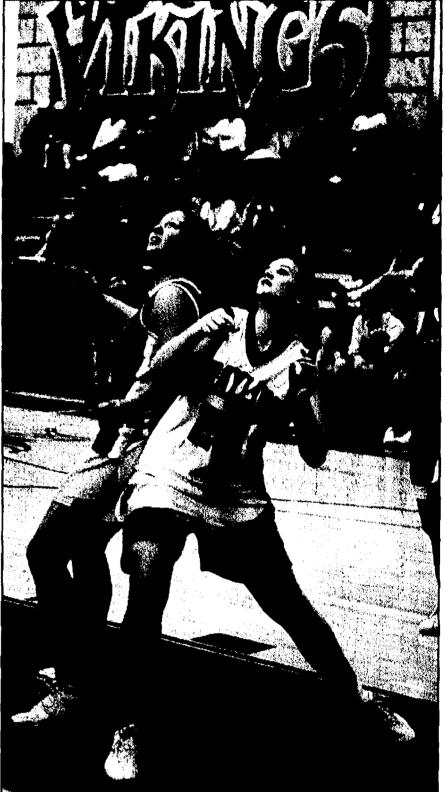
For GHS, Petersen had 7 points, 2 assist and 3 steals? Czapek had 8 points, 12 rebounds, and 8 blocks; McGuire had 10 points and 6 rebounds; Dunckley had 8 points, 4

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rebounds, and 2 steals; Baynham had 12 points and 4 rebounds; and Jodi Riddle had 4 points and

5 rebounds. Grayling's season record is

On Thursday, October 28, the Vikings play at East Jordan. On Tuesday, November 2, Grayling plays at Elk Rapids.



Photos by Caleb Casey

Kelly Dunckley fights for position on a potential rebound in last week's game vs. Ogemaw Heights.



Trisha Petersen handles the ball for the Vikings on Thursday.

Holiday Inn

Viking of the Week

Girls Basketball

Coach: L.J. Mead

KELLY DUNCKLEY

"Kelly has really picked up her

level of play ever the last cou-ple of weeks. Love her aggressive attitude and style of play," her toach said Over the last three comes are has averaged 5.9 goints, 5 rebounds, and 2 ages.

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Jodi Riddle passes the ball to a teammate.



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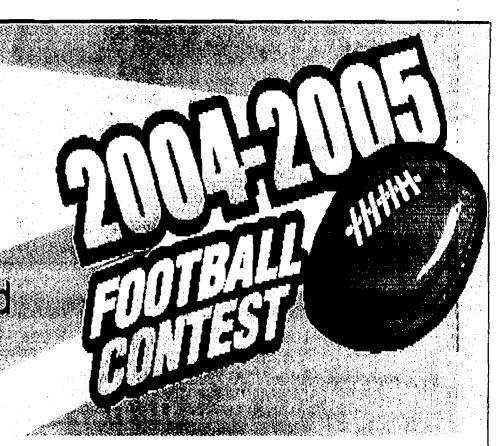
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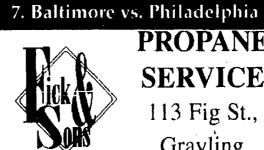
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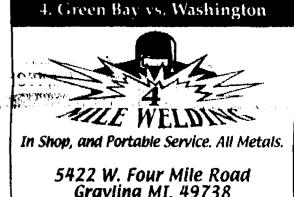
3. Cincinnati vs. Tennessee

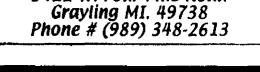
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Tiebreaker 3 Game #14_ Tiebreaker 2 Game #9 Tiebreaker 1 Game #1

Avalanche Football Contest Official Rules

(1) Contestants must list the advertiser in which each game is found. Write your prediction for the games played, advertisers and flebreakers (total points scored by both teams) on entry form. Entry form without advertisers listed will be invalid. The person with the most correct picks wine all the weekly prizes listed. If the tie breakers can not determine a winner, a drawing will be held to select a single winner. (2) One entry per person a week will be accepted. Crawford County Avalanche employees are not eligible. (3) Completed entry forms must be returned to the Avalanche no later than 5 pm Friday before each week's games. Mall slot in our door may be used Wednesday or Thursday night after 5 pm and before 9 am. Malled entries must be postmarked no later than 5 pm Friday. Mail to Crawford County Avalanche, PO Box 480, Grayling MI 48738. (4) Entries must be on an official entry form as printed in the Avalanche. No purchase necessarry to enter. Entry forms available at the Avalanche office, Winner may claim their prizes at the Avalanche office between 9 am and 5 pm weekdays, Identification and a social security number must be presented when claiming prizes.

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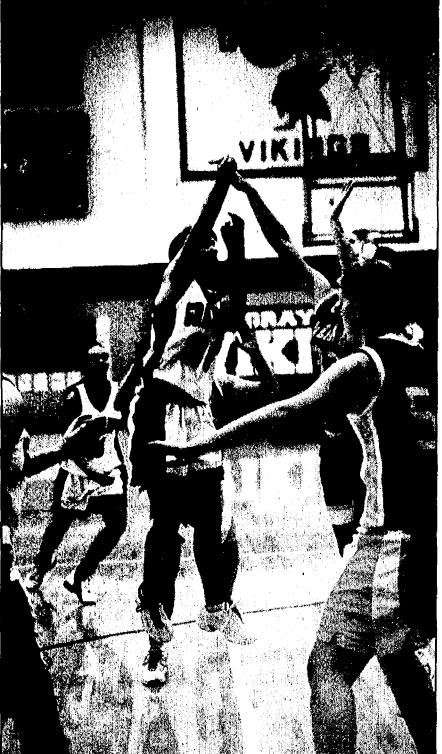
Ogemaw wins JV basketball game



Ali Ferrigan handles the ball for the Vikings on Thursday night at GHS.

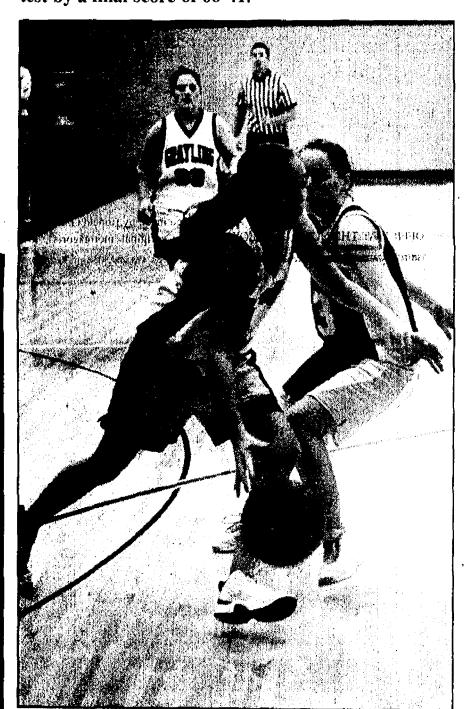


Danielle Williams looks to pass vs. Ogemaw.



Photos by Caleb Casey

Monica Leslie takes a jump shot for Grayling in last Thursday's junior varsity girls basketball game vs. West Branch Ogemaw Heights. Ogemaw won the contest by a final score of 66-41.



Kelly Lange drives toward the basket against West Branch Ogemaw Heights on Thursday.



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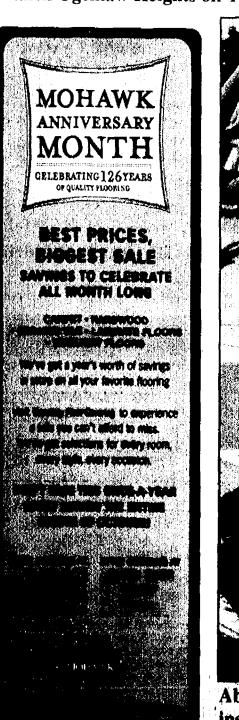
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Abby Wheeler takes an inside shot for GHS.

BOWLING LEAGUE

American Men's League Gray-Rock Cafe ..., 33 - 16 Canfield's Snowplowing , 33 - 16 GADCO 32 - 17 Fenton's Auto 22 - 27 McLeans ACE 21 - 28 A.E.I. 20 - 15 Moore's Automotive . . . 16 - 33 Scheer Motors 12 - 37 High Series: D. Canfield, 636; D. Henning, 590; L. Davis, 579. High Game: D. Canfield, 234; Larry Davis, 225; Lance Davis 212 Senior Bowling

Flowers By Josie 20 - 8 Stitches By Sue 18 - 10 Bear's Den Pizza . . . 16 - 12 Spike's Keg O' Nails . . 14 - 14 Sylvesters Sports 13 - 15 Grayling Pharmacy 12 - 16 Kicking Grass 11 - 17 Lone Pine Restaurant . 8 - 20 High Series Men: K. Harris, 615; P. Faustman, 522; K. Louchart,

High Game Men: K. Harris, 223 & 212; L. Essiambre, 202. High Series Women: H. Stairs, 465; N. Glasslee, 454; C. Clark, 448.

High Game Women: P. Harris, 189: H. Stairs, 180; N. Glasslee,

168. Friday Mixed Doubles Double Trouble 19 - 9 IMM. 18 - 10 Moshier Auto Repair 18 - 10 American Legion 18 - 10 Strike "Four'ce"...... 13 - 15 4.F.I. 12 - 16

New Guys and Gals.... 7 - 21 Bye 1 - 11 Glen's Market 15 - 13

High Game Men: D. Canfield, 267; R. Trudeau, 229; R. Moshier, 199. High Series Women: S. France, 479; K. Moshier, 467; S. Johnson, 466.

High Series Men: D. Canfield,

669; R. Trudeau, 603; D.

Wailace, 555.

High Game Women: K. Trudeau. 191; M. Moshier, 187; S. France, Pioneer League

Grayling Chiro.Clinic ... 17 - 7 Grayling Restaurant ... 14 - 10 South Side River Rats ... 14 - 10 Chemical Bank 11 - 13 Custom Interior 11 - 13 Rochette's 11 - 13 AJD Forest Product 10 - 14 McDonald's 8 - 16 High Series: T. Hellebuyck, 526; N. Trudeau, 500; N. Glasslee, High Game: N. Trudeau, 193; T.

Hellebuyck and T. Rock, 190. **Northwood League** Carey & Jaskowski. 20 - 8 Choppers Spares 18 - 10 Bud Lite Babes 15 - 13 Great Lk Mortgage 15 - 13 USA Trailer 13 - 15 Hals Masonry 13 - 15 Warbler Chicks 13 - 15 Chaos 3 - 25

High Game: M. Cole, 183 and 182; A. Gugin, 170. Recreation League Grayling Nursing Center . . 21 - 7 Hawk Ridge Golf. . . . 19 - 9

High Series: M. Cole, 511; J.

Harris, 450; T. Hellebuyck, 435.

American Legion 14 - 14 Peterson Saw Service . . . 12 - 16 Mickey Perez CPA . . . 11 - 17 Woody Girls 10 - 18 Coldwell Banker 10 - 18 High Series: D. Lobsinger, 538; H. Stairs, 468; P. D'Amour, 461. High Game: D. Lobsinger, 198; H. Stairs & L. Johnson, 178. **National First**

Denholm Chiropractic . . 28 - 14 Hart Pontiac-GMC.... 26 - 16 Corky's Karaoke 26 - 16 Legion Lanes..... 23 - 19 Faustman's Insurance....22 - 20 Ole Barn 20 - 22 Sawmill 14 - 28 E-Z Built Homes 9 - 33 High Series: P. Miller, 666; C. Brill, 654; J. Robideau, 565. High Game: P. Miller, 248; C. Brill, 245; A. Angove and J.

Sunday Mixed Doubles Fritch Electric 34 - 15

Robideau, 236.

Weyerhaeuser 27 - 22 Little Tyke Daycare. . . . 25 - 24 Denny's Village Idiots . . 22 - 27 AJD Forest Products . . . 20 - 29 Dennco 19 - 30 High Series Men: D. Canfield, 683; S. Miller, 622; K. Slater, High Game Men: D. Canfield,

277; S. Miller, 227; J. Meharg, High Series Women: M. Miller, 561; S. France, 452; E. Slater and M. Cole, 448.

High Game Women: M. Miller, 211; E. Salter, 199; S. France

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Notice Of Mortgage **Foreclosure Sale**

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ATTN PURCHASERS: This sale may be rescinded by the foreclosing mortgagee. In that event, your damages, if any, shall be limited solely to the return of the bid amount tendered at sale, plus interest.

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by Ronald G. Ruchle, a single OFFICE AT THE NUMBER BELOW IF to man, original mortgagor(s), to Empire

YOU ARE IN ACTIVE MILITARY National Bank, Mortgagee, dated December 23, 1996, and recorded on December 30, 1996 in Liber 423 on Page 189, in Crawford county records, Michigan, on which mortgage there is claimed to be due at the date hereof the sum of Fifty-Five Thousand Two Hundred Forty-Two And 86/100 Dollars (\$55,242.86), including interest at 8.25% per annum.

Under the power of sale contained in

said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, at the Front door of the County building in

Grayling at 10:00 AM, on November 10,

2004. Said premises are situated in Township of South Branch, Crawford County,

Michigan, and are described as: Parcel 5A: being a part of the Southeast 1/4 of the Southeast 1/4 of Section 28, Town 25 North, Range 2 West, South Branch Township, Crawford County, Michigan, described as: commencing at the Southeast corner of said Section 28; thence North 89 degrees 15 minutes West, along the section line, 511.88 feet for a place of beginning; thence continuing North 89 degrees 15 minutes West, 200.00 feet; thence North 0 degrees 03 minutes East, 618.68 feet; thence South 89 degrees 18 minutes East, 200.00 feet; thence South 0 degrees 03 minutes West, 618.86 feet, to the place of beginning,

The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with MCLA 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

Township of South Branch, County of

Crawford, State of Michigan

Dated: October 7, 2004 For more information, please call: FC M 248.593.1306

Trott & Trott, P.C.

Attorneys For The Huntington National Bank f/k/a Empire National

30400 Telegraph Rd Ste 200 Bingham Farms, Michigan 48025-

File #032632F02

-7-14-21-28 **NOTICE OF** MORTGAGE SALE PRIVATE **FORECLOSURE** NOTICE

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DEFAULT having been made in the terms and conditions of a certain mortgage made by TIMOTHY J. ROSS and DONNA L. ROSS, husband and wife, presently of, 7139 Chaffin Road, Frederic, Michigan 49733, Mortgagors, to First Federal Savings & Loan Association n/k/a First Federal of Northern Michigan, Mortgagee, dated the 26th day of July, 2001, and recorded in the Office of the Register of Deeds for the County of Crawford and State of Michigan, on the 8th day of August, 2001, in Liber 0548 of County Records, pages 192-200, on which mortgage there is claimed to be due, at the date of this notice, for principal and interest, the sum of Sixty Three

Thousand Seven Hundred Eighty Five and 85/100 Dollars (\$63,785.85). And no suit or proceedings at law or in equity having been instituted to recover the debt now remaining secured by said Mortgage or any part thereof whereby the power of sale contained in said Mortgage has

of sale contained in said Mortgage, and pursuant to the statute of the State of Michigan in such case made and provided, notice is hereby given that on Wednesday, the 10th day of November. 2004, at 10:00 o'clock a.m., tocal time, said mortgage will be foreclosed by a sale at public auction, to the highest bidder, at the main entrance, Crawford County Court Facility, 200 W. Michigan Ave., Grayling, Michigan, being the place of holding Circuit Court for Crawford County, Michigan, of the premises described in said mortgage, or so much thereof as may be necessary to pay the amount due, as aforesaid, on said mortgage, with the interest thereon at 7.375% per annum and all legal costs, charges and expenses, including the attorney fees allowed by law, and also any sum or sums which may be paid by the undersigned, necessary to protect its interest in the premises, which said premises are described as follows: All that certain piece or parcel of land situated in the Township of Frederic, County of Crawford, and State of Michigan and

Parcel 26C: Part of the Southwest 1/4 of the Southeast 1/4 of Section 26, Town 28 North, Range 4 West; Commencing at minutes East 656.52 feet; thence North 89 West 656.40 feet; thence South 89 degrees 49 minutes 04 seconds West 100 feet to the Point of Beginning.

and egress over Parcel 26-D (Property lying South of Subject Property), as reserved in Deed recorded in Liber 196, Pages 474 and 475, Crawford County Records. This easement shall continue so long as the same may be necessary and required for ingress and egress to and from Parcel 26-C after which it shall cease and come to an end. The redemption period shall be six (6) months from the date of such sale, unless determined abandoned in accordance with 1948CL 600.3241a, in which case the redemption period shall be 30 days from the date of

FIRST FEDERAL SAVINGS & LOAN ASSOCIATION n/k/n FIRST FEDERAL OF NORTHERN MICHI-GAN

Alpena, MI 49707 Dated: September 17, 2004 Keith Wallace, P21932 Isackson & Wallace, P.C. Attorney for Mortgagee, Pirst Pederal of Northern Michigan 114 S. Second Avenue

become operative. Now, therefore, by virtue of the power

described as follows, to-wit: the South 1/4 corner of said Section 26; thence North 89 degrees 45 minutes 00 seconds East along the section line, 129.58 feet; thence North 00 degrees 50 minutes East, 656.52 feet to the Point of beginning; thence North 00 degrees 50 degrees 53 minutes 08 seconds East 100 feet; thence South 00 degrees 50 minutes

Together with an Easement for ingress such sale.

MORTGAGEE:

100 S. Second Avenue

Alpena, Michigan 49707 -30-7-14-21-28

GENERAL ELECTION NOTICE

To all qualified electors of Crawford County:

The general election will be held Tuesday, November 2, 2004 for the purpose of electing candidates and voting on statewide, county & township proposals for the following:

President & Vice President of the United States United States Representatives in congress - 1st District Representative in State Legislature - 106th District Members of The State Board of Education Members of The University of Michigan Board of Regents Members of The Michigan State University Board of Trustees Members of Wayne State University Board of Governors Prosecuting Attorney

> Sheriff County Clerk/Register of Deeds County Treasurer Road Commissioner County Commissioner - Districts 1-7 Township Supervisor Township Clerk Township Treasurer **Township Trustees** Township Constable Justice of the Supreme Court Judge of the Court of Appeals - 4th District Judge of the Circuit Court - 46th Circuit Justices of The Supreme Court

Judge of The Court of Appeals Judge of The Circuit Court Proposal 04-1 A proposal to amend the State Constitution to require voter approval of any form of gambling authorized

by law and certain new state lottery games.

Proposal 04-2

A proposal to amend the State Constitution to specify what can be recognized as a "marriage or similar, union" for any purpose.

County Proposal - Crawford County Police Protection Millage Proposal:

Shall the limitation upon the total amount of general and ad valorem taxes imposed upon real and tangible personal property for all purposed in any one year under the Michigan Constitution be increased in the County of Crawford, Michigan by 0.90 mill for a period of 5 years, 2005 through 2009, inclusive for the purpose of paying costs of police protection services to be provided through the County Sheriff's Department, including costs of 24-hour road patrol and Sheriff's Department staffing & equipment? The amount of revenue the County will collect if that millage is approved and levied by the County if that millage is approved and levied by the County in the first year is estimated to be \$457,105. The proposal is for a new additional millage the revenue from which would be disbursed to the County of Crawford.

Beaver Creek Proposal - Shall the previous voted fixed millage rate authorized at 1.00 mill which has been reduced to .9701 mills due to the required Headlee Reduction be increased by .0299 mill for levy on taxable value within Beaver Creek Township in the years 2004 through 2007, inclusive for township operating purposes; which levy will raise in the first year of levy the sum of \$2,315?

The polls of said election will be open at 7:00 a.m. and will remain open until 8:00 p.m. on Tuesday, November 2, 2004.

Voting Precinct Locations:

101 Beaver Creek Two. Office, 8888 S. Grayling Rd. Grayling, MI 49738

201 Frederic Twp Office, 7565 W. Co Rd. 612, Frederic, MI 49733

302,304,305,306 & 307 Grayling Twp. Office, 2090 Viking Way, Grayling, MI 49738

401 Lovells Twp. Office, 8405 Twin Bridge Rd., Grayling, MI 49738 501 Maple Forest Twp. Office, 8996 N. Sherman Rd., Grayling, MI 49738 601 South Branch Twp. Office, 5245 M-18, Roscommon, MI 48653

701 Grayling City Office, 1020 City Blvd., Grayling, MI 49738

Sendra Moore County Clerk

2005 DOG LICENSES ARE NOW AVAILABLE FEES ARE \$15.00 FOR MALE AND FEMALE ANIMALS \$8.00 FOR SPAYED OR NEUTERED ANIMALS You must have proof of spaying or neutering and proof of a valid

NOTICE TO ALL DOG OWNERS

If the Rables shot becomes void within 30 days you cannot purchase a license. If the Rabies vaccination becomes void during the year the license is no longer valid.

Rabies vaccination in order to purchase a dog license.

Dog licenses may be purchased beginning November 1st from the following locations:

> Beaver Creek Township Hall Frederic Township Hall Lovells Township Hall Maple Forest Treasurer South Branch Township Hall Crawford County Treasurer's Office Grayling Hospital for Animals Roscommon Veterinary Office Crawford County Animal Shelter **Crawford County Animal Control Officer**

After March 1st licenses will only be available from the Crawford County Treasurer and the Crawford County Animal Control Officer. Beginning March 1 all license fees will be \$25.00. Licenses may be purchased by mail from the Crawford County Treasurer's Office only. You must send the proof of a valid Rabies shot and proof of neutering or spaying along with a check or money order.

Send to: Crawford County Treasurer's Office 200 W. Michigan Avenue Grayling, MI 49738

Joseph V. Wakelev Crawford County Treasurer (989) 344-3231

Gall Foouth Crawford County Animal Control (989) 344-3273

LEGAL ACTION

FORECLOSURE NOTICE (ALL COUNTIES)

Detroit Legal News, 1409 Allen Road, Suite B, Troy, MI 48083-4003; Wayne, Oakland and Macomb Counties-Phone (248) 577-6100

AS A DEBT COLLECTOR, WE ARE ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE, NOTIFY (248) 362-6100 IF YOU ARE IN ACTIVE MILI-TARY DUTY.

MORTGAGE SALE - Default having been made in the terms and conditions of a certain Mortgage made by Claudine K. Stocker, a married woman, of Crawford County, Michigan to LONG BEACH MORTGAGE COMPANY, dated the 7th day of December, A.D. 1998, and recorded in the office of the Register of Deeds for the County of Crawford and the State of Michigan on the 10th day of March, A.D. 1999, in Liber 476 of Crawford County Records, page 352, which said mortgage was thereafter on, to-wit the 25th day of March, A.D. 2004, assigned to JP Morgan Chase Bank, formerly known as Chase Manhattan Bank, as Trustee for Asset Backed Securities Corporation Home Equity Loan Trust 1999-LB1, thru mesne assignments and recorded on April 5, 2004 in the office of Register of Deeds in Liber 667 for said County of Crawford Records, on page 144, on which mortgage there is claimed

to be due, at the date of this notice, for principal and interest, the sum of \$27,618.61 (Twenty seven thousand Six hundred eighteen dollars and Sixty one cents) including interest there on at 10.99% (Ten point nine nine) percent per

And no suit proceedings at law or in equity having been instituted to recover the debt secured by said mortgage or any part thereof. Now, therefore, by virtue of the power of sale contained in said mortgage, and pursuant to the statute of the State of Michigan in such case made and provided, notice is hereby given that on the 19th day of May, A.D. 2004, at 10:00 a.m. o'clock said mortgage will be foreclosed by a sale at public auction, to the highest bidder, at the front door to the county building, in Grayling, Michigan, Crawford County, Michigan, of the premises described in said mortgage. Which said premises are described as follows: All that certain piece or parcel of land situate in the Township of Beaver Creek, in the County of Crawford and State of Michigan and described as fol-

The South 1/2 of East 1/2 of West 1/2 of the West 1/2 of the Southwest 1/4 of the Southeast 1/4; Section 17, Town 25 North, Range 3 West. Tax 1D: 050-017-015-040-00

The redemption period shall be six months from the date of such sale, unless determined abandoned in accordance with 1948CL 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

Dated; April 15, 2004 WELTMAN, WEINBERG & REIS

CO., L.P.A. By: Daniel E. Best, (P-58501)

Attorney for Assignee of Mortgagee Weltman, Weinberg & Reis Co., L.P.A. 755 W. Big Beaver Road, Suite 1820 Troy, Michigan 48084 WWR#03483017 -21-28-4-11

Notice Of Mortgage Foreclosure Sale

Robert A. Tremain & Associates, P.C. is a debt collector and we are attempting to collect a debt and any information obtained will be used for

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by KENNETH P DEAN AND MICHELLE Y DEAN HUSBAND, AND WIFE to MORTGAGE CAPITAL ASSO-CIATES, INC. ITS SUCCESSORS AND/OR ASSIGNS, Mortgagee, dated September 15, 2000, and recorded on September 27, 2000 in Liber 518 on Page 511, in CRAWFORD county records, Michigan, and assigned by MESNE assignment to THE BANK OF NEW YORK, ACTING SOLELY IN ITS CAPACITY AS TRUSTEE FOR EQCC TRUST 2001-2 on which mortgage there is claimed to be due at the date hereof the sum of forty four thousand four hundred seventy five and 49/100 Dollars (\$44,475.49), including interest at 9.125% per annum, with adjustable rate

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, at the front door of the County Building in Grayling at 10:00 AM, on November 24, 2004.

Said premises are situated in CITY OF GRAYLING, CRAWFORD County, Michigan, and are described as: LOTS 11 AND 12, BLOCK 3, OF ROFFEE'S ADDITION TO THE VILLAGE (NOW CITY) OF GRAYLING, CRAWFORD COUNTY, MICHIGAN, ACCORDING TO THE PLAT THEREOF RECORDED IN LIBER 1 OF PLATS, PAGE 11, CRAWFORD COUNTY RECORDS

The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with 1948CL 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

Dated: October 21, 2004 ATTORNEY FOR: Assignee of

Robert A. Tremain & Associates, P.C. 401 South Old Woodward Avenue

Birmingham, MI 48009-6616 For Information please call: (248) 540-7701

THE BANK OF NEW YORK, ACT-ING SOLELY IN ITS CAPACITY AS TRUSTEE FOR EQCC TRUST 2001-2 Assignce of Mortgagee -21-28-4-11

STATE OF MICHIGAN IN THE DISTRICT COURT FOR THE 87TH JUDICIAL

DISTRICT FIRST NATIONAL ACCEPTANCE CO., Case No. 04-2536-SP1

Plaintiff,

ESTATE OF ALAN E. TROSELL, AND ALL HEIRS, DEVISESS, LEGA-TEES, AND ASSIGNS, INCLUDING THOSE WHO ARE LEGALLY INCOMPETENT TO ACT ON THEIR OWN BEHALF AND HAVING AN INTEREST IN REAL PROPERTY 10818 DUPREY, C/K/A ROSCOMMON, MI 48653, AND OCCUPANT.

Sotiroff & Abramczyk, P.C. By: Keith A. Sotiroff (P42904)

Attorney for Plaintiff 30400 Telegraph Road, Ste 444 Bingham Farms, MI 48025-4541 248 642-6000

ORDER UNDER MCR 2.105 (I) PERMITTING SERVICE OF PROCESS BY PUBLICATION **UNDER MCR 2.106 UPON ESTATE** OF ALAN E. TROSELL AND OCCU-PANT AND ORDERING SAID DEFENDANTS TO ANSWER.

At a session of said Court, held in the Courthouse, Grayling, Michigan, on:

October 6, 2004 Present: HON: Hunter, District Court

Plaintiff having filed its Summons and Complaint after land contract forfeiture and having filed herewith its Motion under MCR 2.105(I) for an Order Permitting Service of Process by Publication under MCR 2.106 and for an Order to Answer, and the Court otherwise being fully advised in the premises.

IT IS FURTHER ORDERED, that service of process of this Order and Summons and Complaint heretofore filed, may be made upon said Defendants by publication of a copy of this Order once each week for three consecutive weeks in a newspaper in circulation in Crawford County, Michigan, and by sending a copy of this Order to said Defendants at 10818 Duprey, Roscommon, MI 48653, and to

John M. E. Trosell, at P.O. Box 123, Roscommon, MI 48653, by registered or certified mail, return receipt requested, before the date of the last publication.

Mortgage Sale

Robert A. Tremain & Associates, P.C. is a debt collector and we are attempting to collect a debt and any information obtained will be used for that purpose. MORTGAGE SALE - Default has

been made in the conditions of a mortgage made by MICHELE SIVRAIS, AN UNMARRIED WOMAN to MORT-GAGE ELECTRONIC REGISTRATION SYSTEMS, INC., SOLEY AS NOMI-NEE FOR LENDER, Lender is OLD KENT MORTGAGE COMPANY, now known as MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC., SOLBY AS NOMINEE FOR LENDER FIFTH THIRD MORTGAGE COMPA-NY, Mortgagee, dated December 27, 2000, and re-recorded on September 23, 2004, in Liber 671 on Page 627, CRAWFORD County Records, Michigan, on which mortgage there is claimed to be due at the date hereof the sum of sixty-four thousand nine hundred and 95/100 Dollars (\$64,900.95), includ-

ing interest at 7.875% per annum. Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, at the front door of the County Building, Grayling, MI, at 10:00 AM, on November 17, 2004.

Said premises are situated in TOWN-SHIP OF LOVELLS, CRAWFORD County, Michigan, and are described as: LOTS 28 AND 29 CREEKVIEW NO. 1, TOWNSHIP OF LOVELLS, CRAW-COUNTY, MICHIGAN ACCORDING TO THE RECORDED PLAT THEREOF, AS RECORDED IN LIBER 2 OF PLATS, PAGE 23, CRAWFORD COUNTY RECORDS.

The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with 1948CL 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

Dated: October 14, 2004 MORTGAGE ELECTRONIC REGISTRATION SYSTEMS., INC. SOLEY AS NOMINEE FOR

LENDER FIFTH THIRD MORTGAGE COM PANY

ATTORNEY FOR: Mortgagee Robert A. Tremain & Associates, P.C. 401 South Old Woodward Avenue

Suite 300 Birmingham, MI 48009-6616 For information please call:

248) 540-7701

-14-21-28-4 **Notice Of** Mortgage

TOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE, PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY

ATTN PURCHASERS: This sale may

Foreciosure Sale

be rescinded by the foreclosing mortgagee. In that event, your damages, if any, shall be limited solely to the return of the bid amount tendered at sale, plus interest.

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by Sean M. Kenyon and Tracie L. Kenyon, husband and wife. original mortgagor(s), to AmeriFirst Financial Corporation, Mortgagee, dated April 30, 1999, and recorded on May 18, 1999 in Liber 481 on Page 523, and assigned by said Mortgagee to Chase Manhattan Mortgage Corporation as assignee by an assignment dated April 30, 1999 recorded on July 13, 1999 in Liber 485 on Page 591, in Crawford county records, Michigan, on which mortgage there is claimed to be due at the date hereof the sum of Fifty-Eight Thousand One Hundred Fifty-Seven And 35/100 Dollars (\$58,157.35), including interest at

7.875% per annum. Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, at the Front door of the County building in Grayling at 10:00 AM, on November 10,

Said premises are situated in City of Grayling, Crawford County, Michigan, and are described as: Lot 16, Block 2, Karen Woods Subdivision, according to the plat thereof as recorded in Liber 1 of Plats, page 44, Crawford County Records. And Also: Parcel A, the Southwest 1/2 of Lot 17, Block 2, Karen Woods Subdivision, a recorded Plat, as shown on Certificate of Survey recorded in Liber 140, Page 494, Crawford County

Records. The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with MCLA 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

Dated: October 7, 2004 For more information, please call: FC S 248.593.1304 Trott & Trott, P.C. Attorneys For Chase Manhattan Mortgage Corporation

30400 Telegraph Rd Ste 200 Bingham Farms, Michigan 48025-

File #035889F01

-7-14-21-28

KIRTLAND COMMUNITY COLLEGE **INVITATION TO BID** CTC/AUDITORIUM BUILDING PARTIAL RE-ROOF

Kirtland Community College will receive sealed proposals from qualified general contractor bidders for the re-roofing of portions of the CTC/Auditorium Building located on the main campus at 10775 N. St. Helen Road, Roscommon, Michigan.

The project includes re-roofing portions of the existing building, installation of new roof drains including roof sumps, rain leads and conductors, installation of underground storm drain, minor concrete demolition and patching, minor asphalt paving demolition and patching, sitework including excavation for underground storm drains and associated restoration, a new metal roof access ladder, new roof hatch guard, supplemental metal guard fabrication at the existing roof hatch ladder, and demolition of existing roof mounted condensing units.

The owner has received bids for the roofing trades portion of the work. The bid by the successful roofing contractor will be provided to general contractor bidders for inclusion in the bid. The general contractor will be responsible for roofing subcontractor under the same provisions as all other sub-contractors.

There will be a mandatory pre-bid meeting held at 1:00 p.m. on Wednesday, November 3, 2004 in the Physical Plant break room located in the Arts/Maintenance Building. This meeting will consist of a brief informational meeting and review of bidding requirements followed by a walk-thru of the proposed project. Attendance is mandatory for all bidders.

Proposals may be mailed or delivered to Kirtland Community College, c/o JoAnn Comerford, Director of Physical Plant, Kirtland Community College, 10775 N. St. Helen Road, Roscommon, MI 48653. Proposals must be received prior to 3:00 p.m. (local time) on Wednesday, November 10, 2004. Proposals will be opened and publicly read in the Maintenance Break Room located in the Art/Maintenance Building on the main campus immediately following the closing of the bidding period. Kitland Community College will not consider or accept a bid received after the date and time specified for bid submission. All bids will be evaluated at a later date. The Owner will award the project contract(s) on or about November 12, 2004.

Single proposals will be received for the work of all trades for this project. Bidding documents will be available on or about Friday, October 29, 2004 and will be on file for inspection at the office of DEM Architects & Associates, Gaylord, Michigan and at the following locations:

Kirtland Community College, Physical Plant Office Construction Association of Michigan in Bloomfield Hills, MI Reed Construction Data in Novi, Michigan

Builders Exchanges in Traverse City, and Tri-City (Saginaw) North Central Michigan Plan Room, Gaylord Northeast Michigan Plan Room in Alpena, Michigan

A \$30.00 nonrefundable fee per set must be received by DEM Architects & Associates, 611 North Center Ave., Gaylord, MI 49735 prior to issuance of documents. Checks are to be made payable to Kirtland Community College. A maximum of three (3) sets available to each Contractor and one (1) set available to subcontractor.

Bid security in the amount of five percent (5%) of base bid shall accompany each proposal in the form of a bid bond, cashlers check or money order payable to Kirtland Community College. A personal or company check does not constitute a bid security.

Proposals shall be submitted on the proposal forms provided in the bidding documents and shall be completely filled in and executed in accordance with the contract documents. The successful bidder will be required to furnish surety bonds as stated in the contract documents: Performance bond (100%), Labor and Material Payment Bond (100%).

Kirtland Community College reserves the right to reject any or all proposals, to accept other than a low bid, and to waive informal-Ities, irregularities, and/or errors in proposals, which they feel is in their best interest. Bids may not be withdrawn for a period of thirty (30) days after the opening of bids.

GRAYLING TOWNSHIP NOTICE OF PUBLIC HEARING FOR THE PURPOSE OF ESTABLISHING A SPECIAL

ASSESSMENT DISTRICT IN PINEHURST SUBDIVISION Grayling Township will hold a public hearing to take public comment

on the need to establish a special assessment district for the purpose of snowplowing and general maintenance on Fidlewood Drive and Turkey Run Drive.

The hearing will begin at 6:45 p.m. in the Grayling Township meeting room at 2090 Viking Way, on Wednesday, November 10th.

This is the second and final hearing under Public Act 188 of 1954, necessary for the establishment of a special assessment. All interested persons should attend.

For further information, contact Terry Wright, Supervisor, at (989) 348-4361.

Terry R. Wright Supervisor

NOTICE OF PUBLIC HEARING TO ESTABLISH A REGULAR **ELECTION DATE**

Please take notice that pursuant to the provisions of the Consolidated Election Law enacted in December of 2003, the Board of Education for the COOR Intermediate School District will conduct a public hearing on the establishment of a new regular election date pursuant to law.

The dates authorized by law for school regular elections are:

(a) The odd year May regular election date.

ular election date on a biennial basis.

(b) The general election date in both even and odd years. (c) The May regular election date in both even and odd years.

The board has tentatively established the odd year May as the reg-

The hearing will be held at the COOR intermediate School District at 6:50 P.M. in the Board room on the 10th date of November, 2004.

If the Board of Education fails to approve the tentative election date or any other date authorized by law, the regular election will be held at the odd year general election held in November commencing with the election to be held November 2, 2005.

The Board of Education is authorized by law to adopt a resolution setting the regular election date immediately subsequent to the public hearing.

Bernadine A. Dosch Secretary, Board of Education

GRAYLING TOWNSHIP NOTICE OF PUBLIC HEARING

FOR THE PURPOSE OF ESTABLISHING A SPECIAL ASSESSMENT DISTRICT ON GREENTREE DRIVE

Grayling Township will hold a public hearing to take public comment on the need to establish a special assessment district for the purpose of snowplowing and general maintenance on Greentree

The hearing will begin at 7:00 p.m. in the Grayling Township meeting room at 2090 Viking Way, on Wednesday, November 10th.

This is the second and final hearing under Public Act 188 of 1954, necessary for the establishment of a special assessment. All interested persons should attend.

For further information, contact Terry Wright, Supervisor, at (989) 348-4361.

Terry R. Wright Supervisor

PUBLIC NOTICE TO RESIDENTS WITHIN 300 FEET

Frederic Township resident be notified the Planning Commission will be holding a public hearing on November 1, 2004 at 7:00 pm in the Frederic Township Hall, located at 7564 C.R. 612, to hear the following case:

2004 Z 506 Owner:

the use of a motorcycle repair shop.

David Fehrenbach, Petitioner 7290 N. Old 27 Frederic Township

Parcel # 20-031-026-013-040-00 The Petitioner is requesting to construct a 32x48 garage for

The Planning Commission will also be holding a public hearing on the re-wording of the enforcement ordinance 98-2 Section 33. The planning commission will also hear any concerns that come in front of the board.

Tentative text and zoning maps may be examined in the Frederic Township Office, during regular business hours.

Correspondence may be directed to: Frederic Township Zoning Dept, P.O. Box 78, Frederic, MI 49733. Telephone: (989) 348-8778.

Douglas J. Pratt Frederic Twp. Zoning Administrator

Notices in Newspapers vered Pier Your Door.





h October 29, 1981 - A Charlevoix Rayder running back ziallo tries to break free down the sidelines but Dave Martella dives in the snow to make an ankle tackle.

osno d 23 Years Ago 6 yd b October 29, 1981

Two easy winters in a row have ni go area residents worried that the ,01 ro snowstorm that hit Grayling on no vir Friday, October 23, might be the diminiful start of a long winter.

The Crawford AuSable School lo la Board approved a request by the New Alliance for Education to hold a special election December 10 to seek 3.75 mills to reopen Frederic Elementary School, return 20 teachers to classrooms, and restore other cuts into education programs made this year.

Three candidates - William Dennis Sloan, Doris Harland and Gordon "Sandy" Thompson - are on the ballot for two four-year Grayling City council seats. The four year terms of councilmen

RECIPE

OF THE

8025

21.28

166

seek re-election. Seniors Terry Norman and Jody Yoder were named Grayling High School 1981 Homecoming King and Queen last Friday night.

Horace Failing and Thompson are

expiring. Failing has chose not to

Crawford County Sheriff Department Detective Charles Haas and Sheriff Deputy David Lovely worked together last week to recover about \$7,000 in stolen goods.

46 Years Ago October 30, 1958

Mrs. B.E. Henig surprised her husband with a party celebration for his birthday last Wednesday, October 22, when eighteen friends dropped in to give their good wishes. The group proceeded to Scott's for dinner.

The Public Health Clinic was held on October 22 for the purpose of giving first dose polio shots to children from one year through high school age. Seventy-five Crawford County children received these polio shots.

69 Years Ago October 31, 1935

The first real snow storm of the season came early this afternoon, and continued to nearly noon. Skies are heavy with moisture and a steady rain has fallen since. This is much too early for winter to begin.

A total of 555 drilling permits has been issued during the first ten months of 1935 by the Geology Division of the Department of Conservation. This is a new high record for Michigan, exceeding last year's mark by an even hundred. Since 1935 approximately 3,000 wells have been drilled for oil in Michigan.

T. P. Peterson was elected 3rd vice-president of the Eastern Michigan Tourist association at the Log Office in Bay City Tuesday. Among those from Grayling in attendance were Mr. Peterson, Mayor C.W. Olsen, Holger Peterson, Fred Welch, George Burke, Charles E. Moore, Mrs. Thomas Cassidy, Roy Trudgeon and O. P. Schumann.

One of the nicest Hallowe'en parties of the season was that given Tuesday at the Frank Sales home. Miss Madonna Carriveau presided as hostess, and guests were members of the Girl Graduate Sewing Club. The occasion was also a miscellaneous shower to honor Mrs. William LaGrow. The evening was

Apple Mini Tarts

1/3 cup ice water

2 Tbs. brown sugar

THE FEE PERSONAGINATION ASPECIAL

Apple Filling

3 large apples

enjoyed with games and contests appropriate for the Hallowe'en season and prizes were won by Miss Dorothy Roberts, Mrs. Floyd San Cartier, Mrs. William Foley, Miss Mildred Hanson and Miss Martha Sorenson.

Mr. and Mrs. Jack Bigham of Frederic are redecorating and repairing the Frederic Hotel, which they purchased recently.

Melroy's Garage and Service Station is a new addition to the business section of Frederic and is located on the northern edge of town, on US-27.

Peter Lovely has rented the Grayling Bakery and is giving the place a complete renovation and redecorations. He will be open for business, he says, by November 9th. Mr. Lovely is a fine cook and baker and knows how a bakery should be operated. We bespeak for him a fine new business success in this new enterprise.

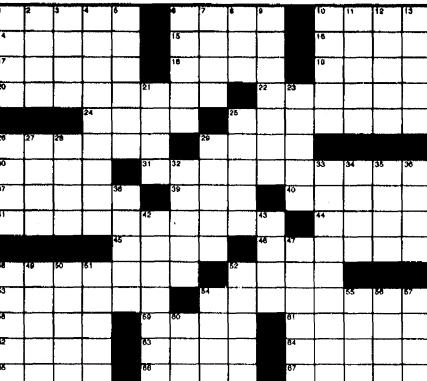
92 Years Ago October 31, 1912

A. A. Ellsworth, of this city, and J. Kalahar of Frederic, were elected last week by the county Board of Supervisors, as members of the Count Board of School examiners. Seventy-two new voters were registered last week Saturday for the coming election.

LeRoy Smith is the new assistant at the Model Bakery.

Miss Foreman has resigned her position at Miss Sias' millinery

One half of the forty pupils belonging to the sixth grade were neither absent nor tardy during the month of October. The number included fourteen girls and six boys.



ACROSS Evidence of some past thing.
 Judicial order commanding the receiver to refrain from performing an

10. A test. 14. One of two or more striving to obtain something that only one can English experimental group Broadcast CD, Sound (Limited) Old Spanish silver coin equal to

eight reels. 17. Drama set to music and made up of vocal pieces. Facto, by the fact itself

 Long, narrow opening.
 Hunting dogs breeds originally developed for driving game from bur-22. Irish princess in Authurian legendwho had a love affair with the knight, Tristan

24. One dollar bills. 25. Outcast son of Abraham. 26. Roby _, Australian WWI flying ace. 29. Long Japanese zither having 13

strings.
30. Minerals containing valuable constituents for which they are mined and worked. 31. Storms of snow. 37. Installed drainage tiles in. 39. Acronym for Individual Retirement

Account. 40. To rot. 41. 31st days of October. 44. Perpendicular stripe on a heraldic

45. Festive occasion, especially a lavish social event. Came to be duly worthy of 48. Archaic form of submissive.

Occasion where goods are marked down in price. 53. Long-legged shore bird with slender, upturned beaks. 54. One that compiles data obtained

in a poll. 58. To hide and lie in wait. 59. Something visible but without sub-

61. Illegally high rate of interest charges on borrowed money.
62. Acronym for Apple Library for Object Embedding higher 63. Word that constitutes the distinctive designation of a person. 64. Firm, durable, twilled fabric woven

with colored warp and white filling threads. 65. Fortune _, film starring Carl Weathers. them in overlapping slices. Mix brown sugar, milk and 66. Cheats, frauds or swindles 67. Cutting sides of blades.

 Moderately fast gait of a horse.
 Brought by aging to full flavor. To affirm positively.

Stritch, Ruby Felnburg in Cocoon: The Return. producing a vibrating 6. Moves, sound. 7. Slang for discusses freely and at

length. Acronym International Headache Society. 9. Adherents of any branch of Taoism 10. _ salts, used to reduce inflamma-

co-author of Characters Illustrated Profiles of People in the 12. Away from one's thought or con sideration. 13. Motor lodge.
21. Acronym for Electronic Emitter

Location System 23. Means of putting liquids into the body with a syringe. 25. Someone from lowa 26. Nocturnal insect with hairlike antennae, a stout body and a frenu

lum. 27. Melody. 1917 film directed by 28. Cactus Fred Hibbard. 29. Former country of eastern Asia between the Yellow Sea and Sea of

Wilhelm Gade, Dutch composer 33. Burdened psychologically. 34. Having a chestnut, bay or sorrel coat thickly sprinkled with white or

gray. 35. Relatively great interval. Vehicle on runners for transporta tion on snow. 38. Motherless calf in a range herd of

42. Gradually deteriorating.
43. Something that confirms, ratifles or makes secure. 47. To make indirect reference. 48. Dish of raw vegetables, often

served with a dressing. 49. Fleshy mass of tissue suspended from the center of the soft palate. 50. Soft nonmetallic element used in 61; Maria _, fourth album was High

52. Bottoms of the shoes. 54. Dignifled display. 55. Eileen _, Hong Kong action star. 56. _ Canal. 57. Surf spot in Santa Cruz, CA. 60. Period of rotation of the earth on

ANSWERS IN THE CLASSIFIEDS

WEEK

Tart Shells:

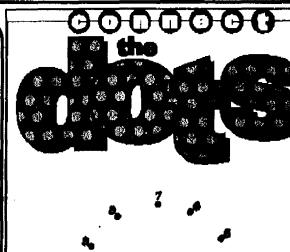
2 cups flour 1 tsp. sugar Pinch of salt

3/4 cups cold butter or margarine cul into pieces

NOISIVIUMUS TRAILEM TO NOTIFIED TO THE MEMBERS AND NOISIVIUM TO THE PROPERTY OF THE PROPERTY O For tart shells, combine flour, sugar and salt in large bowl. Using pastry blender, cut butter into dry ingredients until mixture resembles crumbly corn jagged cookie cutter and press into prepared mini tart meal. Add water, 1 tablespoon at a time, kneading mixture until dough forms a ball. Wrap dough in plastic wrap, flatten and refrigerate at least 30 minutes. Preheat oven to 350°F. Grease mini tart pans (about minutes. Serve warm

DID YOU

315 entries in **Webster's Dictionary** were misspelled.

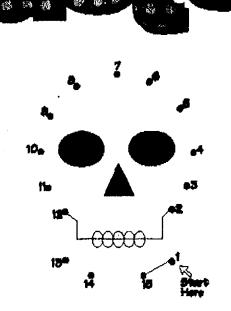


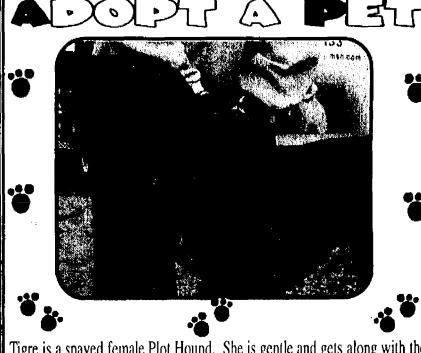
2-3 inches.) Roll out dough on lightly floured surface

to 1/8-inch thickness. Cut out 3-inch circles using

pans.Meanwhile, Peel and slice apples. Arrange

cinnamon. Drizzle over the apples and bake for 20





Tigre is a spayed female Plot Hound. She is gentle and gets along with the

For more information on any of our pets that are up for adoption, please visit our website at: <u>www.ascc.petfinder.com</u>

Help build a new shelter by purchasing a "Driving into the Future Raffle" ticket for a chance to win a brand new 2005 Dodge Durango! Tickets are \$100.00 each and only 2,000 will be sold. Anyone who would like a ticket should send a check or i money order for the amount of tickets requested to: Animal Shelter Crawford County, Raffle Tickets, P.O. Box 384, Grayling, MI 49738. Tickets are also on sale at the Avalanche, Riverland Gear, The Medicine Shoppe and the shelter

Two barrels have been placed near the gates of the shelter to receive donations of return-deposit cans and bottles. The new 2005 Pet and Dog Calendars are on sale at the Avalanche for a donation of \$5 each.

The Animal Shelter of Crawford County is located at: 508 1/2 Huron Street (M-72 East) in Gravling

Between the Road Commission and the Éagles Hall Hours: Mon. - Sat. 9 a.m. - 4 p.m.; Sun. and Holidays 8 a.m. - 11 a.m.

After hour appointments available. Call (989) 348-4117

You're about to go on a fantastic trip. Make sure to take your amera and extra

and give it a try another time. Get out the suitcases!

No matter how

persistent you are,

vou cannot seem to

get your questions

answered. Back off

WHICH TWO ARE EXACTLY ALIKE?



some of your extracurricular activities and spend some time at home. You'll be glad you did. April 19

Your family misses

This is not the week

to beat around the

could result in an

grand of a new of rafej garan iyog wegene.

argument.

bush. Say what's on

your mind and move

on. Too much chitchet

you. Cut back on



July 22

For the Week of October 28, 2004

A young friend fibs to you. Don't make a fuss until you discuss it with them. You may be surprised by what they have to say.

This week is all about

home improvement.

projects in the works

lackle them one at a

You have several

time and pay

details.

attention to the



Before you make any changes, find out if it is true. A friend needs a shoulder to cry on.

you into a panic.

October 22

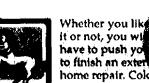


November 21

gotten so busy at office that everythic including your fitne routine, has suffered Put an end to that now.

Make exercise g

priority. You'vé



November 22-December 21









A change in plans sets you off. Relaxeverything will work out in your favor. A deadline on a cumbersome project is extended.

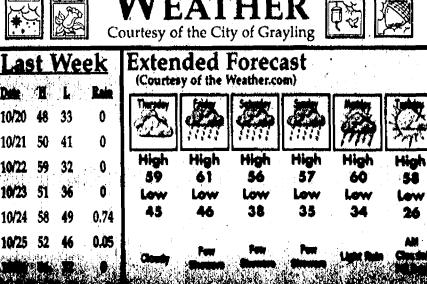


A chance encounter results in a successful business deal. You may receive a promotion for your quick thinking and smart sales tactics.



Your emotions are out of control. A little rest is in order. An old friend recovers from a setback. Take them out to lunch to celebrate.

it or not, you wi home repair. Cold weather is too near not to.







ADVERTISING SSIFIED

Classifieds must be paid for in advance

Display Advertising Rate - \$6.90 per column inch Deadline for Display Classifieds - 12 noon, Monday Classifieds by the word rate - \$5.00 for 15 words or less, 10¢ per each additional word; includes Internet listing:

www.townnews.com/avalanche/ Classified by the word deadline - 12 noon, Tuesday

Crawford County Avalanche

1. Real Estate

FOR SALE BY OWNER: 208' on the holy waters. Two acres, two bedrooms, one bath, kitchen, living, dining rooms. Call 989-390-0070. (-21-28-4-11/1)

1. Real Estate

NEW 1,800 SQ FT 3-4 bedroom, 2 full bath, 2 car garage, square 2 1/2 acres. Burton's Landing Road, near river. 348-4840. (-7-14-21-28/1)

1. Real Estate

1. Real Estate

Jeanne Lee

231-933-4700

1-800-794-3440

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Traverse City, MI

49686

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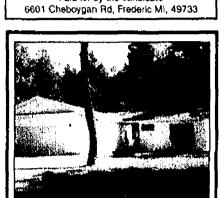
NEWLY BUILT HOME 3 bedroom, 1 bath, 2 car attached garage. 5 miles east of Grayling. \$85,000, 348-4840, (-7-14-21-28/1)

1. Real Estate

1. Real Estate

VOTE TO Retain William T. Johnson FOR A FULL TIME SUPERVISOR

FREDERIC TOWNSHIP.



Why rent when you can buy this house at \$697.00 month. 3 bed, 2 bath, newer home.

Call 348-1482

1. Real Estate

205 CRESTWOOD LEASE or sell. Three bedroom, master bedroom with 1/2 bath plus full bath. 989-348-4252 8:30 till 5, after 5 till 10 989-348-5256. (-28/1)

1. Real Estate

1. Real Estate

SALE BY OWNERS Prime, high traffic commercial property. 4.63 acres - M-72 West. 989-348-4981. (-14-21-28/1)

1. Real Estate

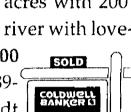
********** FREE CLASSES in Financial Management, Budgeting and Credit Repair starting in September. Sign up now to

reserve your space. Classes held in both Gaylord and Grayling. Call Alice TOLL FREE at 866-637-1834 or Lemae at 989-348-8446



THE RIVER RUNS THRU IT- 5 acres with 200' on the main branch of the AuSable river with lovely ranch home just \$154,000

MLS#234956 call Cindy Clark 989-732-4569, Coldwell Banker Schmidt Realtors Gaylord.



<u>^^^^^</u>

ENIULY RIVER COUNTRY

1. Real Estate

NICELY MAINTAINED energy efficient 3 bedroom 1 3/4 bath home on double lot. Two blocks from Lake Margrethe, includes public access and close to snowmobile trails. \$89,000. 989-344-0099. (-30-7-14-21-28/1)

ROSCOMMON 3 BEDROOM 2 bath 1400 square feet home. I'll pay \$5,000 of buyer's loan cost. \$65,000, 359.73 payment. 517-543-3057. (-14-21-28-4-11/1)



Paradise. This neat cabin is located on approximately 28 acres and is about as secluded as it gets. Adjoining state land on the north side and located less than one mile from the Blue Bear snowmobile connector trail. \$64,900 #5176





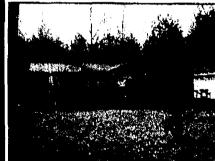


QUALITY • EXPERIENCE • INTEGRITY





ON THE EAST BRANCH OF THE AUSthe rivers edge with picturesque setting offering 2.5 acros. Calhedral ceiling in family room with 2 skylights. Brick fireplace. Detached garage with extra slab for addition and vinyl shed. Cement patlo with stone design into entrance of cottage. CS-1872 \$120,000



detached garage. In the village of Roscommon. Sits at end of a semi-private road. Property also includes a cabin that is currently being rented out. Great Investment Property Roscommon area. \$79,900.00 CS-1852



YOUNG COUPLES; RETIRED COUPLES! Here's the house to fit your needs and wallet. New carpet, new paint, some new windows. Built over roof in 1986, 3 Bedrooms, 1 bath mobile offers 833 Square feet. Open living room, kitchen and dining area. Cement driveway. Attached garage, large back yard has nice trees for shade and relaxation. Close to town. CS-1914 \$34,900



316 FEET OF FRONTAGE ON THE AUSABLE RIVER Cute 3 bedroom, 1 full bath offering 760 square feet of living space with open kitchen, dining, living room. Living room and one bedroom has knotly pine walls. Comes completely Campfire pit in back with nice walkway to tver. Chase to snowmobile trails and hunting. C9-2017 \$70,500



HARBOR BEACH WITH DEEDED CANAL FRONTAGE AND PRIVATE SHARED SANDY BEACH 80 of shared private beach on Lake Margreihe. 3-story Chalet offers 3BR, 1 3/4BA with 1800 square feet. This home is perfect for entertaining with 2 kitchens. Includes all the appliances, 2 stoves, 2 refrigerators, microwave, garbage disposal, washer & dryer. Extensive coder deck of living room on upper level offers breath taking views. Beamed ceilings with pickled white-wash. Ceramic tile in baths, lack top circle driveway. Mature Red Pines on property. Nawer root on house and garage. Property adjoins private bucktail park to the South. Private boat slip #7 with dock. Picnic area with volleyball & baskelball court. Private road is plowed. Annual Dues \$200. CS-1953 \$185,000



278' FRONTAGE ON UPPER AUSABLE RIVER Traits end - Parcel "B" (5 acres). Additional 5 acres at \$15,500. Old 27 North approximately 8 miles, go left on Traits End to sign on right. (Traits End is located between Batterson Road and May Lake Road. CH-1507 \$59,000



EST. Remodeled 3 B/R, 1 3/4 bath, open great room w/ vaulted ceiling. Stove, refrigerator, washer, dryer, and freezer, BEST-OF-ALL 30x40 insulated/heated garage. Road maintenance included in tax bill. Remodeled updated features include vinyl siding, roof, six windows, hickory kitchen cabinets, deck, paint,



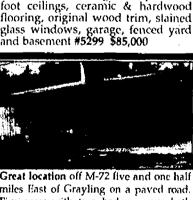
250' FRONTAGE ON AUSABLE RIVER WITH UNIQUE PRIVATE ISLAND Secluded riverfront setting with majestic red & white pines, private island, irrigated lawn. Beautiful perennial gardens display colorful wildflowers with sprinkling system. 1,587 s.f.offering family room, fieldstone fireplace, 30x42 attached garage, 10x20 carport and dog kennel. Immediate Occupancy, CH-1874



Freshly remodeled and redecorated country home 1,515 s.f., 3 B/R, sunken living room with gas fireplace. Dining room w/brick lireplace. 24x28 garage with 576 s.f. finished studio-guest house w/kitchenette and bath. Landscaped yard with flower/herb gardens



1-ACRE PRIVATE SETTING/EXQUISITE CAPE COD This 1,858 sq. ft., 4BR, 2BA freshly painted Cape Cod leatures a full finished, 1,150 sq. ft. bessment, 2-brick ber. This one-acre lot offers a naturally landscaped physics petting which includes a large deck, land-scaped lighting, sprinkler system, newer nool/garage doors, and a dog kennel. CH-1991 \$169,900



Enjoy this 5.25 acre peaceful peninsula set-

ting with 800' of Manistee River frontage

Home features four season room accented in

knotty pine, loft area, spectacular window

views, and a pole barn. Fish, canoe, or just

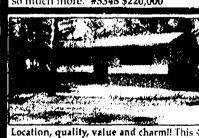
Located in the City of Grayling

this 1896 vintage home with 3 bed

rooms, formal dining room, parlor, 10

enjoy the view. \$325,000 #5365

miles East of Grayling on a paved road. Five acres with two bedroom one bath home. Fire place and wood burning stove in cozy warm home. Two car garage and two storage buildings. Perfect for the hunter or fisherman. #5272 \$67,000



BR, bi-level home in Roscommon's desirable Brookside acres is a must see. Home features unique hot tub room/family room combo, 2 car attached heated garage with entrance to lower level, 2 gas fireplaces, too much to list. #5231 \$165,900



"Great Business Opportunity" property features 132 feet of commercial Very clean well maintained 2 rontage on main highway Old 27. The 132 feet of commercial building is 1500 sq. ft. with an addi-tional 320 sq. ft. Office has many updates. \$129,000#5383 Adjacent frontage. Home has a small basement, 1 1/2 car garage, many updates \$68,500 #5382 nome also available for \$68,500 #5383



bedroom home on large lot featur-

Well maintained home w/3 bedrooms and full finished basement. Some features are: cathedral ceilings on mair floor, walk-in closets in bedrooms Jacuzzi tub in master bath, cherry cabinets in kitchen, a 30x40 pole barn...and so much more. #5348 \$220,000



cozy, 3 bedroom, 1.5 bath chalet on this voodsy double lot. Enjoy all the Warbler's Hideaway amenities and the close proximity of the trails running through the adjacent state land. #5347





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FAST GROWING FRAN-CHISE opportunity with a new concept. This turnkey operation has the start up cost paid. \$84,500 investment required. A confidential letter plus proof of qualifications to purchase must be presented before additional facts will be disclosed. Call Don Bowers - 989-348-7966, Century .21 River Country Real Estate. (-28/1)

MODULAR HOME: Friendship Point West 27x57, 10 years old, 3 bedrooms, 2 bath, vault ceilings, gas fireplace, appliances, great shape, \$19,200. Relocation buyer responsibility. Call: 989-708-0111. (-21-28-4-11-18/1)

NEW NEW NEW JJ's Auto Glass (a division of JJ's Motor Mall). Complete auto glass service. Deductibles waived up to \$150.00, stone chips fixed, windshield repair and replacement. Stop in for a free estimate. JJ's Auto Glass (across from Skip's) M-72 West. 348-7710. (-9/9/04TF/1)

HOUSE FOR SALE in Frederic. Two bedroom, 1 1/2 baths. \$49,000. 344-0897. (-21-28/1)

4800 SQUARE FOOT steel building just outside Grayling city limits. Loading dock, drive thru semi doors, paved drives and parking lot, and secured vents. 600 square foot office space on 5 acres. Ready for your business. For sale or lease. Call Rick Davis 989-348-5280 or 989-348-6570. (-8/19/04tf/1)

WOODED ACRES. Grayling Township. 989-348-7355. (-7-14-21-28/1)

THE CLASSIFIED - The perfect place to find the perfect home. (989) 348-6811

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Du Bais Est Rental Center. Tente, Tablee & Chaire Lawn & Concrete Toole Available (989) 348-9000 5615 W. M-72, Grayling, MI 49738

FOR RENT Grayling Housing Commission

Is taking applications for a (1) bedroom apartment. Base Rent is based on 30% of Adjusted Income Maximum Ceiling Rents

1 Bedroom.....\$400 **Rent Includes Utilities**

308 Lawndale Drive 989-348-9314



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TWO BEDROOM MOBILE for rent. \$400, 989-348-5278, References, some pet restrictions. Seniors welcome. (-2-9-16-23-30-7-14-21-28/2)

CABIN FOR RENT - furnished. Monthly. Call 989-348-8350. (-10/21/04tf/2)

CLEAN TWO BEDROOM mobile. Country setting with storage shed. Security deposit, references required. No pets. 348-8386. (-14-21-28/2)

EFFICIENCY APARTMENTS \$300 per month, \$250 deposit. All utilities and cable included. 348-5012. (-14-21-28-4/2)

COMMERCIAL OFFICE space available. Individual offices with DSL line, phones, and all utilities, 180 sq. ft. office plus common areas. Business Loop location with plenty of parking. \$395.00 per month with year lease. Contact Randy Thompson at 348-5474, (-14-21-28-4/2)

2 BEDROOM HOUSE 303 Date Street. \$400 per month plus utilities, deposit and references. Call 344-1900. (-10/19/04tf/2)

TWO BEDROOM DUPLEX apartment located on Marshell Street. \$450 per month plus deposit and utilities. Call Northwood Rentals 344-8787. (-21-28/2)

BEDROOM FOR RENT Enjoy peace and quiet in this AuSable River home surrounded by woods and wildlife. One mile from Grayling, \$325 month. All utilities are free including phone, electricity, cable TV and more. 989-348-2083. (-21-28/2)

1. Real Estate

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Northern

Locraisa

WHISPERING **PINES** SENIOR Apartment is now accepting applications for our 1 and 2 bedroom apartments. You need to be 62 and older or 18 or older and disabled. Barrier free waiting list available. Rents based on income. Call 989-344-0020 or stop by 595 Meadows Drive, Grayling, MI 49738. TDD 1-800-649-3777. Equal Housing Opportunity. (-21-28-4/2)

TWO BEDROOM HOUSE Range refrigerator included. One car attached garage, no pets. \$425 month plus \$425 security. Tenant pays utilities. 6186 M-72 West, one mile west of Grayling. (989)348-4716. (-10/28/04tf/2)

EFFICIENCY CABINS \$350 per month, \$350 security, \$50 cleaning fee. Utilities not included. \$325 per month, \$325 security, \$50 cleaning fee. Utilities included. 348-5124. (-28/2)

LAKE HOME FOR RENT Beautifully remodeled 3 bedroom home with view and access to Lake Margrethe. Large 2 car garage, plenty of room to store your toys, large lot and friendly neighbors. Kitchen appliances included. Close to snowmobile trails and Hanson Hills. \$800 per month plus security. No pets. Call 586-228-2874. (-28-4-11-18-25/2)

TWO BEDROOM APART-MENT located at 911 Elm in the city of Grayling. \$450 per month plus deposit and utilities. Call Northwood Rentals 989-344-8787. (-21-28/2)

Introducing The UPS Store.

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The UPS Store



FOR LEASE all or part prime commercial location at light on M-72 and 93. Call for details. (989)348-8659. (-10/14/04tf/2)

TWO BEDROOM ONE BATH ranch. Open floor plan, full basement, storage shed, large deck across from state land. \$450 plus security. 231-587-5880. (-28/2)

AUSABLE RIVER CABIN for rent. One bedroom, one bath. First, last and security deposit with six month lease. No pets. References required. \$375 a month. 352-361-4203. (-28/2)

WEEKLY AND MONTHLY house rentals near Roscommon, Grayling, Higgins Lake and Houghton Lake. Higgins North Cottage Rentals. (989) 821-3434 (12/25/03tf/2)

GRAYLING 2 bedroom apartment 1 1/2 baths, lots of amenities. \$625 a month plus security deposit. No pets. (989)344-9070. (-28-4/2)

GRAYLING PINES is now accepting applications for our 1 and 2 bedroom apartment. Barrier free waiting list available. Rents based on income. Call 989-344-0020 or stop by 595 Meadows Drive, Grayling, MI 49738. TDD 1-800-649-3777. Equal Housing Opportunity. (-21-28-4/2)

3. Employment

DAY CONSTRUCTION looking for one laborer and one carpenter. Call 989-429-6989. (-28-4/3)

3. Employment

Certified Nursing Assistants - We need kind, caring people to join our team at the Gravling Nursing and Rehabilitation Community. Current openings on night shift. Good wages, great working environment. Make a difference today!! Apply at 331 Meadows Dr., Grayling, MI.

NOTICE OF OPEN COACH-ING POSITION: POSITION: Grayling High School Junior Varsity Girls' Volleyball Coach. DESCRIPTION: Coaching the Junior Varsity Volleyball Team. Working with ninth and tenth grade girls to develop basic volleyball skills. Directly responsible to the head volleyball coach. QUALIFICATIONS: Volleyball background in playing or coaching organized volleyball. Preferably candidate would have experience coaching girls, have college credit in coaching or participated in the MHSAA sponsored PACE Program. SALARY: According to the terms of the Master Agreement. APPLY TO: Milli A. Haug, Superintendent, Crawford AuSable School District, 403 E. Michigan Avenue, Grayling, MI 49738. (989)344-3500, fax (989)348-6822. DEADLINE: November 2, 2004. All new Crawford AuSable School District coaches will be required to attend the MHSAA PACE Workshops. This applies to both staff and non-staff coach-

es. Crawford AuSable School

District, equal opportunity/affir-

1. Real Estate

mative action statement. (-28/3)

EXPERIENCED HOUSE-**KEEPERS** Part-time weekends. Apply in person. Econo Lodge at 1232 I-75 Business Loop. (-28/3)

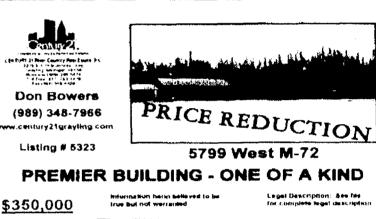
GRAYLING TOWNSHIP is seeking a full-time Receptionist/Entry Level Secretary. Applicants must posexcellent customer service/telephone skills, general office skills and have basic computer knowledge. Interested candidates should send a resume to Grayling Township, P.O. Box 521, Grayling, MI 49738. Resumes will be accepted through November 12, 2004, with interviews the following week. (-28-4/3)

AUDIT/FRONT NIGHT DESK part-time eve and weekends. Apply in person at Econo Lodge 1232 1-75 Business Loop. EOE. (-28/3)

100 WORKERS NEEDED Assemble crafts, wood items. Materials provided. To \$480+ week. Free information package 24 hour. 801-428-4641. (-28/3)

HELP WANTED - Riverland needs part-time help in dry cleaning. Experience not needed. Apply in person at 122 Michigan Ave., Grayling. (-28-4/3)

1. Real Estate



Ausable River frontage

his building as designed allow for certain flexibility for reconfiguration when needed in the future, since the area is free span and allows room for expansion. Zoned Commercial

1.78 Acres +/-Retail Space - 3,520 SF Storage/Office - 1,200 SF Total Interior - 4,720 SF Southern Exposure to the

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To apply, send resume to: Personnel Department 201 Meadows Drive, Suite A Grayling, Mi 49738 Phone: (800) 424-1457 Local: (989) 348-4383 Fax: (989) 348-0047

Apply today!

Mercy Amicare Homecare & Hospice is a Mission based home care agency and an affiliate of Mercy Hospital Grayling. We are a member of the 3rd largest Catholic healthcare system in the nation. We only hire outstanding people, so it is a great place to work.

HOSPICE REGISTERED NURSE FULL TIME POSITION AVAILABLE

Qualifications: Hospice experience preferred with well-developed assessment skills. We utilize an automated documentation system, experience with this a plus. Candidate must be a graduate from an accredited school and have a current Michigan RN license. Requires a minimum of 1 year of professional nursing experience. Ability to assess and act upon client needs without direct supervision. Excellent wages/mileage reimbursement. On-call responsibilities on a rotation.

Mercy Amicare Homecare & Hospice is committed to the Mission and Values as set forth by Trinity Health. Mercy Amicare is committed to achieving workforce diversity and is an equal opportunity employer.



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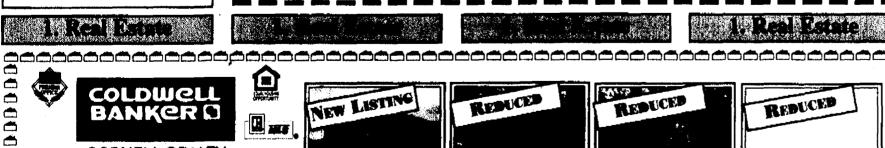
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CORNELL REALTY

Grayling 2003 § 1-75 Business Loop Kalkaska 800-798-7945 800-300-6653 231-258-7945 989-348-6481











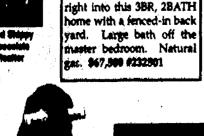














4 MR HOME CLOSE TO LAKE

MARGRETHE This large, 4 BR home with blacktop drive is in the perfect location, just minutes from Lake Margrethe. Enjoy your morn-

ings and evenings in the screened

gazebo. Need lots of room for stor-age?? This offers a 24'x40' garage, and much more. \$92,000 \$234561





CLOSE TO HIGGINS LAKE

Immaculate chalet two miles

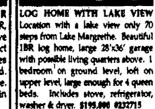
from Higgins Lake. 1100 square

feet, 2 bedrooms and huge 9'

14' loft for extra sleeping quar

ters. Just a short distance from

North Higgins Lake State Park \$79,000 #234351



bedrooms, 2 baths and a private

road maintained through prop-

erty taxes. Great location for

snowmobiling and just minutes from the AuSable River.

\$74,500 #234888

steps from Lake Margrethe. Beautiful 1BR log home, large 28'x36' garage upper level, large enough for 4 queer washer & dryer. \$195,000 0232715

COMPASSIONATE CARE Home Health is seeking an RN or LPN for the Roscommon, Houghton Lake and St. Helen areas. Please call Arlene or Debbie at 1-866-705-8444. (-28-4/3)

GREAT OPPORTUNITY! The Hall Veterinary Clinic in Gaylord has a position available for a parttime Licensed Veterinary Technician. We're looking for someone who is self-motivated and able to multi-task. Client service is a priority and computer literacy is a plus. Salary will be commensurate with experience. Please mail a resume to or drop one off at 314 North Center, Gaylord, MI 49735. We're 3 blocks north of 7-Eleven, between Sheldon & Petoskey Streets, ask for Laura. (-21-28/3)

SMALL LOCAL OFFICE looking for a full-time receptionist/bookkeeper. Responsibilities to include payroll processing, computer data entry, answering phones, scheduling appointments and other general office duties. Knowledge of Quickbooks, MS Word and MS Excel required. Please send resume to: Employment, P.O. Box 897, Grayling, MI 49738. (-28-4/3)

PART-TIME ICE CREAM merchandiser needed Grayling-Roscommon area. \$10 per hour. Please send resume to: J & S Dairy, 2440 Dairy Square, Traverse City, MI 49686. (-21-28/3)

WRECKER DRIVER/SHOP Helper needed part-time. Clean driving record with CDL and chauffeurs license. Apply in per- I CHARGE by the job. Yard son to Milltown Auto Painting, 6414 W. M-72. (-21-28/3)

NURSING ASSISTANT 2nd shift, full-time. Competitive wage and benefit package. Certification not required. Must be experienced. RN: 15-20 hours per week. In charge of resident assessments | and | medication delivery system. The Brook Retirement Community, 195 State Street, Roscommon, MI 48653. Send resume or fill out application between 10 am - 3 pm. Deadline: 11-9-04. (-28-4/3)

AVALANCHE **OFFICE HOURS:** Monday through Friday, 9 a.m. to 5 p.m. 102 Michigan Avenue, Grayling -(989) 348-6811

7. Miscellaneous

SUPERVISORY/ADMINIS-TRATIVE position Houghton Lake Office: Provide clinical and administrative leadership for emergency services program and adult community support services. Regular day and afterconsultation/work hours required. Collaborate within communities to deliver service to high-risk persons experiencing difficulty accessing or using service. Clinical and program development/management expertise with consumers with severe and persistent mental illness and/or serious emotional disturbance required. Minimum 5 years previous clinical experience and administrative supervision required. Travel throughout Crawford, Missaukee, Roscommon and Wexford counties as necessary. MA/MSW required. Must have current Michigan registration as a CSW or equivalent. Send resume to: Northern Lakes Community Health Human Mental Resources, 105 Hall Street, Suite A Traverse City, MI 49684. EOE.

MEDICAL BILLER Full-time position with experience in coding, charge entry, claims submission and follow up. Medic/Misys experience desired. Excellent organizational and interpersonal skills required. Competitive wage and benefits. Fax cover letter and resume to 989-348-0059 Attn: Director or mail to Great Lakes Medical Mgmt., 201 Meadows Drive, Grayling, MI 49738. (-

(-28/3)

4. Services Offered

work, raking, roof cleaning, 348-5081. (-28/4)

THE DANCE DOCTOR DJ Service. Music for all occasions. Call 348-6565. (-14-21-28-4/4)

LET IT SNOW! AuSable Lawn & Home care. Commercial and residential snow plowing, free quotes: Call Charlie 989-348-5725. We do the sidewalk too! (-28-4-11-18/4)

DAYCARE offered. Kiddie Town on North Down now taking applications for all shifts. 989-344-2470. (-21-28-4-11/4)

FALL CLEAN UP Truck + tool + me. Also snowplowing. Grayling area. 30+ years experience. Call 989-348-7046. (-28-4-11-18/4)

7. Miscellaneous

Ecological Wisdom: Water for life, not profit! No more lce Mountains extracted from Great Lakes waters! Social Justice: Don't sacrifice real liberty to the false security of the "PATRIOT Act". And keep discrimination out of our constitution; vote "NO" on Proposal 2!

Grassroots Democracy: Vote Nov. 21; make sure all Americans can. Be sure our votes will count – and be counted. And let our votes say more, using Instant Runoff Voting . . . IRV is as easy as 1-2-3! **Non-Violence:** Support the troops . . . bring them home now!

paid for by: Green Party of Michigan 548 S. Main/Ann Arbor, MI 48104 734-663-3555 www.migreens.org info@migreens.org

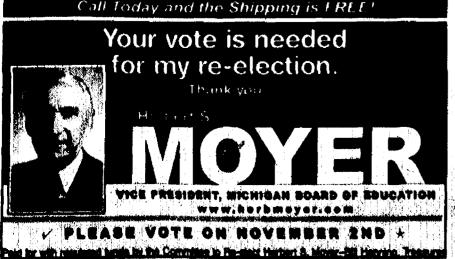
Merck Pharmaceutical has recalled the popular pain and arthritis medlcation Vioxx (refecoxib) off the market after studies revealed that it may increase the risk of blood clots, stroke and heart attack and death. According to acting FDA commissioner Dr. Lester M. Crawford, "Overall, patients taking the drug chronically face twice the risk of heart attack compared to patients receiving a placebo." If you or a loved one have suffered a stroke, heart attack or died after taking Vioxx, call Silverman & Fodera or visit www.civilrights.com.

Silverman & Fodera has attorneys licensed in PA and NJ and associate with experienced lawyers throughout the U.S. Call Toll Free 1-866-833-3371 Or Visit Us Online At www.civilrights.com

Prescriptions Save up to 80% Why pay full price for your prescriptions? You can save up to 80% with ShopCanadaRX Winnipeg, Canada

1-866-650-7467 www.ShopCanadaRX.com

Call Today and the Shipping is FREE!



FALL CLEAN UP Call Edward 989-329-0071. (-21-28/4)

ROOFING, ROOFING and more roofing. Plus all kinds of carpenter work. Years of experience. Try and find a lower bid. All work guaranteed. Call today 989-348-5428. Cell 989-390-3774. (-05/06/04tf/4)

ATTENTION NORTHERN-ERS Limited offer, any room in home painted for \$70. 25 years experience. No one does it better. 989-348-6169. (-28-4-11-18-25/4)

D HAWES/DRIVERS TRAIN-ING Northern Driving School is offering Segment I and II classes. Grayling - November, January, March and May; Roscommon -October, December, February, and April; Mio - October and February. Call now: (989)344-2470 or (989)732-8332. (-7-14-21-28/4)

DRIVER'S TRAINING and road testing for cars and motorcycles is offered by the Grayling Driver's Training School. Register now for the November 16 or January 10 class. Contact Howard Lehti 348-8838. Lowest rates in Northern Michigan - 32 years experience. (LR11/11/04/4)

SNOWPLOWING: residential and commercial. Pay per plow or pay for the season and receive a discount (paid in advance). Call Dale at 989-348-5848 or 989-710-1082 for your quote. (-28-4/4)

WE'RE READY! Liberty Landscape and Mower, Fall clean shovel snow, etc... Jim 614-7239, 11/4)

NEW NEW NEW JJ's Auto Glass (a division of JJ's Motor Mall). Complete auto glass service. Deductibles waived up to \$150.00, stone chips fixed, wind shield repair and replacement. Stop in for a free estimate. JJ's Auto Glass (across from Skip's) M-72 West. 348-7710. (-9/9/04TF/4)

OLD MAN WINTER is coming. Is your car ready for him? Let JJ's Motor Mall protect your vehicle with a complete detail (wash, wax, steam clean carpets and seats, windows, trunk and tires). Appointment necessary. M-72 West. 348-7710. (-9/9/04tf/4)

KATZ CLEANING SERVICE for all your residential or business cleaning needs. Steam cleaning of carpets and upholstery. Quality work at an affordable price with references, senior discounts. Call (989) 275-4236, (989) 390-0004 or (989) 275-5476. (12/25/03tf/4)

SEWING, ZIPPERS, MEND-ING, quilter (classes offered). Ask for Lorrie (989)348-7299. (-

7. Miscellaneous

Crossword **Answers** TIPLA CLE WIRLLIT ELY "A I'M

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16-23-30-7-14-21-28-4/4)

SNOWPLOWING now accepting yearly customers. Book early for best prices. 348-2078. (-21-28-4/4)

INSIDE BOAT STORAGE space available. Old Point Comfort Marine, Higgins Lake. 989-821-5692. (-21-28/4)

CHILD'S PLAY DAY CARE is looking for full-time children who love fun activities, healthy food, and lots of love. Owned by Pat McLaughlin. Please call 348-4249. (-28-4-11-18-25/4)

RTH HOME IMPROVE-MENT all your interior and exterior needs. Garages, additions, drywall, painting, roofing, siding, decks, and more. Licensed and insured, free estimates. Rob Harrington 989-344-1383. (-9/16/04tf/4)

SCOTT'S SNOW REMOVAL Service. Snowplowing, roof snow and ice removal. Free estimates. Call 348-5817, 989-390-1526. (-28/4)

QUALITY CONSTRUCTION roofing, siding, decks. Senior discounts. We'll beat any price. Quality work, affordable prices, plenty of references. Licensed and insured. Call 348-5817. (-LR10/28/04/4)

TOM'S POLE BUILDINGS Free quotes on all size buildings. Featuring Ultra 2000 siding & roofing. 4050 Industrial Dr., Harrison, Michigan 1 (800) 541-3974 tomspolebuildings.com (2/7/02 tf/4)

CREATE YOUR OWN CHRISTMAS cards workshop ups, gutters, roofs - blow leaves, at Laura's Scrapbook Nook, downtown Grayling (344-9473). Derick 614-1213. (-21-28-4- First Monday of each month. First session Monday, November 1st, 6 - 8 pm. Stamps, materials, tools and guidance provided by a local stamping enthusiast. Three different card styles presented at each workshop. All experience levels welcome. All materials included. \$12 each class, \$2 off if you preregister at Laura's. (-28/4) 5. For Sale

> 1988 MAXUM BOAT 17 foot 85 HP outboard, runs, seats 6, needs "cosmetic" work. \$2,000 O.B.O. 344-8177. (-28/5)

> 8 MONTH OLD YELLOW LAB puppy. Male with papers. \$300. 821-5319. (-10/21/04tf/5)

> 1993 KARAVAN SNOWMO-BILE trailer, 4 place, drive on, drive off. \$875. 989-348-5725. (-28-4/5)

4. Services Offered

COMPLETE SEPTIC TANK **INSTALLATION & CLEANING** Jack Millikin, Inc. 348-8411 www.jackmillikininc.com

Odd-Job Enterprises Let us do your small home repairs FREE ESTIMATES - CALL LTC. Norm Schmoock (Ret.) 348-5132

No odd jobs too small for Odd Job CLETCH UNIOLSTERY

Over 20 years experience Choose fabric in your home FREE estimates • Pick-up & delivery

Shirley Bolton (231) 258-2610

GRAYLING REDSKINS Boat, Car, & RV Storage at Crawford County Fairgrounds \$10 per running foot

donation contact: Larry Duvall

Home (989) 348-2167 Cell (989) 614-0002

RE-ELECT Marianne Yared McGuire State Board of Education Committed to public education, high standards, academic accountability and financial equity for all atudents.

MAYTAG HEAVY DUTY washer, excellent condition, \$250. Small backyard swimming pool with pump/filter, \$35. Stowmaster tow bar for 2004 Saturn Vue. Complete, \$300. Call 344-0808. (-28/5)

FLEXSTEEL SOFA Recliners at both ends, one year old, blue with gold flecks. Call 989-348-7154 after 10 am. (-28/5)

CRAFTSMEN TABLE SAW and jointer on stand, \$90. Combination jigsaw, lathe, table saw, \$60. 348-8814. (-28tygd/5)

6 1/2 FOOT MEYER power angle snow plow in new condition, \$600. 1986 Jeep Comanche pickup for parts with cap, runs, \$500. 989-821-6326. (-28-4/5)

UNDERCARRIAGE Western Unimount snow plow: includes wiring harness. Fits 1988 to 1999 Chevy trucks. \$150. Call 989-348-5848. (-28/5)

PICKUP FIBERGLASS CAP (pewter) for \$10/\$15 pickups. \$400 (989)348-7354. (-28-4-11-18/5)

410 SHOTGUN single shot, beautiful gun, brand new condition, purchased 5 years ago at Skip's Sport Shop of Grayling. Only been fired approx 20 - 30 times. English Arms Gun Co. Paid \$115 plus tax, first \$100 takes it. Bring a gun case. Call 8 am to midnight ask for Mark. 989-348-8465. (-28/5)

SNOWMOBILE RECREATIONAL vehicle auction. Saturday November 6 at 9 am. Hundreds of snowmobiles plus 3 & 4 wheelers, watercraft, motorcycles, trailers and more. You can buy or sell. All auction information and previous auction's price reports at www.snowmobileauction.com or call 517-369-1153. Sorry, no checks White accepted. Snowmobile Auction, Bronson, Michigan 49028. (*28/5)

FOR SALE 89 Ford Ranger, \$475. Snowblower elec. start, \$525. Gas stove, \$75. Wall furnace, \$200. Space heater oil, \$200. 989-344-2270. 10/21/04tf/5)

8. Annoissessions

VOTE TO Retain William T. Johnson

FOR A FULL TIME SUPERVISOR. FREDERIC TOWNSHIP.

"Paid for by the candidate" 6601 Cheboygan Rd, Frederic MI, 49733

THIS DIAMOND RING doesn't shine for me anymore. 27 carats total, platinum band. Appraised value of \$625, asking \$500 OR BEST OFFER. Call Sara at 348-9569, leave message. (-10/7/04tf/5)

RUSTIC LOG FURNITURE local maker has quality pieces available. Built to order. Lower overhead means lower prices to you. Call 348-6677. If no answer, please leave message. (-16-23-30/5)

QUEEN SIZE PILLOW TOP mattress and box springs new in plastic with Amish made pine log headboard. Cost \$995 will sacrifice for \$285. Call (989) 429-0062. (7/3/03tf/5)

QUEEN SIZE MATTRESS set with Amish made pine log headboard and free frame still in plastic, never used. Cost \$800, will sacrifice for \$235. Call (989) 429-0062. (7/3/03tf/5)

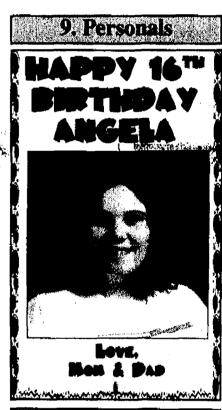
AMISH BUILT pine log bed. Queen size, beautiful must see. Will sell for \$265. Queen size mattress set, new in plastic with free frame will sacrifice \$150. (989)429-0062. Call (7/3/03tf/5)

win. excellent condition with var. scope. \$400 O.B.O. Call 348-5257 ask for Tim. (-28/5)

WINCHESTER MOD 100 308

WEIDER TOTAL WORK OUT gym. Like totally new. \$200, 348-5172, (-28/5)

FOR SALE - Sears Kenmore large capacity washing machine, like new. \$250. Call Eric at 348-3308. (-10/21/04tf/5)



8. Announcements

REQUEST FOR PROPOSALS

CRAWFORD AND ROSCOMMON COUNTIES

The Crawford-Roscommon Child Protection Council (CRCPC) is announcing the availability of grants for community-based primary and secondary prevention programs and services. CRCPC will be funding programs that promote strong, nurturing families and prevention of child abuse and neglect before it occurs.

These grants will be awarded in January of 2005. Funding is available to any local, state, public or private agency, or non-profit organization that meet the requirements of Section 501c3 of the IRS code. Types of funding include new programs or services, enhanced or expanded services, or services coordination.

The CRCPC will review applications at its December, 2004 meeting. Applications should be submitted to CRCPC, P.O. Box 2, Roscommon, MI 48653, no later than Monday, November 15,

To obtain an application please contact Sherry Rosin, Director CRCPC at 989-275-5101.

MARKET CARE es and account of the second s

Introducing Rick Grisham

One of the few professionals still making house calls.

> Rick Grisham is one of 9,000+ Edward Jones investment representatives serving individual investors in 50 states. Today, we have more branch offices than any other brokerage firm in the country, and we serve more than 6 million individual investors nationwide. Rick



to put his expertise and the extensive resources of Edward Jones to work for you. He'll meet with you at home or at any other convenient location that suits your needs.

Call Rick Grichem today. 989-484-6400

www.edwardjones.com

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WANTED: HUNTING & FISHING patches, licenses, buttons, metal kill tags, etc. DNR deer, bear, turkey, fish and living resource. Also Tip-Up Town badges or what have you. Paying great prices. Call 616-957-0526. (-28/6)

THE CAR LOT is always open in the Avalanche classifieds. (989) 348-6811

SKYLINE RESTAURANT'S new fall hours. Friday 4:30 - 9. Saturday noon - 9. Sunday noon -9. Saturday special steak & shrimp \$16.95. Closed Monday through Thursday. 275-5445. (-21-28/7)

CUSTOM SIGNS AND LET-TERING for your business, truck, trailer, boat, etc. Call Pete Kocefas 989-348-8627. (05/13/04TF/7)

NEW BRAKE SPECIAL AT SCHEER MOTORS

FOR GM CARS AND TRUCKS *Most Models Includes:

•Front or Rear Brakes •Quality GM DuraStop®

Brake Pads & Shoes •Limited Lifetime Warranty

€Only \$109.00

SCHEER 401016

Rotor and/or Drum machine work extra.

O HOLY ST. JUDE Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ. Faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depth of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present, urgent petition. In return, I promise to make your name known and cause you to be invoked. Say three Our Fathers, three Hail Mary's, and Gloria's. Publication must be promised. St. Jude pray for us and all who invoke your aid. Amen. This Novena has never been known to fail. This Novena must be said for 9 consecutive days. (-21-

4 X 8 LIGHTED SIGNS for sale or lease, tables and chairs for lease, trash barrels for sale. Fick & Sons, Grayling. (989) 348-7647 or 1-800-292-9295 (4/24/03(f/7)

28/7)

FRED BEAR CAMPFIRE STO-RIES all new audio CD. Call Pete Kocefas 989-348-8627 www.FredBearCampfireStories.co m. (-6/24/04tf/7)

PUPPIES - Free to a good home. Two female Beagle/Blue Heeler mix. 3 1/2 months old. 344-9037. (-28/7)

8. Announcements

VOTE SHAWN KRAYCS Grayling Township Trustee. Paid for by candidate, 3085 Rasmus Drive, Grayling. (-21-28/8)

ALL YOU CAN EAT luncheon; Thursday, November 4. 11 - 1 pm. Michelson Memorial United Methodist Church. Cost is \$5. Take outs available. (-28/8)

CLUB KENO & PULL TABS at the Gray Rock Cafe! The Gray Rock Cafe has given away over \$145,000 to its patrons. Plus one loyal patron was a \$4,000 winner! Join the fun at 2123 Industrial Drive, Grayling. (-05/06/04tf/8)

COMING NOVEMBER 12 & 13 Holiday Bazaar and bake sale. Mt. Hope Lutheran Church, Grayling, (SGF-28-4/8)

OLD MAN WINTER is coming. Is your car ready for him? Let JJ's Motor Mall protect your vehicle with a complete detail (wash, wax, steam clean carpets and seats, windows, trunk and tires). Appointment necessary. M-72 West. 348-7710. (-9/9/04tf/8)

RED HATTERS coming to Frederic. If you are 50 years and older. Organizational meeting October 28, 7:30 pm, Frederic Township Hall. (-21-28/8)

SKYLINE RESTAURANT'S new fall hours. Friday 4:30 - 9. Saturday noon - 9. Sunday noon -9. Saturday special steak & shrimp \$16.95. Closed Monday through Thursday, 275-5445. (-21-28/8)

CAN'T FIT THE CAR IN THE GARAGE? Sell those extra goodies quick with an ad in Avalanche For Sale Classifieds. (989) 348-6811

HALLOWEEN PARTY at Spikes Keg O' Nails. Saturday, October 30. 9 pm - 1:30 am. Join us for food and drink specials, a costume contest and karaoke, 301 N. James St., Grayling. (-28/8)

10 Cares Sale

SUNDAY 10-31-04. 11 -Goodales storage units, Industrial Park, E17. Furniture, women's plus size clothing. (-28tygd/10)

GARAGE SALE Friday, October 29, 9 am. Furniture, safe, rinse and vac carpet cleaner. Thermos brand propane grill, some collectibles, pictures, file cabinet, much more, 4014 N. Old 27, 3 miles passed high school. (-28/10)

11. Automotive

1995 FORD F150 4x4. Eddie Bauer, extended cab, short bed, good condition. \$5,400. 344-8177. (-28/11)

96 GRAND AM GT Coupe, V6, 113,000 highway miles, sunroof, CD player, good condition, great first car. \$2,500 OBO. Call 344-0805. (-28/11)

2003 ODYSSEY EX-L 30,000 miles, nice, black, loaded. \$22,500. 989-348-5236. (-21-

1988 CHEVY 1/2 TON P.U. short box, 350 V8, 4 wheel drive, runs good, \$2,400 O.B.O. 989-275-5730. (-28-4-11/11)

1991 CHRYSLER NEW YORKER 5th Avenue, 78,000 miles. \$2,400 or best offer. 989-732-5535. (-21-28/11)

NEW NEW NEW JJ's Auto Glass (a division of JJ's Motor Mall). Complete auto glass service. Deductibles waived up to \$150.00, stone chips fixed, windshield repair and replacement. Stop in for a free estimate. JJ's Auto Glass (across from Skip's) M-72 West. 348-7710, (-9/9/04TF/11)

OLD MAN WINTER is coming. Is your car ready for him? Let JJ's Motor Mall protect your vehicle with a complete detail (wash, wax, steam clean carpets and seats, windows, trunk and tires). Appointment necessary. M-72 West. 348-7710. (-9/9/04(f/11)

94 CHEROKEE SPORT Great running, good shape. \$3,000 O.B.O. 344-1021. (-14-21-28/11)

1994 BUICK ROADMASTER 145K miles. Good condition. \$2,700. 989-348-2495. 9/16/04(f/11)

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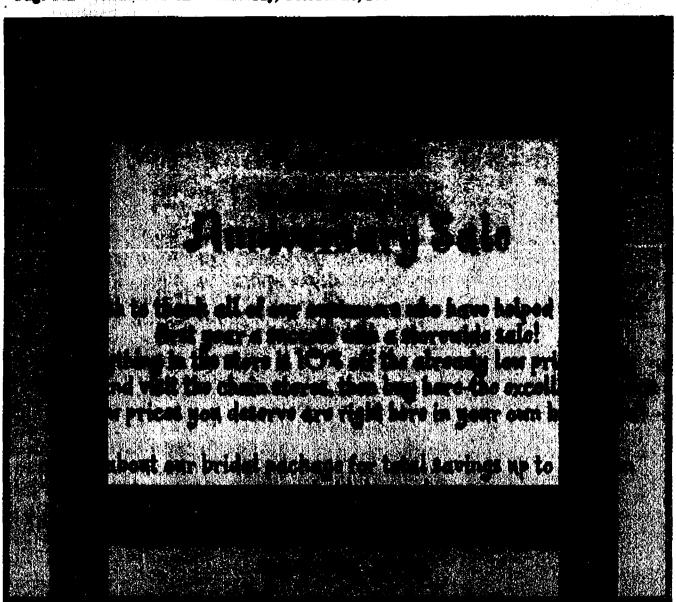
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Also Open By Appointment



The GHS Marching Band plays at halftime of last Friday's football game.

GRAYLING HIGH SCHOOL BAND

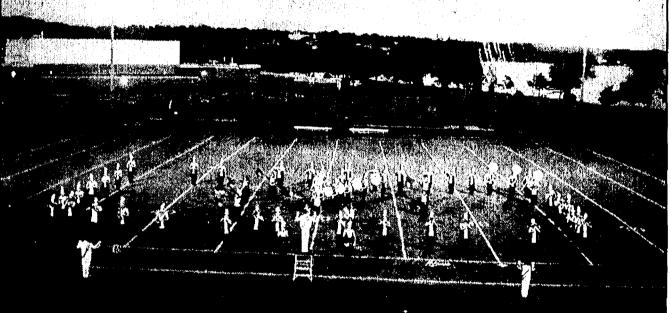
The Grayling Viking Marching Band has been busy at performances away from school recently. The band participated in its first Cadillac Marching Invitational with 18 other bands from central and northern lower Michigan on Monday, October 4.

"They received many helpful comments from the four guest clinicians at this activity," said Matthew L. Bishop, Instrumental Music Educator for the Crawford AuSable School District.

The band also participated in week in Cadilla the Michigan School Band and on the improvem Orchestra Association District 2 and about the Marching Band Festival at music and drill."

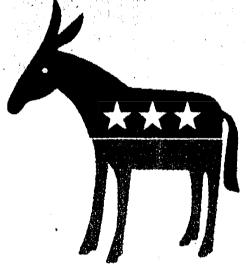
Thirlby Field (Traverse City). from Cheboygan, "Bands Petoskey, Harbor Springs, Charlevoix, Elk Rapids, Boyne City, Indian River, Kalkaska, Traverse City Central, Traverse City West, Traverse City St. Francis, and Kingsley were among the other bands that we were able to watch and learn from their performances," Bishop said. "The two clincians that evaluated our show at this event also saw the band the prior week in Cadillac and remarked on the improvements to our show and about the difficulty of the The band will perform at the home of Michael and Tracey Hoag as part of the "Win A Performance of the Marching Band Raffle" sponsored by the band boosters. MaryAnn Thomason won the opportunity to have the band perform wherever she wants to send it. Last year, the band was donated to the Grayling Nursing Centre.

The band will perform in the Grayling Halloween Parade on Friday, October 29, 2004. The annual parade starts at 1 p.m. at Grayling Elementary School and proceeds down Michigan Avenue to downtown.



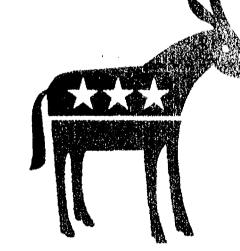
The Grayling Viking Marching Band performs at a recent event in Cadillac.

CRAWFORD COUNTY DEMOCRATIC PARTY



VOIE

NOVEMBER 2, 2004



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Alton Davis - 46th Circuit Court

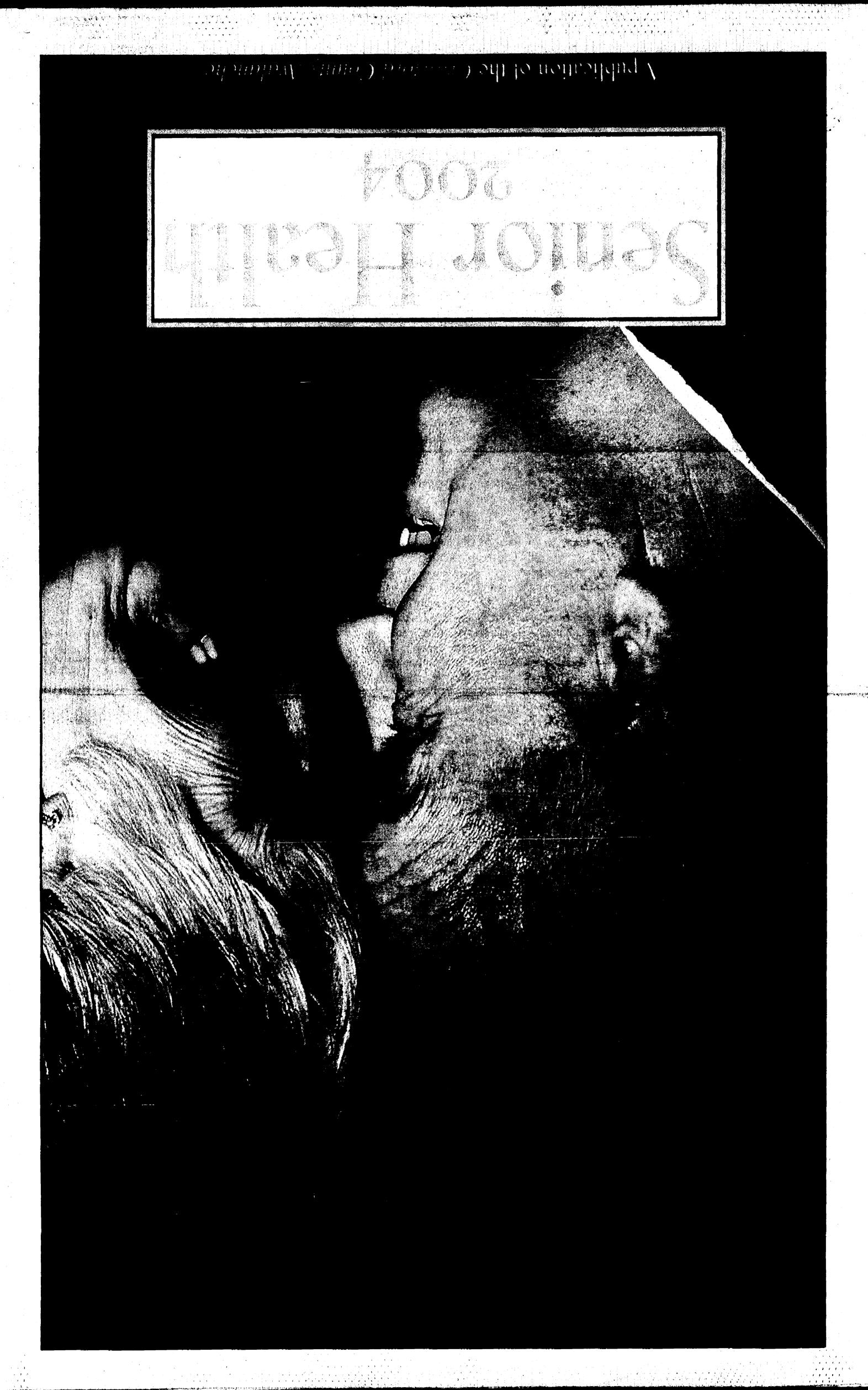
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- Mar. 31, 2005 6:45 p.m.
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- May 12, 2005 6:45 p.m. "Erie Canal"

Command Performance Dinner Series

- Jan. 27, 2005 6:00 p.m. "The Merling Trio" at Holiday Inn
- March 17, 2005 6:00 p.m. "Shepard's Folly ~ A St. Patricks Day Celebration" (Celtic cuisine)
- April 21, 2005 6:00 p.m. "The Macombers" at Holiday Inn

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at Holiday Inn

Special Performance

- Dec. 2, 2004 Christmas Show "Because It's Christmas" 6:30 p.m. GHS Stripe Auditorium
- Feb. 17, 2005
 - "Jeremy Kittel & Co."
- 7:00 p.m. GHS Stripe Auditorium • Feb. 24, 2005 "The Best of Both Worlds" Andy Hunter Quartet (More TBA) 7:00 p.m. GHS Stripe Auditorium

For Event Information and Tickets contact: **Grayling Promotional Assoc.**

Community Cultural Events Series P.O. Box 71, Grayling, MI 49738 or call (989) 348-7146 Tickets are also available at Flowers By Josie and Grayling Regional Chamber of Commerce

Tickets are now available

Carolyn Ward Distance, Don't Let a Fall Bring You Down

Learn How You Can Help Prevent Falls

(ARA) - Anyone can fall at any time, and certainly no one intends on falling, but the risk is higher for older people. According to the American snow or rain. Academy of Family Physicians, people aged 75 or older who are living in their homes.

Keep Up with Your Body

As a person ages, many things physically change in our bodies, like vision, hearing, muscle strength and our reflexes. Often, medical conditions like diabetes or a heart condition can affect a person's balance and lead to falls. Even medications can sometimes have side effects that cause dizziness or light-headedness. The good news is that you can help steer clear of falling by taking some preventive steps.

Exercise to Keep Fit

The National Center for Injury Prevention and Control considers exercise to be one of the most important ways to reduce your risk of falling. Exercise keeps you stronger and feeling fit. Many exercises can be helpful in improving your balance and coordination. Talk with your doctor or health care worker about the type of exercises that are best for you.

In Plain Sight

Poor vision can increase your chances of falling. Have your doctor check your eyesight. Several things, like wearing the wrong glasses, cataracts and glaucoma can impair your vision.

The Medicine That Goes Down

Have your doctor or pharmacist check the medications you are taking, including non-prescription medications. Some medications, or combination of medications, can make you dizzy or light-headed which can lead to falls.

Getting Around

If you find yourself losing

your balance or sometimes feeling dizzy, use a cane or a walker to assist you. This is especially important in bad weather like

Shoes that support your feet falls occur in about a third of and that are low-heeled with rubber soles are best for helping you to keep your footing. If you can, try not to wear slippers or just socks, especially on slick flooring.

Safe and Sound at Home

You may feel safe in your own home, but even the most common household items and areas can be hazardous. Read through the following lists and make the necessary changes:

In common areas:

- Keep your stairs, hallways and walkways clutter-free.
- Use good lighting throughout the rooms of your house.
- Keep cords and wires well out of the way.
- Remove throw rugs to prevent tripping on them.
- Use chairs and sofas that are easy for you to get into and up
- Be careful around pets that can get caught up around your
- Don't rush to answer the telephone, especially if it is not near you.
- Consider carrying a portable telephone that you can keep near

In the bathroom:

- Never grab a towel rack or soap tray for support in the shower. Instead, install grab bars next to your toilet and in the shower.
- Use non-slip bathmats in the bathtub and shower.
- Use a shower chair and a hand-held shower attachment.

On the stairs:

- Make sure handrails are securely fastened on both sides of your stairs.
- Always keep at least one 2225 or at www.nia.nih.gov. hand on the railing.

- Make sure you can see each step before you take it.
- Avoid carrying things up or down the stairs that block the view of your next step.

How to Get Up From a Fall

It is wise to take precautionary measures, like those listed above, to help prevent yourself from falling, but you should also know what to do in the event a fall cannot be avoided.

It is easy to say, but sometimes hard to do, but try not to panic after a fall. The American Academy of Orthopaedic Surgeons (AAOS) recommends that instead, take several deep breaths and try to determine if you are hurt. If you feel you have suffered an injury, do not attempt to get up. Call 911 or get help from a family member.

If, after a fall, you feel like you are not injured and are strong enough to get up, try to follow the suggestions of the AAOS:

- If possible, try to fall on your side or buttocks. Roll over naturally, turning your head in the direction of the roll.
- If you can, crawl to a strong and stable piece of furniture, like a chair, that you can use as a support to help pull yourself up. Put both hands on the seat.
- Slowly begin to raise yourself up. Bend whichever knee is stronger and keep your other knee on the floor.
- Finally, slowly twist and sit yourself in the chair.

Anyone can take a fall, but knowing what you can do to help prevent a fall can help keep you on your toes. For more information contact the National Center for Injury Prevention and Control at (770) 488-1506 or OHCINFO@cdc.gov, or the National Institute on Aging, U.S. Department of Health and Human Services at (800) 222-

(Courtesy of ARA Content)

Crawford County Commission on Aging Senior Citizen Center involved

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Building Confidence in Your Retirement Future

By Cynthia Egan For News USA

(NUI) – In the next 10 years, the first wave of America's 76 million baby boomers will be retiring. Since today's retirees are generally healthier and more active than their parents, they are looking forward to living longer and spending more time playing with grandchildren, pursuing hobbies or even trying new careers.

Investors enter retirement with more confidence if they have a thoughtful retirement strategy. Planning ahead helps those nearing retirement prepare for when company paychecks stop coming and the goal of accumulating assets gives way to generating income from those assets for retirement expenses.

While planning for and managing income in retirement may not sound like fun, it is the most effective way to be confident in your future. Consider the following.

• Calculate how long retirement will last. Since retirement doesn't have a preset time limit, this first step can be particularly challenging. Many of our customers are surprised to learn that they are likely to live in retirement just as long as they worked. A 65-year-old couple

retiring today, for example, should plan to have enough money to last at least 20 or 30 more years, according to a 2003 Fidelity study. When determining how long your money will need to last, realistically estimate the expenses that are likely in your own retirement and consider that you may live longer than you think - possibly into your 90s.

- Preserve and grow assets. Fear of a down market can cause some retirees to be too cautious, so they sell virtually all of their stock holdings. While they should protect their assets, retirees should recognize that they may also benefit from growth that can come from investing in the markets. In fact, long-term success may lie in a portfolio that includes an appropriate mix of stocks, bonds and cash. The key is to find an asset mix that is age-appropriate and generates enough income to help offset withdrawal requirements and the effects of inflation over time.
- Simplify to stay on track. Pre-retirees expect to manage income, including Social Security, multiple 401(k)s, annuities and personal savings, according to a 2004 Fidelity study. These assets are often

held in multiple accounts at different financial institutions, making it difficult to develop and maintain a comprehensive investing strategy. For example, mutual funds from different firms may hold similar investments, potentially increasing risk to your portfolio through greater exposure to volatile markets or sectors.

To prevent this from happening, anyone five to seven years from retirement may want to consider consolidating various 401(k)s and other retirement accounts in one place, or finding a tool that easily provides a look at your entire financial picture in a single view.

Creating a thoughtful retirement strategy involves sharp focus and detailed calculations, and can force couples approaching retirement to face difficult considerations for the first time.

Luckily, there are many resources available to help investors prepare their retirement strategy. Planning for the future is the key, however, and helps build financial confidence an average of nine sources of so that you can enjoy the retirement you have worked so hard to achieve.

> Cynthia Egan is executive president, *Fidelity* vice Investments.



FOOT NOTES

by Ronald K. Olm, D.P.M.

FUNGAL NAIL TREATMENT

The drug terbinafine is an effective option for treating and preventing recurrences of fungal nails. Sometimes these nails become so thick that walking is painful when wearing shoes. Diabetics are more susceptible to complications from fungal nail infections, including bacternail infections, including bacterial infections and ulcers. Taking one 250-mg tablet of terbinafine orally each day has been shown to reduce painful symptoms, improve the appearance of nails, and improve quality of life for patients. The medication works by attacking the fungus from the inside, as opposed to treating it externally with creams and lotions. Terbinafine also promotes the growth of health new nails.

If fungal nails or any other foot problem does manage to get past your regular regime of

good foot care, don't try to treat it yourself. Home diagnosis and tréatment are often résponsible for even more damage and prolonged discomfort.

Instead, visit GRAND TRAVERSE FOOT & ANKLE CENTER, P.C. for quick, efficient, appropriate treatment. Here at 1209 E. 8th Street, Traverse City, we offer foot care for all members of your family, for treatment of a full range of conditions, diseases, injuries, and deformities affecting the foot and ankle. Please call 922-9100 & 800-968-7440 for an appointment. Offices in Traverse City, also Kalkaska Memorial Health Center Monday & Wednesday.

P.S. Common side effects of terbinafine include stomach upset, headache, and rash.



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Seniors: Don't Overlook Your Changing Sleep Needs

(NUI) - Many seniors are becoming all too familiar with the "tired" part of "retired." While many anticipated a new and more relaxing chapter in their lives in retirement, some are finding that a good night's cern about the sleep patterns of rest is more and more difficult to obtain.

The culprit might be more than noisy grandkids. Experts say it might be the quality of their mattresses.

"Retirees are usually very cost-conscious," said Arthur Grehan, executive director of the American Innerspring Manufacturers, a nonprofit trade group that provides free information on restful sleep and sleep surfaces. "That leads many of

them to try and squeeze a few more years out of a 10-, 15-, or even 20-year-old mattress. It's a recipe for sleepless nights ... and a not-so-restful retirement."

Grehan is not alone in his conretirees. Dr. Neal Aguillard, director of the Methodist University Hospital Sleep Disorder Center in Memphis, Tenn., says that a good night's sleep is vitally important to seniors.

"They need more time in bed, and they need more sleep overall than younger people," he said.

A lack of adequate sleep, Aguillard said, can trigger a downward spiral in activity lev-

"An older person who is not getting enough sleep, they're going to have less stamina, they're going to have less energy, they're going to do less," he said.

In an effort to turn the tide, AIM offers a number of tips for seniors, including the following:

• Out with the old. There's nothing nostalgic about an old mattress. A new mattress should be purchased every 8 to 10 years.

- Don't break up a good pair. When it's time to get rid of an old mattress, the same is true for the boxspring. Always replace them both.
- Avoid the fads. Besides healthy firmness, innerspring mattresses have something trendy new sleep surfaces don't: the benefit of years of research and testing. Sturdy, well-made mattresses have been through years more rigorous testing than novelty sleep surfaces like waterbeds, foam mattresses, and airbeds.
- Buy size. You'll be shocked at the difference a little room can make. The industry typically recommends a double bed for one person and a queen or larger for two.

To learn more, or to request a free copy of "Rate Your Home for Retirement," a quiz that walks seniors through each room of their home and allows them to score it on ease-of-use and restfulness, call AIM at 1-800-TUCK-ME-IN or log on to www.aiminfo.org.

Immediate Stroke Diagnosis Critical for Recovery

(NUI) - Every minute, someone in the United States has a stroke. Of the 700,000 victims each year, one-third die, and another third suffer permanent paralysis, loss of speech or memory lapses.

The best way to minimize the effects of a stroke is to know the warning signs so the stroke victim can get immediate treatment. Warning signs include sudden weakness or numbness, specifically on one side of the body; dizziness or loss of coordination; sudden headache or nausea; confusion or difficulty speaking; and vision loss.

Are you at risk for a stroke? Making healthy lifestyle changes, like lowering blood pressure and not smoking, can help reduce your risk of stroke. Other risk factors include:

- Age. Chances of having a stroke more than doubles each decade after age 55.
- Gender. More women die of strokes than men.
- Race and heredity. Chances of stroke are greater with a family history of stroke. African-Americans and Hispanics are at higher risk for stroke than Caucasians.

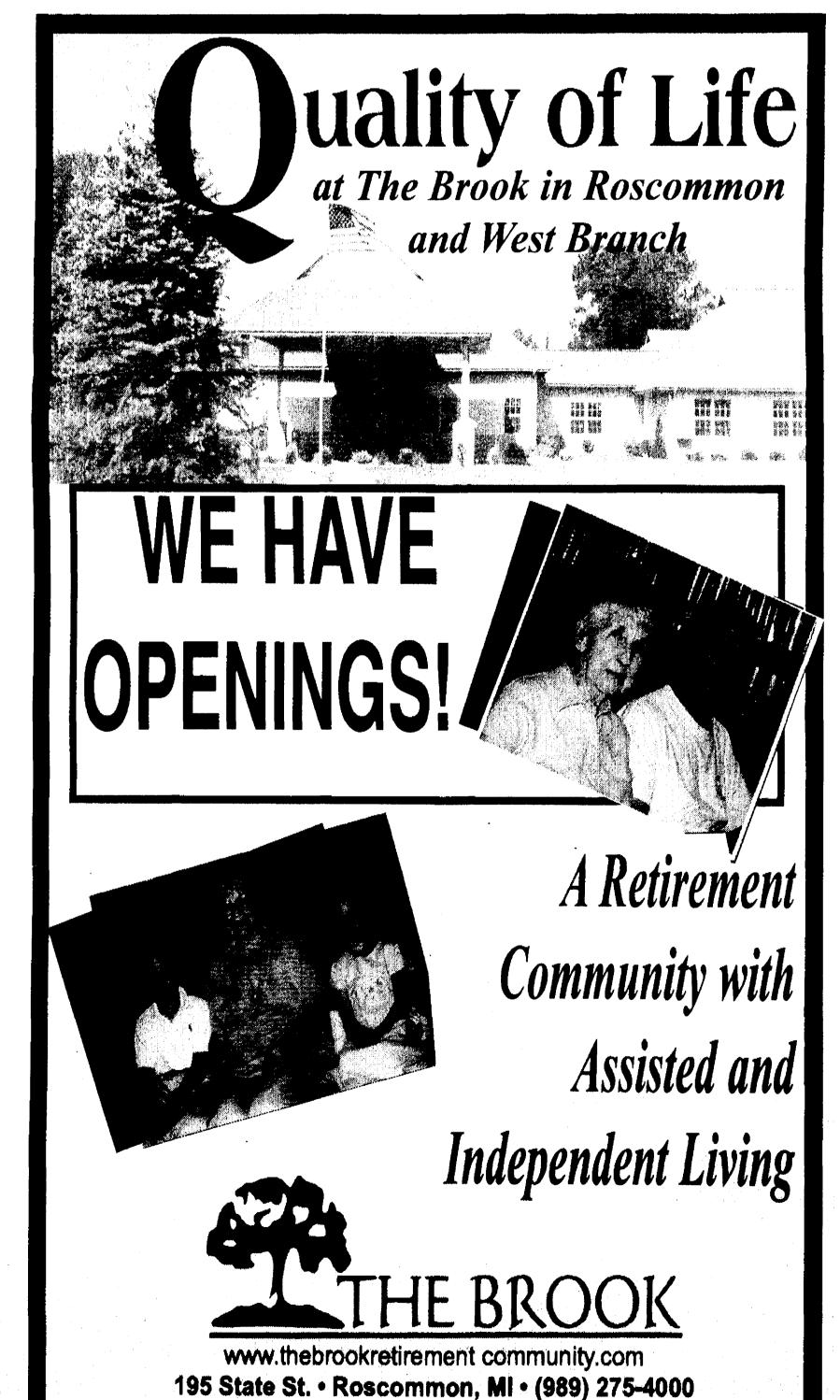
red blood cells are less able to carry oxygen to the body's tissues and organs. They also can stick to the walls of the blood vessels, which can block arteries to the brain, causing a stroke.

Upon experiencing stroke symptoms, individuals should immediately seek medical attention. Patients attended to within hours of a stroke have a much higher chance of effectively being diagnosed and treated.

Hospitals and trauma centers are equipped with sophisticated medical imaging equipment, like Toshiba's Aquilion line of computed tomography scanners and the new Vantage magnetic resonance imaging system, which can help to quickly and accurately diagnose a stroke and assist in the proper treatment plan.

With this new equipment, physicians are able to locate and view the blockage in the arteries and then determine whether the treatment should be invasive or noninvasive. Typically, the location of the blockage dictates the course of treatment.

For more information about medical equipment used to diagnose a stroke, log on to • Sickle cell anemia. Sickled www.medical.toshiba.com.



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Keep on Drivin': Simple Tips Keep Mature Drivers Safe on the Road

(ARA) – Age alone does not determine a person's ability to drive safely; however certain physical changes that are a natural part of the aging process do affect one's capacity to anticipate and react to dangerous driving situations. More than 19 million people over the age of 70 are driving in the United States. According to The National Older Drivers Research and Training Center, this age group is the fastest growing segment of the country's population. Because of this, more attention is being focused on helping these drivers recognize their changing abilities and adapt their driving practices to stay safe on the road.

Statistics from helpguide.org show that mature adult drivers are more likely to be involved in multiple-vehicle accidents than younger drivers, including teenagers. They are also more likely to get traffic citations for failing to yield, turning improperly and running red lights and stop signs - an indication of decreased driving ability.

As people age, loss of visual acuity, diminished hearing and slower reaction times can all affect driving skills. In addition, likely to be taking medication on a regular basis, many of which can affect driving ability.

Even if vision is normal, their eyes lose some contrast sensitivity (the ability to detect sharp borders and slight changes in lighting), which is critical to driving. Loss of contrast sensitivity can make it difficult – at night and on very bright days – to see road dividers and hazards in unlit areas. Likewise, hearing loss makes drivers less able to recognize important cues honking horns, screeching tires

and emergency sirens.

Despite these potential problems, mature adults value the independence and mobility that their cars provide. Many compensate by making changes in their driving habits. They may limit their driving to daytime hours, avoid driving in inclement weather or bypass expressways.

In addition, new technological designs of vehicle parts have made driving safer for all age groups. For instance, Wagner TruView headlamps provide a truer, whiter light that delivers exceptional forward visibility without creating the glare commonly associated with highintensity discharge (HID) headlamps. "More than 5,000 motorists have filed complaints with the National Highway Transportation Safety Administration about HID headlamps, but the glare is especially difficult for older drivers, who are more likely to have sensitivity to vision-related issues," said Crystal Longest, brand manger of Wagner Lighting at Federal-Mogul Corporation. "TruView headlamps provide improved visibility for drivers without mature adult drivers are more subjecting others on the road to offensive glare."

> Technological advances that improve driver safety coupled with extra precautions will ensure a more pleasant driving experience for people of all ages. Here are some safety tips:

- Allow plenty of time to get to your destination, and know where you're going - map your route out ahead of time.
- Take a refresher driving course; for example AARP's "55-Alive" class teaches people 50 and over about defensive dri-

• Find the best fit. Determine the supplement plan that best fits your needs based on your health and financial situation. Study all Medigap plans before deciding which one is best for

• Figure out when to enroll. The best time to buy Medicare supplement insurance is during your open-enrollment period, which starts the first month you are at least age 65 and enrolled in Medicare Part B. It ends six months later.

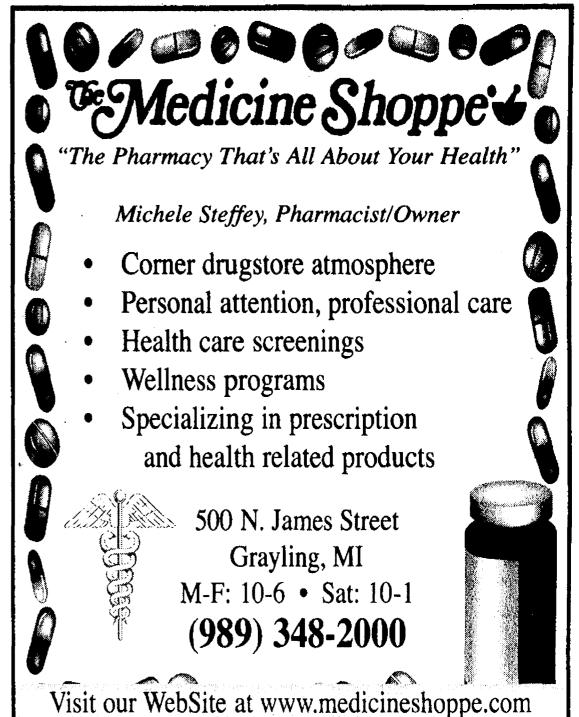
• Find the right insurance company. Consider the price as well as the level of customer service provided before and after the sale. Check the reputation of the company and its financial stability before you buy.

• Be alert and give yourself plenty of room to react; a threesecond safety cushion between you and the car in front of you is a good guideline to follow.

- If you are uneasy in heavy traffic, avoid driving during peak hours.
- Get regular check-ups for hearing and vision; ask your doctor about your medications' effects on your driving ability.
- Avoid potential distractions while driving (radio, cell phones, conversations with passengers, eating, etc.).

Wagner TruView headlamps are available at leading automotive parts stores and repair shops across the United States and Canada. For more information, visit www.federal-mogul.com.

(Courtesy of ARA Content)



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Medicare Supplement Fills the Gaps

(NUI) - There are many decisions to make when planning for retirement. Here is one important question to ask yourself as you prepare to leave the work force:

"Will Medicare be enough to cover my medical needs?"

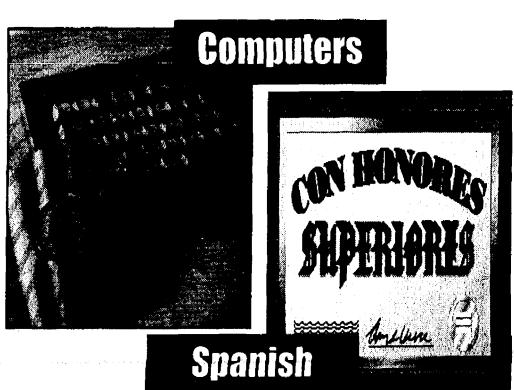
Designed to go hand-in-hand with your regular Medicare coverage, Medicare supplement insurance helps cover what your Medicare insurance does not. This private insurance, often called "Medigap," helps fill the gap between health care costs and Medicare coverage.

Here are some tips from Mutual of Omaha on purchasing Medicare supplement coverage:

• Understand Medicare. Find out what your Medicare insurance does and does not cover.

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Checklist for Home Safety

Simple Steps to Make Your Home Safer

(ARA) – As much as we might not like to admit it, as we age, we face physical challenges we didn't have to worry about in our Weakened muscle youth. strength, balance and coordination problems and failing eyesight are just some of the issues that will plague us as we get older. A recent study conducted by AARP found that 83 percent of Americans, age 45 and older, wish to stay in their current homes for as long as possible. If this is the case for you, use the following checklist to see if your home is meeting your needs and gather ideas for what to do if it isn't.

Entranceway

• Can you enter your residence safely?

That is the first question that should be asked. Handrails should be present on one or both sides of the entranceway if there are stairs. If you live on the second floor or higher, you may want to make adjustments, such as door widening, ramps or even relocating to the first floor to ensure that you have full and easy access to your home.

Living Areas

- Is there an uncluttered pathway where you can walk?
- Can you easily turn the lights on and off?

Take a walk through each room to see if there is furniture blocking or interfering with doorways. Ensure all electrical cords are secured against the walls and no rugs or doorways create uneven floors.

Many types of light switches on the market can make turning lights on and off for those with reduced hand strength or arthritis. Rocker switches are far easier to use than flip switches and push lamps that turn on with one simple touch can make rooms brighter to prevent accidents in the future.

Bathroom

- Can you safely get into and out of the tub and/or shower?
- Is there a bath mat or non-skid strips in the tub?
- Can you easily sit down on and get up from the toilet?

This room presents the most concern for many aging adults. More than 400 people a day go to hospital emergency rooms because of falls in the bathtub alone. To prevent falling, make sure your tub/shower surface and flooring in the bath are non-skid. If you have difficulty stepping into and out of the tub, invest in a tub grip or transfer bench to make tub use safer. All tub and shower areas should have at least one grab bar for support and use a shower chair if you become fatigued after standing up for too

The average toilet seat is 14 inches off the ground, which can be too low for individuals with arthritis, knee or back problems. Raising the height of the toilet to 17 or 18 inches can make a big difference. This can be accomplished with special toilets or the use of an elevated toilet seat that attaches to standard toilets.

Many people worry that making adjustments in the bath with safety items makes the room look clinical. Fortunately, you don't have to install institutional-looking items in your home. Take a look at the line of bath safety

Their line of ADA-compliant products for the bath combine safe, solid construction with an appealing, stylish design and include a Dual Tub Grip, a Transfer Bench, a Shower Chair, a Locking Elevated Toilet Seat and decorative grab bars that resemble towel bars for décorfriendly safety.

Kitchen

- Can you retrieve items from all cabinets?
- Do all your appliances work easily?
- Can you turn the faucet on and off with ease and adjust to the proper temperature?

In the kitchen, upper kitchen cabinets should be no more than 48 inches from the floor and shelves should be no more than ten inches deep for easy accessibility. Lazy Susans and pull-out shelves are excellent ways to reach items in deeper cabinets. D-shaped handles are far more convenient than knobs. Side-by-side refrigerator doors and side-swinging oven doors facilitate easier use. A range with space below is important if you know you will need to sit down while you cook.

Also, make sure your faucet is ADA-compliant with lever handles so turning the water on and off is never a struggle. A single-handle faucet will allow for easy, one-handed use.

If you can check off each item on this list, then your home is ready to accommodate you throughout your senior years. If not, look now into home modifications to ensure a safe and healthy home.

(Courtesy of ARA Content)



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Alzheimer's Disease: **Know Early, Know** the Signs

(NUI) - Alzheimer's disease affects more than 4.5 million Americans. A lot of attention has been focused on Alzheimer's due to the recent loss of former President Ronald Reagan. This is a devastating disease that not only affects the victims, but the families and caregivers as well.

Alzheimer's causes a slow loss of brain cells resulting in the loss of many cognitive abilities. Recognizing the symptoms is often difficult and easily missed because of the resemblance to natural signs of aging. People with Alzheimer's exhibit a number of different symptoms.

Symptoms of Alzheimer's progress over time. In the early stages, family members and friends may notice minor personality changes. If you suspect someone you know has the disease, here are some signs to look for:

- Loss of short-term memory. Forgetting newly learned information is one of the most common early indications of Alzheimer's. People Alzheimer's often misplace everyday objects such as keys. In early stages, they may have slight changes in attention span and minor language difficulties.
- Trouble with common tasks. For people with Alzheimer's, routine tasks - such as cooking, shopping or paying bills become increasingly difficult and frustrating.
- · Confusion with times and dates. Some people with Alzheimer's disease forget where they are, even in their own home. They may also forget details of events or appointments. As the disease progresses, patients have trouble recognizing family members or friends.
- Disorientation. Alzheimer's patients may get lost or confused in familiar places and may wan-

der off.

In the final stages of Alzheimer's disease, patients lose cognition and personality along with the ability to care for themselves and become more vulnerable to other illnesses.

While there is no cure for Alzheimer's disease yet, scientists are working on new ways to detect and diagnose the disease before these symptoms surface. One significant area of research in Alzheimer's and other neurodegenerative diseases is proteomics.

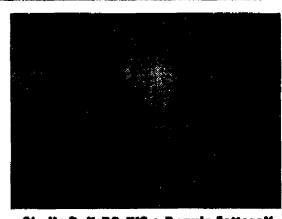
Proteomics is the study and analysis of proteins, the fundamental building blocks of the human body. By studying proteins, scientists can understand more fully the functioning of a healthy body and identify the proteins associated with specific diseases.

Power3 Medical (OTC BB: PWRM), a leader in proteomics research, has developed a promising Neurodegenerative Screening Test, which involves monitoring the concentration of a panel of proteins in the blood. According to the company, they are able to identify unique biomarkers whose profiles appear to distinguish patients with Lou Gehrig's (ALS), Alzheimer's and Parkinson's diseases from each other as well as from the normal individuals and patients with other neurological disorders.

Power3 Medical believes this test will give doctors the ability to diagnose these diseases before irreversible brain damage occurs - potentially providing the opportunity to delay their progression and the clues to design new drugs to treat the disease earlier. For more information about proteomics and the development of Power3 Medical's Neurodegenerative Screening Test, visit www.power3medical.com.



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Are You at Risk for Heart Failure? Know the Warning Signs

(ARA) – More than a half million Americans will be diagnosed with heart failure this year, and the number of people suffering from the ailment is expected to double during the next few decades. So the chances are good either you, or someone you know will one day fall victim to the disease.

If allowed to progress without treatment, heart failure has a great impact on quality of life and can shorten life expectancy. In the United States, it is the single most frequent cause of hospitalization for people over age 65, and more people die from heart failure than from all forms of cancer combined.

Although the word heart failure has an ominous ring, it does not mean that the heart has stopped or is about to stop suddenly. Heart failure means that the heart is not pumping blood as well as it should through its chambers to the rest of the body.

Heart failure is a common condition that can be caused by a heart attack, long-term high blood pressure, a heart valve abnormality, a viral infection of the heart or a genetic condition that runs in families. Sometimes the exact cause of heart failure is not known.

In its advanced stages, heart failure limits a person's ability to do even simple everyday tasks; but new treatments can be very effective in slowing and stopping the progression of the disease and in some cases can even reverse the process. The key is early diagnosis and treatment. People with risk factors such as high blood pressure, blockages in their coronary arteries, damaged heart valves, family history or diabetes should ask their doctor about their risk of developing heart failure.

No matter the initial cause, the effect tends to be the same. The weakened heart must work harder to keep up with the demands of the body and this is why people with heart failure often complain of feeling tired and why they develop symptoms of congestion.

Other symptoms of heart failure include:

- Shortness of breath, which can happen even during mild activity
- Swelling in the feet and legs from fluid retention (results in weight gain)
- Cough with frothy sputum
- Difficulty breathing when lying down which may waken you from sleep at night

Although heart failure can be a serious and progressive disease, individuals with heart failure can live active and fulfilling lives with intervention and treatment. Once diagnosed, it's important to work with a doctor to develop

a treatment plan and to follow it. Proper medications in the right doses, careful monitoring and self-care are the basis of effectively managing heart failure.

Better understanding of the disease has led to development of new treatments and management strategies – from medication to surgery.

In addition to taking medicines exactly as directed, persons with heart failure should:

- Weigh themselves every day.
- Follow a low-sodium (salt) diet
- Get regular physical activity
- Quit smoking
- Avoid alcohol or drink sparingly
- Control body weight
- Monitor symptoms and learn when to consult a doctor or nurse

Friends and family members can help by learning about heart failure and the patient's treatment plan.

Because education plays such an important role in helping patients manage their care successfully, the Heart Failure Society of America has taken the lead in developing a series of modules on heart failure. Patients and others can learn more about following low-sodium diets, exercise, managing their emotional stress and how to evaluate claims about new treatments and cures.

All educational materials developed by the Heart Failure Society of America (HFSA) for patients, families, and individuals at risk can be found on the HFSA Web site: www.abouthf.org. Copies can be downloaded, or a complimentary hard copy can be ordered.

The Heart Failure Society of America is a nonprofit organization of health care professionals and researchers who are dedicated to enhancing quality and duration of life for patients with heart failure and preventing the condition in those at risk.

(Courtesy of ARA Content)



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